Sherry Sabins

Dependable and Real Life Experience

Groveland, MA 01834 zhozan13@gmail.com +1 978 873 5066

Work Experience

Librarian Assistant

Langley Adams Library - Groveland, MA January 2022 to Present

Serve patrons by checking out their books and answering phones. Make crafts for children to take home or for storytime. Assistant the librarians with tasks like shorting items and displays.

Owner and Operator

Self-Employed - Groveland, MA July 2015 to Present

Provide Pet Boarding, Daycare, and walking Services.

Market our brand on social media.

Manage all communications and scheduling with existing clients.

Performs daily operations of the business.

Primary Medical Caregiver

Self-Employed - Stratham, NH November 2009 to July 2015

Provided daily care for my father who had cancer and my mother who is physically disabled.

Responsible for every aspect of their daily healthcare including primary contact for all Doctors and their office personnel, Pharmacist, Pharmaceutical drug companies (Father's cancer medications, Mother's Diabetes medications, Prior Authorizations), Durable Medical Equipment Companies (stairlift installation, walkers Bathrooms Remodeled) and Hospice Organizations.

Researched every necessary aspect to provide the best most updated healthcare available including and not limited to all medical personnel, medical equipment, and hospice options.

Prepared daily all home-cooked meals and either organized additional help or completed their activities of daily living (ADL).

Direct Support Staff

ARC - Saranac Lake, NY May 1999 to June 2006

Assisted clients with personnel tasks including dressing, bathing, and eating.

Properly maintain and administer client medications.

Completed housekeeping duties.

Drove clients to appointments, shopping, and outings.

Shopping for groceries and preparing meals that met specific dietary restrictions.

Responsible for client's money management accounted and documented in ledgers.

Caregiver

SelfEmployed - Fort Covington, NY June 1995 to September 2000

Reported all aspects of patients well being to supervised RN.

Administered client's medications daily.

Experienced in checking blood pressure, pulse, respiration, temperature, and other vital signs.

Knowledgeable in preparing nutritious meals for the clients.

Education

College

Southern New Hampshire University - Manchester, NH Present

Associate's degree in Biology and Computers

College of New Rochelle - New Rochelle, NY August 1996 to May 1998

High school diploma or GED

Skills

- Home Care (6 years)
- Vital Signs (5 years)
- Caregiving (6 years)
- Food Preparation (6 years)
- Customer service (6 years)
- Photography (Less than 1 year)
- Childcare
- English (10+ years)
- Experience with children (1 year)
- Patient Care
- Hospital Experience
- Cleaning Experience
- Microsoft Word (6 years)
- Library Services (Less than 1 year)
- · Adobe Lightroom
- Adobe Photoshop

Awards

Dean list

May 2022

Made the Dean's List at Southern New Hampshire University

Assessments

Home health aide skills — Proficient

December 2021

Providing care to patients in a home setting

Full results: Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.