

LAUREN HOWES

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EDUCATION

Western Carolina University, Brinson Honors College - Cullowhee, NC

CLE Honors Scholars Program

Fall 2020 - Present

Bachelor of Science – Political Science – Pre-Law Program

Anticipated 2024

Minor: Forensic Anthropology

- GPA: 4.000

Marvin Ridge High School – Waxhaw, NC

Fall 2016 – Spring 2020

- GPA: 4.333

AWARDS

- **Women's Congressional Staff Foundation Scholarship:** *Summer 2021*
- **WCU Internship Scholarship:** *Summer 2021*
- **Chancellor's List:** *Fall 2020 – Present*
- **Dean's List:** *Fall 2020 – Present*
- **CLE Honors College Program:** *Fall 2020 – Present*
- **Honors Scholar Scholarship:** *Fall 2020 – Present*
- **Ad Vitam Paramus Scholarship:** *Fall 2020 – Present*
- **Distinguished Award Scholarship:** *Fall 2020 – Present*
- **Biomedical Technology Outstanding Achievement Award:** *Spring 2020*
- **Discrete Math Outstanding Achievement Award:** *Spring 2020*
- **AP US Government and Politics Outstanding Achievement Award:** *Spring 2019*
- **Charlotte-Mecklenburg Police Department High School Academy Certificate of Completion:** *Summer 2018*

EXTRA-CURRICULAR ACTIVITIES

- **Turning Point USA:** *Fall 2020 – Present*
 - President: *December 2021 – Present*
 - Service Chair: *August 2021 – December 2021*
- **Alpha Lambda Delta:** *Spring 2021 – Present*
- **Junior State of America Club:** *Fall 2019 – Spring 2020*
- **Republicans Club:** *Fall 2018 – Spring 2019*
- **German Club:** *Fall 2017 – Spring 2020*
 - German Junior Class Representative: *Fall 2018 – Spring 2019*

COMMUNITY SERVICE

Jackson County Animal Shelter Drive

Organizer

Fall 2020

Contacted faculty, planned and organized, collected donation, canvassed event.

Cullowhee Community Garden

Garden Volunteer

Fall 2020

Pulled weeds, cleaned garden plots, picked tomatoes.

Project FIRE

Volunteer

Fall 2020

Chopped wood using machine for local community

Red Cross – Service to the Armed Forces Unit

Volunteer**Summer 2017 – Summer 2020**

Staged drives for veterans, educated museum members about the history of the Red Cross, handed out first-aid fire kits, 4-hour course on veteran treatment, participated in Charlotte Parade.

VA Clinic

Pharmacy Volunteer**Summer 2018**

Helped veterans log-in for appointments, provided maps for navigating clinic, pushed wheelchairs, answered general questions.

INTERNSHIP**June 2021 – July 2021**

Congressional Intern • Washington, DC • Rayburn House Office Building – Office of Representative Brad Wenstrup

- Conducted research on upcoming legislation and wrote corresponding memorandums
- Answered constituent phone calls and offered assistance to each individual's needs
- Operated online program (Fireside) to organize constituent information and process surveys
- Consulted and networked with other Congressional Staff
- Assisted with various political events, such as the Doctor's Caucus Press Conference
- Sorted and organized mail and office supplies

WORK EXPERIENCE**March 2017 – October 2019**

Retail Associate • Charlotte, NC • TJX Maxx Corporation – Homegoods

- Assisted customers with purchases and item selections
- Conducted markdowns and inventory checks
- Processed items arriving from the distribution center
- Completed paperwork for furniture holds