

CURRICULUM VITAE

Thomas Scott Castor
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EDUCATION

Doctor of Philosophy (Ph.D.) – Health Education The University of Toledo, Toledo Ohio Cognate: Public Health	2020
Master of Arts (M.A.) – Recreation and Leisure Studies The University of Toledo, Toledo Ohio Cognate: Administration	2014
Bachelor of Science (B.S.) – Recreational Therapy The University of Toledo, Toledo Ohio	2013

PROFESSIONAL EXPERIENCE

Program Director, Radford University Carilion Bachelor of Science Health Sciences Bachelor of Science Public Health	2021 – Current
Radford University Carilion, Assistant Professor	2019 - Current
Doctoral Graduate Teaching Assistant, The University of Toledo	2015 - 2019
Toledo United Way HUB Graduate Assistant, The University of Toledo	2015 - 2018
Program Director – The Josh Project	2016
Master’s Graduate Teaching Assistant, The University of Toledo	2013 - 2014

PUBLICATIONS

1. **Castor, T. S.**, Glassman, T. J., Dake, J. A., Natal, G., Blavos, A. A., & Lange, J. (Accepted). Campus Officials’ Perceptions of Alcohol Policies for College Sporting Events. *Journal of Student Affairs Research and Practice*.
2. **Castor, T. S.**, Glassman, T. J., Dake, J. A., Natal, G., Blavos, A. A., & Lange, J. (2022). Event Specific Alcohol Consumption and College Football: A Critical Review, 2000-2020. *American Journal of Health Studies*, 36(4). <https://doi.org/10.47779/ajhs.2021.702>

3. Tran, J., Paprzycki, P., Copa, C., **Castor, T.**, Kruse-Diehr, A., & Glassman, T. (2021). Social norms vs. fear appeals: Mixing alcohol with prescription drugs — A message testing study. *Health Promotion Practice*.
4. Glassman, T.J., **Castor, T.S.** (2020). How to Develop Policy. In Anderson, D.S., & Hall, T. (Eds.), *Leading campus drug & alcohol abuse prevention: Grounded approaches for student impact*. (pp. 96-106). NASPA.
5. **Castor, T.**, Glassman T., Dake, J., Natal G., Blavos, A. & Lange J., (2020). University presidents' perceptions of alcohol policies for college sporting events [Doctoral Dissertation]. The University of Toledo, Ohio. Available from ProQuest Dissertations & Theses A&I.
6. Kruger, J.S., Blavos, A., **Castor, T.**, Wotring, A.J., Wagner-Greene, V., Glassman, T., & Kruger, D.J. (2019). Manipulation checking the munchies: Validation of self-reported dietary preferences among cannabis users. *Human Ethology*, *34*, 10-16.
7. Wotring, A., Paprzycki, P., Wagner-Greene, V., Wygonik, Q. R., Blavos, A., Kruger, J., **Castor, T.**, Diehr, A.J. & Glassman, T. (2019). Primary vs. secondary prevention messages: College students' perceptions of effectiveness by marijuana user status. *Journal of American College Health*.
8. Kruger, D.J., Kruger, J.S., A., Wagner-Green, V.R., Wotring, A. J., **Castor, T.**, Blavos, A., & Glassman, T.J. (2019) Health related behaviors, health outcomes, and health access issues among cannabis users in the Midwestern USA. *Journal of Alcohol and Drug Education*, *63*(1), 8-25.
9. Glassman, T., **Castor, T.**, Karmakar, M., Blavos, A., Dagenhard, P., Domigan, J., Hutzelman, E., Deihl, A., & Kucharewski, R. (2018). Assessing a community intervention to prevent drowning among inner-city youth: The josh project. *Health Promotion Practice*.
10. Glassman, T., Paprzycki, P., **Castor, T.**, Wotring, A., Wagner-Greene, V., Ritzman, M.E., Diehr, A. & Kruger, J. (2017). Drunkorexia: Assessing the impact of central and peripheral messages using the Elaboration Likelihood Model. *Substance Use and Misuse*.
11. Wagner-Greene, V. R., Wotring, A. J., **Castor, T.**, Kruger, J.S., Mortemore, S., & Dake, J. A. Pokemon Go: Healthy or harmful? (2017). *American Journal of Public Health*, *107*(1), 35.
12. Glassman, T., Karmakar, M., **Castor, T.**, Blavos, A., Kruger, J., Diehr, A., Wagner-Greene, V. R., & Wotring, A. (2016). Assessing the impact of gain and loss messages on drunkorexia. *American Journal of Health Studies*, *31*(3), 143-150.
13. Dagenhard, P., **Castor, T.**, Brookins-Fisher, J., & Thompson, A. (2016). Health education doctoral degree programs: A review of admission and graduation requirements. *The Health Educator*, *48*(2), 16-22.

14. Sloan Kruger, J., **Castor, T.**, Kruger, D. (2016). Caffeine and calorie consumption at a college campus coffee café. *Human Ethology*, 74-83.

WORKING MANUSCRIPTS

1. **Castor, T.S.** (In Preparation). A Community's Need For Qualified Experiential Learning Students: An Update Project.

PRESENTATIONS

National Presentations

1. **Castor, T.S.**, Glassman, T.J. (2022). University Presidents' Perception of Alcohol Policies for College Sporting Events. [National Conference]. The Higher Education Center for Alcohol and Drug Misuse, Prevention, and Recovery. Columbus, OH.
2. **Castor, T.S.**, Glassman, T.J. (2022). University Presidents' Perception of Alcohol Policies for College Sporting Events. [International Webinar]. The Higher Education Center for Alcohol and Drug Misuse, Prevention, and Recovery. University Presidents Perceptions of Alcohol Policies for College Sporting Events HECAOD 3-30-22.pptx - Google Slides
3. Tran, J., Copa, C., **Castor, T.**, Paprzycki, P., Diehr, A., & Glassman, T. (2019). Mixing alcohol with prescription drugs for recreational use: A study testing social norms vs. fear appeals messaging among college students. [Poster presentation]. The American Public Health Association Annual Meeting and Expo. Pennsylvania Convention Center, Philadelphia, PA.
4. Wotring, A., Wagner-Greene, V., **Castor, T.**, Kruger, J., & Dake, J. (2019). Assessing the potential for internet gaming addiction among augmented-reality users. [Poster presentation]. The 70th Annual Society for Public Health Education conference. Salt Lake City, Utah.
5. **Castor, T.**, Wagner-Greeng, V. R., Wotring, A. J., Glassman, T. (2018). Using the elaboration likelihood model to assess the impact of central and peripheral messages on recreational prescription drug and alcohol use among college students. Poster presentation at the 69th annual Society for Public Health Education conference, Columbus, OH.
6. Tran, J., **Castor, T.**, & Glassman, T. (2018) Social norm- Mixing alcohol with prescription drugs for recreational use among college students- A message testing study. Poster presentation at the 69th annual Society for Public Health Education conference, Columbus, OH.
7. Tran, J., **Castor, T.**, & Glassman, T. (2018) Perceived risks- Mixing alcohol with prescription drugs for recreational use among college students- A message testing study. Poster presentation at the 69th annual Society for Public Health Education conference, Columbus, OH.

8. Wygonik, Q. R., Wotring, A., Paprzycki, P., Wagner-Greene, V., Blavos, A., Kruger, J., **Castor, T.**, & Glassman, T. (2018). Primary and secondary marijuana prevention messages tailored toward users and non-users. Poster presentation at the 69th annual Society for Public Health Education conference, Columbus, OH.
9. Kruger, J., **Castor, T.**, Wagner-Greene, V., Wotring, A., Blavos, A., Glassman, T., & Kruger, D. (2017). Health related risk behaviors and health outcomes among cannabis users. 145th Annual American Public Health Association annual meeting, Atlanta, GA.
10. Wagner-Greene, V. R., Wotring, A., **Castor, T.**, Kruger, J., Mortemore, S., & Dake, J. (2017). Pokémon Go: Healthy or Harmful. Poster at the 68th annual Society for Public Health Education conference, Denver, CO.
11. Kruger, J., **Castor, T.**, Wotring, A., Wagner-Greene, V. R., & Glassman, T. (2017) Caffeine and calorie consumption among college students. Poster at the 68th annual Society for Public Health Education conference, Denver, CO.
12. Glassman, T., Karmakar, M., **Castor, T.**, Blavos, A., Kruger, J., Deihl, A. Wagner-Greene, V. R., & Wotring, A. (2017) Drunkorexia: Assessing the impact of gain and loss frame messages. Poster at the 68th annual Society for Public Health Education conference, Denver, CO.
13. Glassman, T., **Castor, T.**, Karmakar, M., Blavos, A., Dagenhard, P., Domigan, J., Hutzelman, E., Deihl, A., & Kucharewski, R. (2017). Assessing a community intervention to prevent drowning among inner city youth: The josh project. Poster presentation for American Public Health Association annual conference, Colorado Convention Center, Denver, Co.
14. Glassman, T., Paprzycki, P., **Castor, T.**, Wotring, A., J., Wagner-Greene, V. R., Kruger, J., & Ritzman, M. (2017). Drunkorexia: Assessing the impact of central and peripheral messages using the elaboration likelihood model. Poster at the 68th annual Society for Public Health Education conference, Denver, CO.

State Presentations

15. **Castor, T.**, Wagner-Greeng, V. R., Wotring, A. J., Glassman, T. (2017). Using the Elaboration Likelihood Model to assess the impact of central and peripheral messages on recreational prescription drug and alcohol use among college student. Poster presentation at the Ohio Society for Public Health Education's annual Health Educators Institute, Maumee Bay State Park, Oregon, OH.
16. Tran, J., **Castor, T.**, & Glassman, T. (2017) *Social norm- Mixing alcohol with prescription drugs for recreational use among college students- A message testing study*. Poster presentation at the Ohio Society for Public Health Education Annual Health Educators Institute, Maumee Bay State Park, Oregon, OH.

17. Tran, J., **Castor, T.**, & Glassman, T. (2017) Perceived risks-mixing alcohol with prescription drugs for recreational use among college students- A message testing study. Poster presentation at the Ohio Society for Public Health Education Annual Health Educators Institute, Maumee Bay State Park, Oregon, OH.
18. Wotring, A., Wagner-Greene, V., **Castor, T.**, Kruger, J., & Dake, J. (2017). Pokémon go: Assessing the potential for internet gaming addiction among augmented-reality users. Poster presentation at the Ohio Society for Public Health Education Annual Health Educators Institute, Maumee Bay State Park, Oregon, OH.
19. Wygonik, Q., Wotring, A., Paprzycky, P., Wagner-greene, V., Blavos, A., Kruger, J., **Castor, T.**, & Glassman, T. (2017). Primary versus secondary marijuana prevention messages. Poster presentation at the Ohio Society for Public Health Education Annual Health Educators Institute, Maumee Bay State Park, Oregon, OH.
20. Glassman, T., Paprzycki, P., **Castor, T.**, Wotring, A., J., Wagner-Greene, V. R., & Kruger, J., Ritzman, M. (2016). Drunkorexia: Assessing the impact of central and peripheral messages using the Elaboration Likelihood Model. Poster at the Ohio Society for Public Health Education Annual Health Educators Institute, Mohican State Park, OH.
21. Glassman, T., **Castor, T.**, Karmakar, M., Blavos, A., Kruger, J, Wagner-Greene, V. R., & Wotring, A. (2015). Drunkorexia: Assessing the impact of gain and loss frame messages. Poster at the Ohio Society for Public Health Education Annual Health Educators Institute, Deer Creek State Park, Mt. Sterling, OH.

GRANTS

1. Radford University - Campus Mental Health SEED Grant (Revise and Resubmit) 2022-2023
(Funding sought: \$10,000)
2. Radford University Course Development Grant 2020
(Funding received: \$2000)
3. Co-Investigator: The Ohio Department of Mental Health and Addiction Services 2017-2018
(Funding received: \$3,896)
4. Co-Investigator: The Ohio Department of Mental Health and Addiction Services 2016-2017
(Funding received: \$3,995)
5. Co-Investigator: The Ohio Department of Mental Health and Addiction Services 2015-2016
(Funding received: \$3,800)

HONORS / AWARDS / RECOGNITION

Donald N. Dedmon Distinguished Teaching Professor Award Nominee Radford University	2023
Waldron College of Health and Human Services Wall of Scholars Award Radford University	2022
Bryan Area Health Education Center Scholarship Award Recipient	2018
Poster Presentation Contest Finalist Poster presentation at the 69th annual Society for Public Health Education conference, Columbus, OH	2018
Poster Presentation Contest Winner Poster at the Ohio Society for Public Health Education Annual Health Educators Institute, Mohican State Park, OH	2016
Recipient, Graduate Assistantship (Ph.D.) The University of Toledo College of Health and Human Service School of Population Health	2015
Recipient, Graduate Assistantship (M.A.) The University of Toledo College of Health and Human Service Department of Health and Recreation Professions	2013

TEACHING EXPERIENCE

<i>Course #</i>	<i>Title</i>	<i>Format</i>	<i>Enrollment</i>	<i>Semester</i>
PBHL 110	Personal Health	Online	15	Fall 2020
PBHL 150	Survey of U.S. Public Health	Online	31	Fall 2022
PBHL 350	Principles of Public Health	Online	29	Fall 2022
			22	Fall 2021
PBHL 390	Interprofessional Community Collaboration and Advocacy	Online	15	Spring 2022
			7	Spring 2021
PBHL 455	Health Communication and Social Marketing for Public Health	Online	15	Fall 2022
			16	Fall 2021
			7	Fall 2020
PBHL 495	Internship-II	Online	1	Spring 2021
HSCI 200	Issues in Community Health	Online	36	Fall 2020
			28	Fall 2019
HSCI 300	Foundations of Healthcare Research	Online	21	Summer III 2022
			34	Spring 2022
			10	Summer III 2021
			14	Summer III 2020
HSCI 350	Principles of Health Education and Promotion	Online	29	Fall 2022
			37	Fall 2021

			24	Fall 2019
HSCI 395	Professional Seminar in Health Science	Online	31	Spring 2021
HSCI 410	Program Planning and Evaluation	Online	28	Spring 2022
			26	Spring 2021
			15	Spring 2020
HSCI 491	Service Learning and Civic Engagement II	Online	5	Spring 2020
HSCI 494	Internship-I	Online	3	Fall 2021
			8	Fall 2020
HSCI 495	Internship II	Online	3	Spring 2022
			5	Spring 2021
			4	Spring 2020
HSCI 499	Special Topics	Online	12	Spring 2020
HLTH 111	Personal Health and Wellness	Online	30	Fall 2019
HEAL 1360	Alcohol and Contemporary Issues in College Life	Online	35	Fall 2017
HEAL 1800	Medical Terminology	Online	40	Spring 2015
		Hybrid	35	Fall 2015
HEAL 2400	General Safety	Online	34	Spring 2017
HEAL 2500	Personal Health	Classroom	35	Fall 2017
HEAL 3300	Drug Awareness	Online	34	Spring 2019
		Classroom	36	Fall 2018
		Online	32	Fall 2016
		Classroom	35	Spring 2016
		Classroom	36	Spring 2015
HEAL 3600	Prevention and Control of Disease	Online	35	Spring 2017
RCRT 3700	Leadership and Administration in Outdoor Pursuits	Classroom	20	Spring 2014
RCRT 4610	Horticulture Therapy	Classroom	20	Fall 2014
			20	Spring 2014
RCRT 4620	Animal Assisted Therapy	Classroom	20	Fall 2013
			20	
RCRT 4770	Project Design	Online	40	Summer 2014
RCRT 4830	Geriatric Clinical Rotation	Classroom	10	Fall 2013
			10	
			10	Spring 2014
			10	
RCRT 4860	Therapeutic Fitness	Classroom	20	Fall 2013
			20	
			20	Spring 2014
			20	
RCRT 4940	Recreation Therapy Internship II	Online	40	Summer 2014

<i>Guest Lectures</i>			
<i>Course #</i>	<i>Title</i>	<i>Topic Taught</i>	<i>Semester</i>
Physicians Assistant	Behavior Medicine	PA's and Public Health	Spring 2022
			Spring 2021
HEAL 2600	Mental Health	Anger Management	Spring 2017
		Stress Management	Spring 2017
		Anger Management	Spring 2018
		Anger Management	Spring 2019
HEAL 3700	Foundations for Human Sexuality	Sexual Arousal	Spring 2017
		Sexual Consumerism	Spring 2017
		Sexual Arousal	Spring 2018
		Sexual Consumerism	Spring 2018
HEAL 4000	Methods and Materials	Program Evaluation	Fall 2018
HEAL 4100	Health Behavior	Theory (TTM)	Fall 2017
HEAL 4560	Health Problems of Aging	Healthcare in the United States	Spring 2018

LEADERSHIP

- Program Director – Bachelors of Science in Public Health (RUC) 2021- Current
- Program Director – Bachelors of Science in Health Sciences (RUC) 2021- Current
- Waldron College Curriculum Committee Chair 2023
- Department Curriculum Committee Chair 2021 - Current
- Schools as Community Hubs Graduate Assistant 2015-2018
- Eta Sigma Gamma Research Chair 2017
- Eta Sigma Gamma Historian Chair 2016
- Internship Supervisor - Recreational Therapy 2014

PROFESSIONAL DEVELOPMENT

Training

- Microsoft Teams 2022
- D2L: Multimedia 2020
- D2L: Assessments 2020
- D2L: Gradebook 2020
- D2L: Overview 2020
- Grantsmanship 2019
- Grant Writing 101 Workshop 2016
- Blackboard Learn: Basics I 2016
- Blackboard Learn: Basics II 2016
- Blackboard: Creating Tests and Assignments 2016
- Blackboard: Designing an Online Module 2016
- Echo360 Lecture Capture Training 2016

Other Training

- CITI Training: Social & Behavioral Research with Human Subjects 2022
- Disaster Preparedness (RU) 2022
- Civility in the Workplace (RU) 2021- Current
- Security Awareness (RU) 2021- Current
- University IRB Training 2019
- NIH Training: Human Research 2015

SERVICE

University

- Program Director – Bachelors of Science in Public Health 2021 - Current
- Program Director – Bachelors of Science in Health Sciences 2021 - Current
- Department Relations and Enrollment Support Committee – Member 2021-2022
- Department Assessment Committee – Member 2021 - Current
- Department Curriculum Committee – Chair 2020 - Current
- Waldron College Curriculum Committee – Member 2020 - Current
- Community Service Committee – Member 2020 - 2021
- Department Personnel Committee – Member 2019 - Current
- Faculty Search Committee - Co-Chair 2020-2021
- Grade Appeal Committee - Member 2020
- Radford University Community Engagement Task Force - Member 2020 – 2021
- Senses and ScienceAbility - Volunteer 2020
- Achievable Dream Academy - Volunteer 2019 – 2020
- Schools as community Hubs Liaison 2015 – 2018
- HOSA Judge 2015 – 2017
- Student Technology Fee Committee Member 2015 – 2017
- Health and Recreation Professions Scholarship Awards 2015 – 2016

Professional

- Healthy Roanoke Valley Wellness Action Team - Member 2021 – Current
- Abstract Reviewer SOPHE 2019 – Current
- Abstract Reviewer APHA 2019 – 2020
- Abstract Reviewer OSOPHE 2015 – 2019
- Member of Eta Sigma Gamma (IOTA) 2015 – 2018
- Research Chair of Eta Sigma Gamma (IOTA) 2016 – 2017
- Historian Chair of Eta Sigma Gamma (IOTA) 2015 – 2016
- OSOPHE planning Committee Member 2015 – 2016

Community

- Blue Ridge Adventure Medicine – Volunteer 2022
- Blue Ridge Off Road Cyclists (BROC) – Trail Crew Volunteer 2022
- Upward Bound – Faculty Presenter (RUC) 2022
- Upward Bound – Instructional Volunteer (TOL) 2018
- Robinson Elementary Health Fair 2016 – 2017
- Book Tree (Pickett Elementary) – Coordinator & Volunteer 2015 – 2017
- The Big Event -Toledo Ohio 2014 – 2018
- Zepf Center Gambling Data Collection 2016
- Josh Project Data Collection Volunteer 2015

MEDIA RELATIONS

Television Interviews

1. Castor, T. (2016). The Josh Project. Interviewed by Melissa Voetsch of Channel 13 News.

PROFESSIONAL AFFILIATIONS

- Virginia Public Health Association (VPHA) 2019 – Current
- Society for Public Health Education (SOPHE) 2015 – Current
- University Assisted Community Schools Network member (UACS) 2015 – 2022
- American Public Health Association (APHA) 2015 – 2020
- Ohio Society for Public Health Education (OSOPHE) 2015 – 2018
- National Council for Recreation Therapy (NCTRC) 2010 – 2018
- The Drug Free Action Alliance (DFAA) 2016 – 2018
- Students for Health Drug Policy member (SHDP) 2016 – 2017
- Eta Sigma Gamma (National) 2015 – 2018
- American Therapeutic Recreation Association (ATRA) 2013 – 2015