

New Britain, CT

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EDUCATION

Doctor in Education (Ed.D.) in Educational Leadership for Social Justice **05/2024**

University of Hartford, West Hartford, CT

Dissertation: The Utilization of On-Campus Counseling Services by Single-mother Students
in Higher Education: A Grounded Theory Research

Master of Science (MS) in Marriage & Family Therapy

Central Connecticut State University (CCSU), New Britain, CT

05/2010

Certificate Course in Addiction Counseling

05/2023- TBD

Sober College of Addiction Studies, CA.

PROFESSIONAL EXPERIENCE

Goodwin University, East Hartford, CT

11/2023- Present

Counseling Center Case Manager, Counseling Center at Student Affairs

- Crisis Intervention, Individual Counseling of students
- Coordinating & implementing JED Campus Initiative on campus
- Creating and coordinating JED Taskforce, on campus
- Coordinating Healthy Minds Survey 2024 on campus
- Promoting on-campus counseling center to the students to enhance their emotional well-being.
- Assisting students in their academic success
- Helping students with on and off campus resources
- Involved in student affairs activities.
- Creating flyers and educational materials on mental health and academic success
- Organizing, Facilitating Trainings and Workshops for Students, Staff and Faculty Members on Mental Health and Wellbeing.
- Collaborate with Student Affairs (SA) staff and participate in the activities organized by SA (NSO, Graduation Ceremony, etc.), serving on committees, attending functions, and other activities as needed.

University of Hartford, Hartford, CT

01/2024-4/2024

Adjunct Faculty, Undergraduate Psychology

Taught undergraduate students one 3 Credit course in Psychology in Spring 2024. I taught PST 247: Psychological Aspects of Death and Dying course to help students develop a basic knowledge of death, dying, grief, and bereavement based on perspectives and principles from the field of psychology. Topics included cultural differences and practices, coping with death in families and communities, dealing with death at various developmental stages, the complexities of suicide and euthanasia, and various legal issues related to death.

Silver City Counseling LLC. Meriden, CT
Consultant Associate Therapist (Part-Time)

12/2022-02/2024

Provided individual counseling to client(s) with behavioral/emotional health and or substance issues.

Wheeler Clinic, Health & Wellness Center, New Britain CT

08/2021- 04/2023

Integrated HealthCare Clinician

Providing individual, family, couple and or group therapy to client of 18 + age group:

- Maintains an assigned caseload (80 plus)
- Completes case recording and required reports within deadlines.
- Provides appropriate referrals.
- Maintains accurate clinical records.
- Ensures that the programs meet the standards of accrediting bodies and funding sources.
- Coordinate Diversity, Equity and Inclusion committee and promote inclusion at workplace.
- Conducts outreach activities to identify clients, inform community of services and build community.
- Respects and supports client rights, including confidentiality
- Training and mentoring interns, staff, and new hires

Community Health Resources, Manchester, CT

09/2019- 6/2021

Triage Therapist at Assessment Center

Crisis Intervention; Phone triage; conducting intakes; linking with resources available in the community; following up with hospital discharges with aftercare plan and completing intakes and treatment plans; Coordinating with all other departments at CHR

Community Health Resources, Hartford, CT (based at Charter Oak health Center, Hartford, CT)

Fee For Service (FFS) Therapist
Integrated/Bilingual Therapist

09/2019- 6/2021
08/2017- 08/2019

Providing individual, family, couple and or group therapy to client of 18 + age group:

- Maintains an assigned caseload (80 plus)
- Completes case recording and required reports within deadlines.
- Provides appropriate referrals.
- Maintains accurate clinical records.
- Ensures that the programs meet the standards of accrediting bodies and funding sources.
- Complete all assigned trainings and meetings
- Conducts outreach activities to identify clients, inform community of services and build community collaborative relationships.
- Respects and supports client rights, including confidentiality
- Adheres to internal controls and procedures established for department.
- Performs related duties as required and visiting Shelters in Hartford, CT to provide outreach service and Therapy at designated shelters.

Psychiatric Clinical Specialist, MetLife, Bloomfield, CT **07/2015-09/2016**

- Coordinated all aspects of the STD, including all required health certifications, return to work documentation and benefit payments for clients
- Reviewed Medical, interviewed health care providers and clients

Case Manager – Leave of Absence (LOA), Aon Hewitt, New Britain, CT **07/2014-07/2015**

- Coordinated all aspects of the Family Medical Leave Act of 1993, including all required health certifications, return to work documentation and benefit payments for 400+ clients
- Followed up to open and manage Short Term Disability (STD)

Case Manager, Community Renewal Team, Inc., Hartford, CT **03/2013-07/2014**

- Provided holistic and comprehensive case management services to all clients including intake assessment, benefit assessment, goal setting, long-term care, plan development and counseling, case plan development, progress monitoring, community linkages and referrals
- Individual money management, education, advocacy and referrals, and IDA case management
- Conducted Intakes and Assessments for the **HEARTH ESG Hartford Rapid Re-Housing program**
- Connected individuals/families with available community resources
- Followed-up with clients and agencies as appropriate to document use/success of referral
- Entered accurate and complete data for all contacts with clients into agency database.
- Provided required documentation in a timely manner, such as follow-ups, outcome evaluation, contact sheets, evaluations
- Offered ongoing liaison, referral, and advocacy with social service providers, with particular emphasis on self-empowerment of families to independently access needed services.
- Helped individuals and families with pre-application TANF, Food Stamps, Health Insurance and Unemployment Claims

Research Associate, Community Renewal Team, Inc., Hartford, CT **07/2012-01/2013**

- Organized data coding, data entry, data analysis (SPSS), review of literature and research report writing
- Served as Regional Coordinator for Hartford Continuum of Care, CT for Point-In-Time (PIT) Count 2013 of Homeless people in Hartford
- Received large datasets, cleaned and prepared data by identified missing data, merged datasets, identified and corrected data entry errors
- Translated data between statistical software programs and create and update formulas for data analysis (primarily used SPSS and Excel to analyze and report data)
- Created and manage data systems used to collect provider-level data and responded to ad hoc data analysis requests and communicated findings to stakeholders
- Produced reports that include professional-quality tables, graphs, and figures and written interpretation of findings
- Coordinated with funders and community-based providers to answer questions and ensure accurate and timely data entry
- Collaborated with team to translate findings into quality improvement and evaluation activities
- Worked with the Research Director and the Team accordingly and as per need

Counseling and Wellness Center (CWC), CCSU, New Britain, CT

Marriage & Family Therapy (MFT) Intern **04/2010-08/2010**

- Provided professional counseling to CCSU Graduate & Undergraduate Students ages 16 to 55+ by providing support and assistance with life transitions, academic planning and interpersonal difficulties.
- Administered intakes and counseled CCSU Graduate & Undergraduate Students dealing with academic,

social, emotional and behavioral issues (case load 5-8).

- Guided students with Individual Therapy, Group Therapy, Crisis Intervention, Triage, Intake, Treatment plan and Case management services to the clients with history of substance abuse, domestic violence
- Maintained progress notes for all clients to ensure proper documentation of session content and interventions.
- Assisted students in defining academic career goals by conducting seminars and orientation sessions for students.
- Documented and completed appropriate forms for university and referral purposes.

CCSU-Klingberg Outpatient Clinic & Family Therapy Institute, New Britain, CT

Marriage & Family Therapy (MFT) Intern

09/2009-08/2010

Marriage & Family Therapy (MFT) Practicum

09/2008-05/2009

- Counseled children, adolescents (4 to 17 years old) and their families dealing with academic, social, emotional and behavioral issues and TF CBT (case load 8-15)
- Provided individual therapy, family therapy, play therapy, crisis intervention, triage, intake, treatment plan and case management services.
- Conducted phone intakes and referred clients to appropriate resources based on individual needs.
- Consulted parents, teachers and administrators on clients' concerns.
- Documented and completed appropriate forms for insurance and referral purposes.
- Participated in crisis meeting, PPT and other meetings at clients' school and at clinic.
- Served as a mandatory reporter for any actual or suspected child abuse.
- Used appropriate and related scales to maintain record of their improvement and case management.
- Conducted Research and developed a Referral Resource Directory
- Networked and advocated with other behavioral health care providers and hospitals.
- Carried out school visits for clients with family or school related difficulties.

Reading & Language Arts, Central Connecticut State University, New Britain, CT

Graduate Assistant

01/2009- 12/2010

- Prepared and updated website; assisting Faculties in their Research Projects
- Collaborated networking, advocacy and public relations.
- Organizing Workshops and Conferences
- Provided administrative support to the department and worked with departmental Secretary/ Admin Assistant as her assistant (took minutes, wrote reports, scheduled meetings, arranged travels for faculties and organized workshops).

Alumni Development- Central Connecticut State University New Britain, CT

Graduate Assistant

09/2008- 12/2008

- Executed prospect research on prospect/future donors using raiser's edge, SPSS and MS Access
- Created and maintained donor database and LinkedIn e- group of CCSU Alumni

Confederation of Indian Industry, Eastern Region, Calcutta, India

Executive - Corporate Social Responsibility

11/ 2006 -12/2007

- Writing project proposals/grant writing and implementing innovative fundraising policies
- Assigned the tasks of developing a framework for major individuals and donors
- Maintaining and Creating Database for future fund raising
- Organizing Trainings and Awareness Programs on Affirmative Action, HIV/AIDS, Disability, and Sexual Assaults in Workplace.
- Administrative works, training staff and others

- Coordinating on Hiring staff and training new staff

PROFESSIONAL SERVICE

Volunteer Work

Prudence Crandall Center, & YWCA New Britain, CT: <i>Counselor</i>	2011-2012
YWCA Sexual Assault Crisis Intervention Program, New Britain, CT: <i>Hotline Crisis Counselor</i>	2011-2012
Central Connecticut State University: <i>Natural Helper/Peer Counselor</i>	2009-2010
Natural Helper, Central CT State University	2009-2010

Editorial Board: Publication Reviewer

Editorial Board Member for Journal of Psychosocial Wellbeing (https://jpsw.co.in)	2020-Current
Reviewer for the Georgia Journal of College Student Affairs (GJCSA)	2024- Current
Editorial Board member of the Indian Journal of Psychiatric Social Work, India	2024- Current

Academic Committee Involvements

New England Educational Research Organization (NEERO)	
Graduate Student Board Member	2020- Current
Conference Paper Reviewer	2020- Current

Honors/Awards Received

- Recipient of Graduate Students Research Grant at University of Hartford in 2024, 2023, and 2022.
- Facilitated and Honored by LGBT Center at CCSU in Lavender Graduation for my active involvement in the work on Human Rights, HIV/AIDS & LGBT issues, May 2011.
- Nominated South Asian Natural Helper at CCSU, from September 2009 to August 2010.
- Recipient of Graduate Student Associations Scholarship of \$1000.00 in 2009 and \$500.00 in 2010 at CCSU, based on merit.
- Recipient of Scholarship from Director General of Health Services (India) for Two (02) years: August 2001- July 2003.

Certifications

- CPR/AED Certified
- Mental Health First Aid

Presentations

- Presented in NEERO Conference 2024, “The Utilization of On Campus Counseling by Single Mother Students in Higher Education.”
- Presented in NEERO Conference 2022 (Virtually), “Retention of Single Mothers in Higher Education by Providing Improved Mental Health and Resources and Links to Basic Needs on-campus during the COVID-19 Pandemic”.
- Presented in NEERO Conference 2021 (Virtually), “Increasing Retention of Undergraduate Single Mothers by Improved Mental Health Services: Student Counseling Staff speak to the Best Practices for Removing Obstacles to Achieving Success”.

- Co-Presented a paper on “Women, Immigration & Violence by their intimate partners” at National Workshop Women Day 2012, New Delhi, March 2012.
- Co-Presenter for a paper on “Use of technology in responses to intimate partner violence: Victims Perspective” at 35th All India Criminological Conference, TISS, Mumbai, March 2012.
- Presented a paper on “Sexual Minorities and its Connections to Women Discriminated on the Basis of Their Lifestyle” in the Solidarity and Action against the HIV Infection in India (SAATHII)’s National Conference on sexuality and violence, Calcutta, India, December 2004.
- Presented a paper on “Role of Family in Mental Illness” in house Seminar in Central Institute of Psychiatry, Ranchi, India, 2002.

Publications

Chakraborty, B.S. (2024). The Utilization of On-Campus Counseling by Single Mothers in Higher Education: A Grounded Theory Study. [Doctoral Dissertation]. ProQuest # 31300386. University of Hartford, Connecticut, USA.

Chakraborty, B.S. (2021). Ghosting in Romantic Relationship or Dating. Guest editorial in *Journal of Psychosocial Wellbeing*, 2(2), 6-7. <https://doi.org/10.5281/zenodo.5105491>

Shah, B. (2012). Women, immigration and violence by their Intimate Partners, *CIP Bulletin*, 11 (1), pp.7-8.
(An annual publication from Central Institute of Psychiatry, Kanke, Ranchi, Jharkhand, India)

Shah, B. (2011). Structural family therapy, *CIP Bulletin*, 10(1), p. 42.
(An annual publication from Central Institute of Psychiatry, Kanke, Ranchi, Jharkhand, India)

Shah, B. (2011). My experience attending an alcohol anonymous meeting in the USA, *CIP Bulletin*, 9(1), p. 42.(An annual publication from Central Institute of Psychiatry, Kanke, Ranchi, Jharkhand, India)

Shah, B. (2009). Book report on I NEVER TOLD ANYONE: Writings by women survivors of Child Sexual Abuse, *CIP Bulletin*,.8 (1), pp. 32-33.
(An annual publication from Central Institute of Psychiatry, Kanke, Ranchi, Jharkhand, India)

Shah, B. (2003). HIV/AIDS Counseling, *CIP Bulletin*, 4(1), p.11.
(An annual publication from Central Institute of Psychiatry, Kanke, Ranchi, Jharkhand, India)