

# Shreya Shah

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## OBJECTIVE

Dedicated and compassionate Psychology major (graduating May 2026) with excellent communication and interpersonal skills, looking for an entry-level position that allows for direct engagement with people and the application of foundational knowledge in psychology.

## EDUCATION

### Bachelor of Science in Psychology

Expected Graduation: May 2026

Georgia State University

Atlanta, GA

Honors: Presidents List (Summer 2024, Spring, Summer, & Fall 2025), Dean's List (Fall 2023 & Spring 2024) GPA: 3.4

## RELEVANT EXPERIENCE

### Peer Wellness Coach / I'RAISE Girls & Boys International Corporation, Atlanta, GA

November 2025 – Present

- Facilitated interactive workshops for youth, addressing critical topics such as trauma, anxiety, and depression.
- Advocated for youth and empowered peers by leading ongoing individual and group sessions focused on overcoming negative self-talk and fears, promoting self-advocacy.
- Utilized active listening and empathetic communication to foster a positive and collaborative environment for peer support and development.
- Designed and adapted age-appropriate curriculum for workshops covering physical and emotional wellbeing.

### Psychology Tutor / GSU Department of Psychology, Atlanta, GA

August 2025 – Present

- Selected by faculty for excellence in Advanced Research Design and Data Analysis (PSYC 3530) to serve as a tutor.
- Assisted students with understanding complex research design principles and data analysis techniques.
- Gained professional experience in teaching, academic support, and applied psychology concepts.

### Crisis Counselor / Crisis Text Line

January 2025 – Present

- Provided real-time emotional support and crisis intervention to individuals in distress.
- Applied active listening and de-escalation techniques to help texters in high-stress situations, demonstrating empathetic communication.

### Assistant Teacher / KidsRKids, Suwanee, GA

May 2022 – August 2022

- Implemented individualized play-based interventions to foster developmental growth in 15-20 children (ages 2-12).
- Performed systematic behavioral observation to assess developmental milestones and areas requiring support.
- Applied theoretical frameworks of child psychology to create a positive learning environment that encouraged problem-solving and teamwork among children.

### Shift Leader / Dunkin', Suwanee, GA

July 2018 – August 2021

### Child Mentor / Settles Bridge Elementary

August 2020 – December 2020

- Cultivated a strong, positive relationship with a student through one-on-one mentorship and tailored support.
- Supported the student's academic development by implementing weekly goal-setting activities, leading to measurable improvements in reading comprehension skills.

## SKILLS

| Research Methodologies | Behavioral Observation | Statistical Analysis (e.g., Two-Way ANOVA, t-tests) | Critical Thinking | Quantitative Data Interpretation | Attention to Detail | Communication | Adaptability | Microsoft Suite & Google Drive |