Tobi Snow

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EDUCATION

Bachelor of Arts, Luther College, Decorah, IA

May 2024

Majors: Psychology, Exercise Science

Cumulative GPA: 3.4

WORK EXPERIENCE

Strength & Conditioning Coach Intern

March 2022 - May 2022

Luther College Athletic Performance, Luther College, Decorah, IA

- Developed communication skills while demoing particular exercises and leading athletes through warm-up routines
- Coached student athletes on proper and safe weightlifting techniques
- Motivated athletes to put out their best effort on simple and challenging exercises alike
- Acquired workout programming skills through weekly program design assignments

Student Food Service Worker

September 2020 - May 2022

Oneota Market, Luther College, Decorah, IA

- Developed a level of flexibility, communication, and decision-making skills while working on a fast-paced grill line
- Demonstrated time management and organizational skills, creating made-to-order products
- Collaborated with coworkers to complete work tasks using problem-solving and communication skills
- Assisted the manager with closing duties and took responsibility for their tasks when they are absent
- Worked as a cashier, greeted customers, took orders, and helped answer any questions

Lawn Care Crew Member

May 2021 - July 2021

Birch, Little Canada, Minnesota

- Worked 10-12 hrs per day on a lawn mowing crew, tasks included lawn mowing, weed whipping, and backpack blowing
- Collaborated with the foreman and a small team to efficiently and effectively provide service

Caterer

October 2018 - December 2019

Pairfection Catering, River Falls, Wisconsin

- Monitored chafing and serving dishes of food to make sure they were fully stocked
- Interacted with most customers and dealt with their complaints or needs
- Cleared customers' glasses, plates, and silverware
- Performed closing duties, including dishwashing, restocking items, resetting tables, vacuuming, sweeping, and mopping

Busser and Host

July 2018 - February 2020

Junior's Restaurant & Tap House, River Falls, Wisconsin

- Seated customers and assisted servers, bartenders, and hosts with delivering food and drinks
- Helped resolve disgruntled customers' complaints
- Answered telephones, took orders and booked detailed reservations

HONORS & ACTIVITIES

Luther College Dean's List - 2021 Fall Semester, 2022 Spring Semester Psychology Club Board (2022-23) Luther College Men's Soccer (2020-21) Badger Boys State (2019)