

TARA RAY

Somerset, Kentucky | 606.383.1023 | taramichelleray@gmail.com

Education

Bourbon County High School (1997-2000)

Paris, Kentucky

High School Diploma

Transylvania University (2000-2004)

Lexington, Kentucky

Bachelor of Arts, Psychology

Christian Counseling Education Foundation (2018-2020)

Glenside, Pennsylvania

Certificate, Foundations of Christian Counseling

University of the Cumberlands (2018-present)

Williamsburg, Kentucky

Masters of Arts, Clinical Mental Health Counseling

Experience

LifeSprings Christ-Centered Psychological Services, LLC

Somerset, Kentucky

Clinical Mental Health Counseling Intern

- Conduct intakes, assessments, and diagnoses
- Outline treatment plans
- Provide counseling for groups, married couples, families, and individuals age 10-adult
- Maintain client records

Ministerial Counselor (August 2020-August 2021)

Somerset, Kentucky

Counselor

- Provided non-professional counseling services to individuals in a church setting

The Modern Fund (2018-2021)

Somerset, Kentucky

Administrative Assistant

- Handled incoming requests for funding
- Distributed funds and provide support to recipients
- Organized fundraising activities

Southside Church of Christ (2010-present)

Somerset, Kentucky

Secretary

- Design and update weekly bulletin and member communications
- Design publicity materials for church events
- Assist pastors/minister with maintaining web site and social media profiles

Skills

Counseling Skills

- Christian worldview and individualized approach
- Integrate scriptural and traditional theoretical approaches (i.e., existentialism, wounded healer, Rogers' essential characteristics)
- Empathic and supportive

General Skills

- Detail-oriented
- Organized
- Able to multitask