



MENTAL HEALTH EFFECTS OF CIVILIANS CAUSED BY WAR-RELATED TRAUMA

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Bosnian Genocide: Pasic testified against General Ratko Mladic who was responsible for the 1995 genocide of 7,000 Muslim men and boys in Srebrenica.





What resources are the most beneficial for civilians who have been affected by war?

International Aid Workers



Doctors

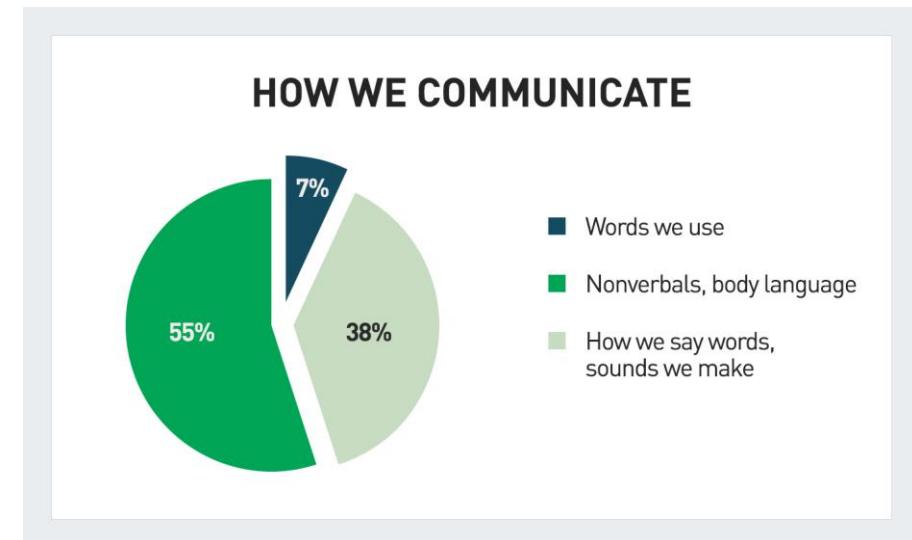
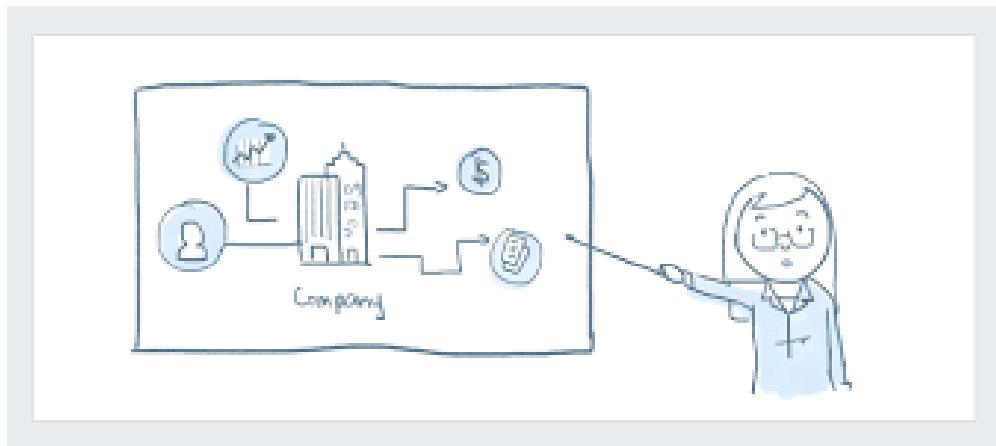


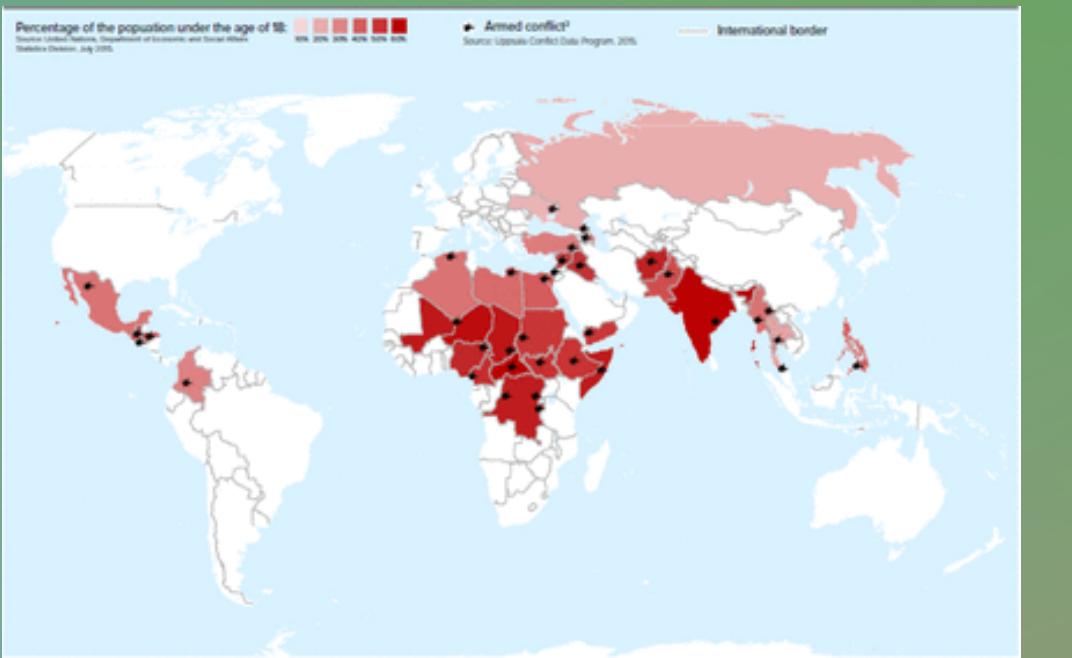
Lawyers



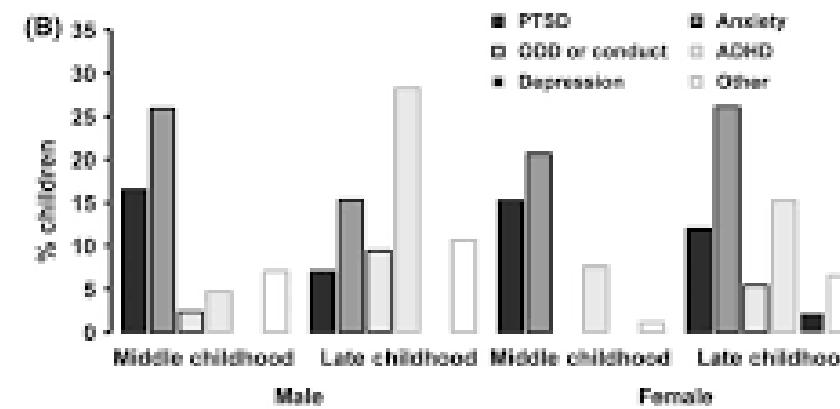
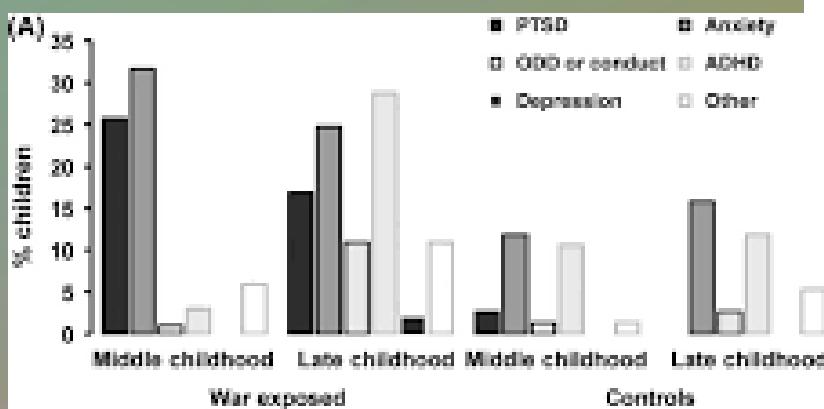
Advocates







“Among children living in the area of bombardments, 54% suffered from severe, 33.5% from moderate and 11% from mild or doubtful levels of PTSD” (Murthy, 2006).



Tamil Nadu, India

“The breakdown of the Tamil society led to women taking on more responsibilities, which in turn made them more vulnerable to stress” (Murthy, 2006).

Cambodia





“A childhood exposure that increased the risk of psychiatric illness in adulthood was also associated with increased risk of psychiatric illness in the next generation” (Torsten, 2018).

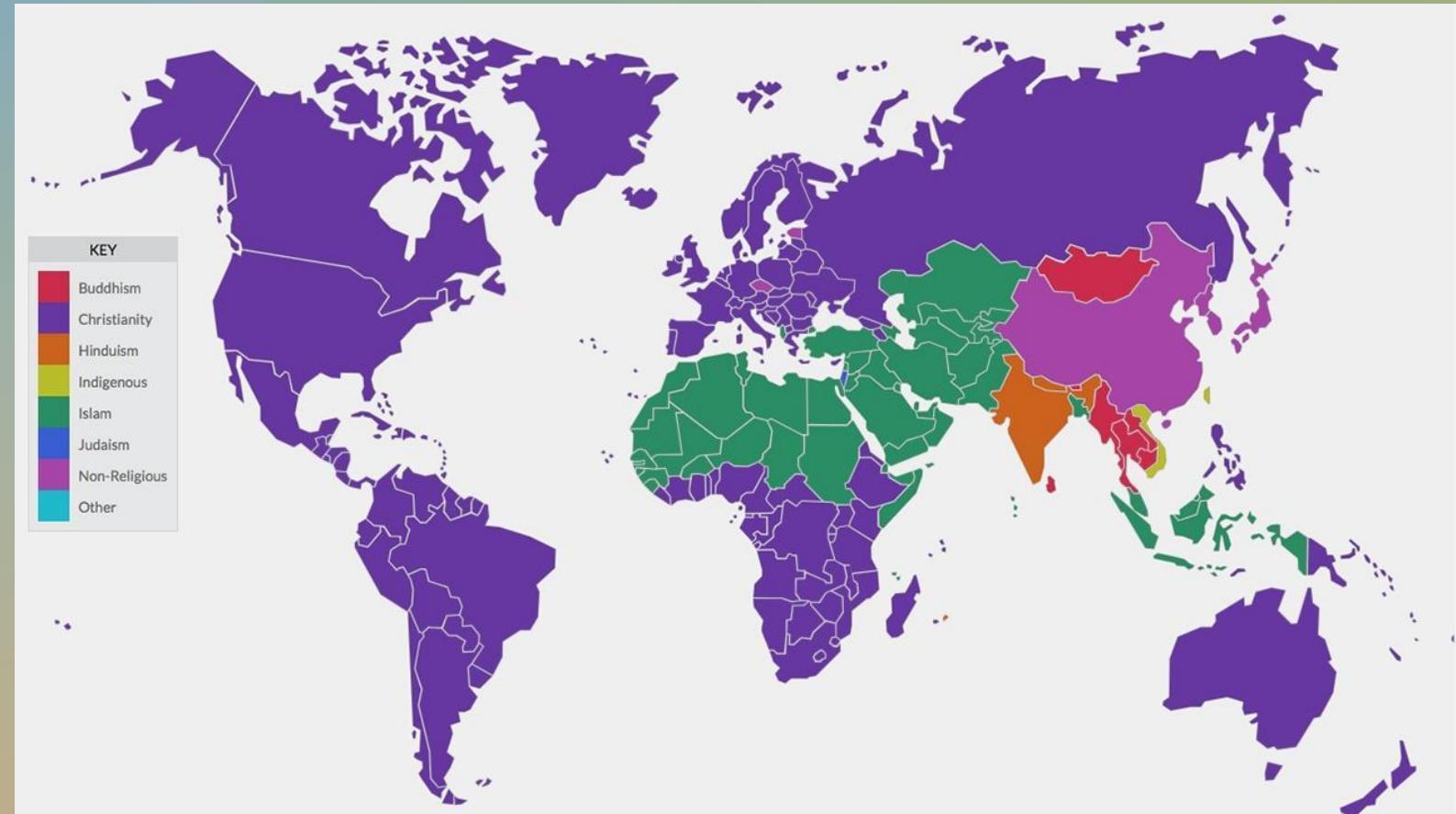
“Men (89%) and women (90%) expressed strong feelings of hatred towards the Serbs, with 44% of men and 33% of women stating that they would act on these feelings”
(Murthy, 2006).



“Most of the dreams, the nightmares, that I have from the personal experience, I was always trying to reach him... let me find my Dad, please. I would like to find my Dad.”

ELVEDIN BASIC, a witness
in the trial of Ratko Mladić

FRONTLINE

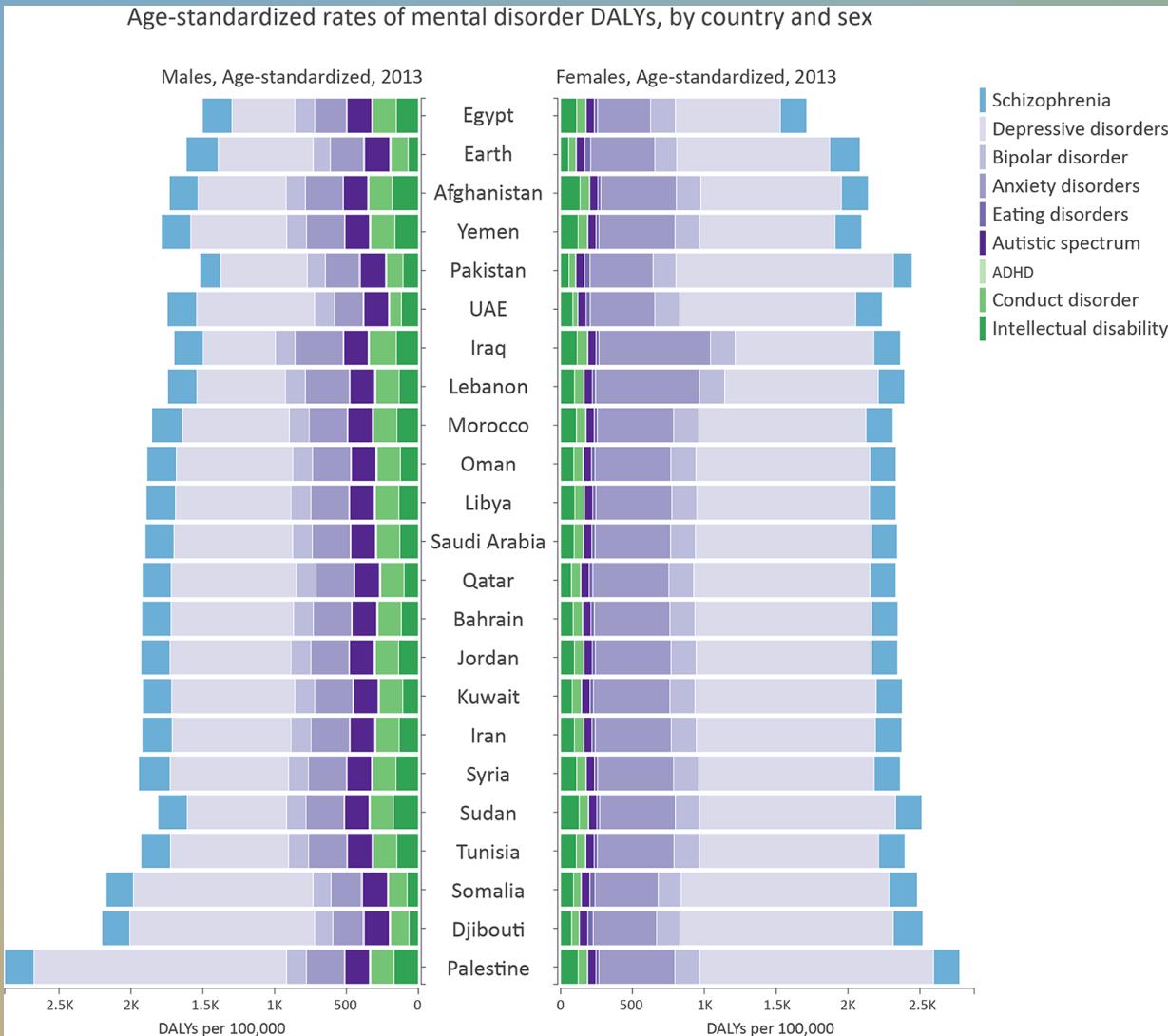


“Studies are consistent in showing the value of both physical support and psychological support in minimizing the effects of war-related traumas, as well as the role of religion and cultural practices as ways of coping with the conflict situations” (Murthy, 2006).

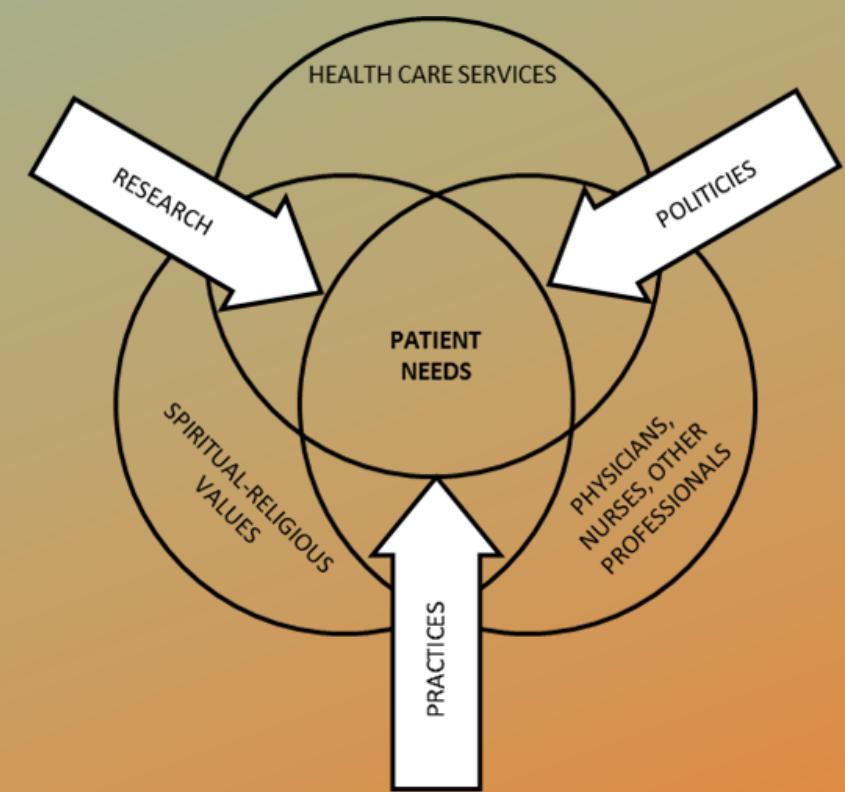


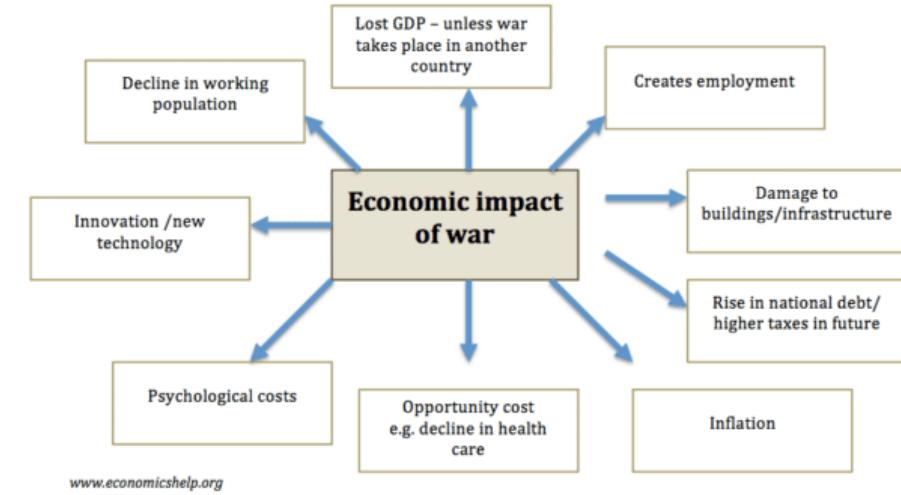
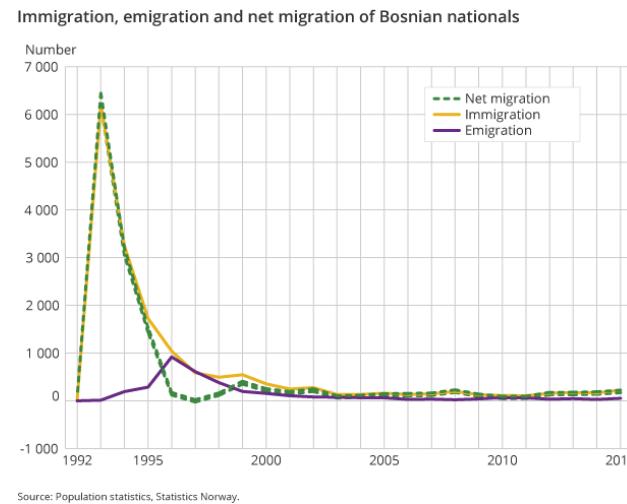
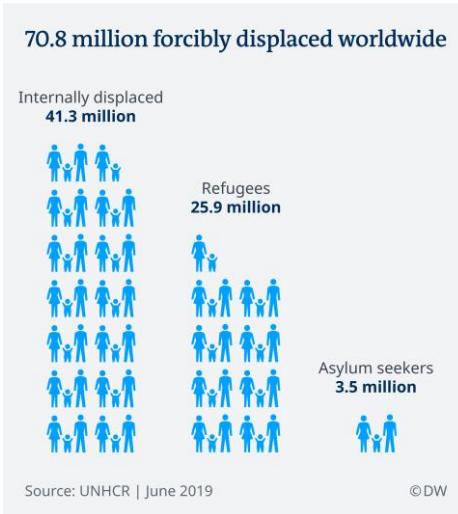
“A study on Palestinian perceptions of their living conditions during the Second Intifada (42) found that 46% of parents reported aggressive behaviour among their children, 38% noted bad school results...” (Murthy, 2006).

Age-standardized rates of mental disorder DALYs, by country and sex



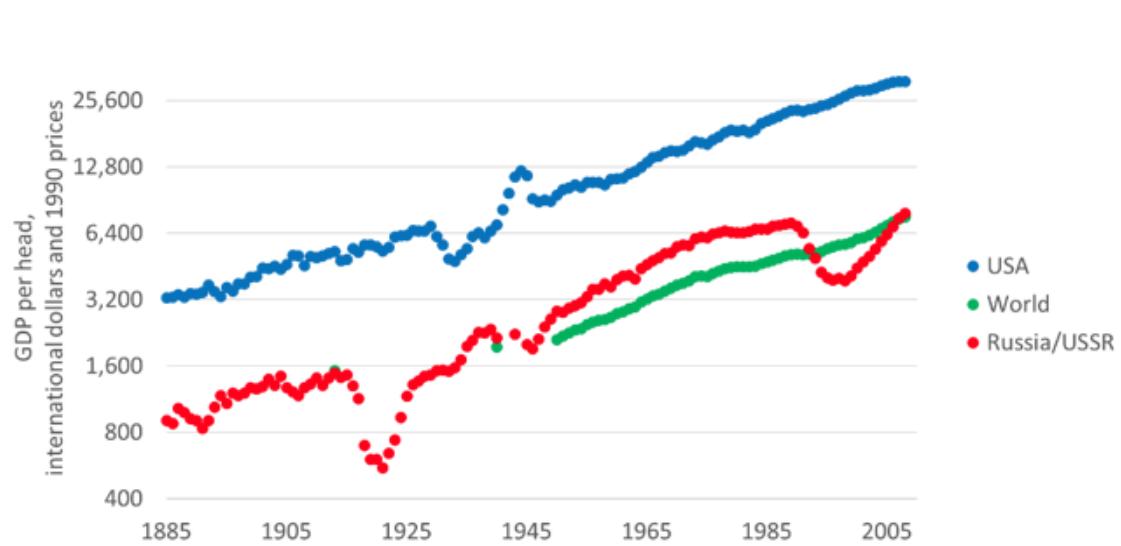
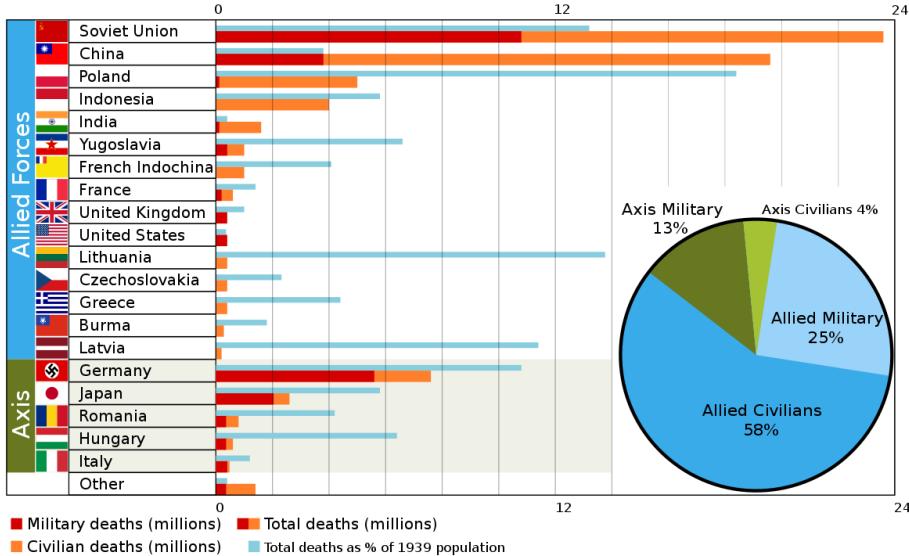
“It is estimated that in 2006 no more than 50 psychiatrists were practicing in Lebanon in the private and nongovernmental sector” (El-Khoury, 2019).



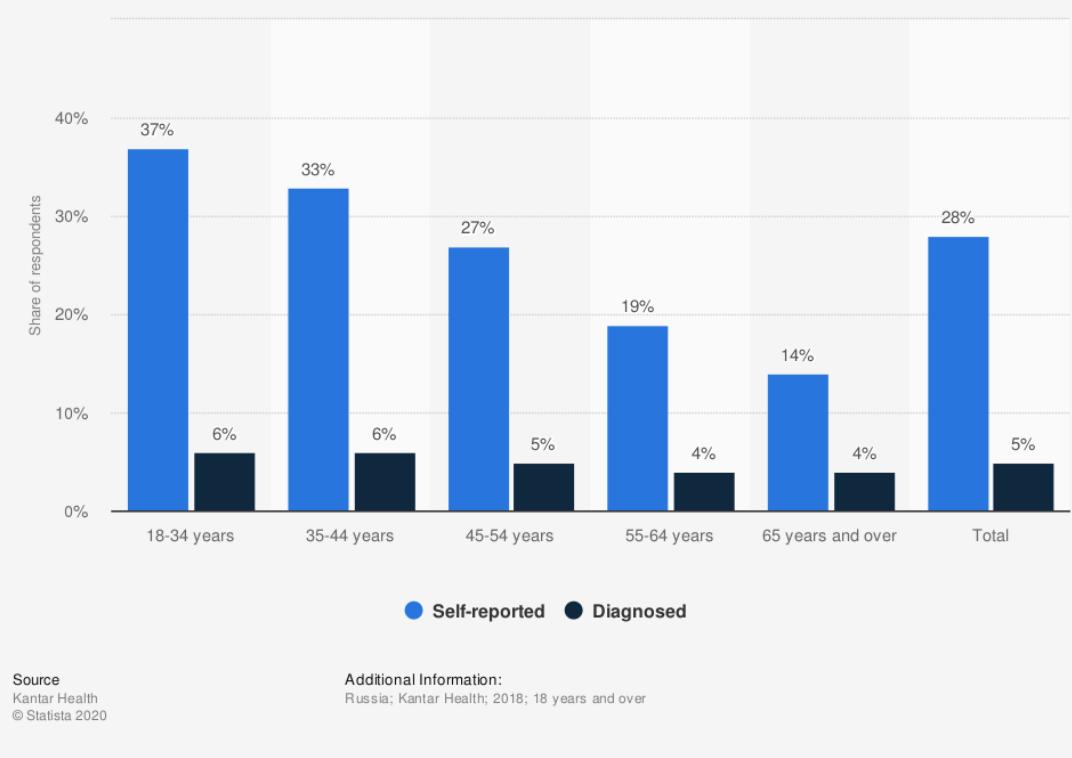


“The World Bank estimates that over 1 billion people worldwide live in regions affected by armed conflict [[1]], while the UN High Commissioner for Refugees (UNHCR) estimates that 60 million civilians were forcibly displaced from their homes due to war and political violence as of 2015...” (Frounfelker, 2018).

World War II Deaths



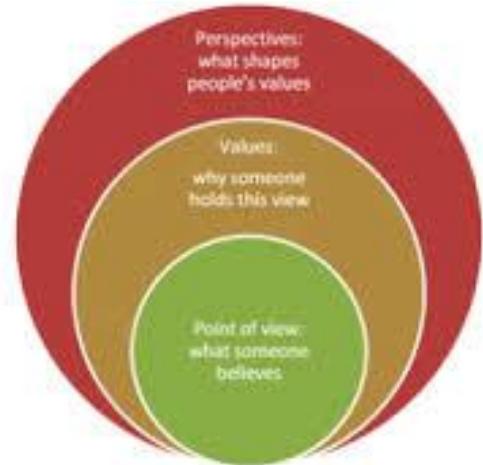
Proportion of adult population with a psychiatric condition* in Russia in 2018, by age



My thinking on my topic BEFORE doing research



How my perspective changed while doing research



My thinking on my topic AFTER doing research

Trauma event	Frequency
• Beatings, kicks, and cuts	50%
• Forced hard labor	20%
• Threats and interrogations	60%
• Relatives killed	50%
• Homes/property destroyed	40%
• Forced fleeing/displaced	60%
• Sexual torture (rape)	40%
• Tortured in home	70%
• Tortured in camp/detention	20%

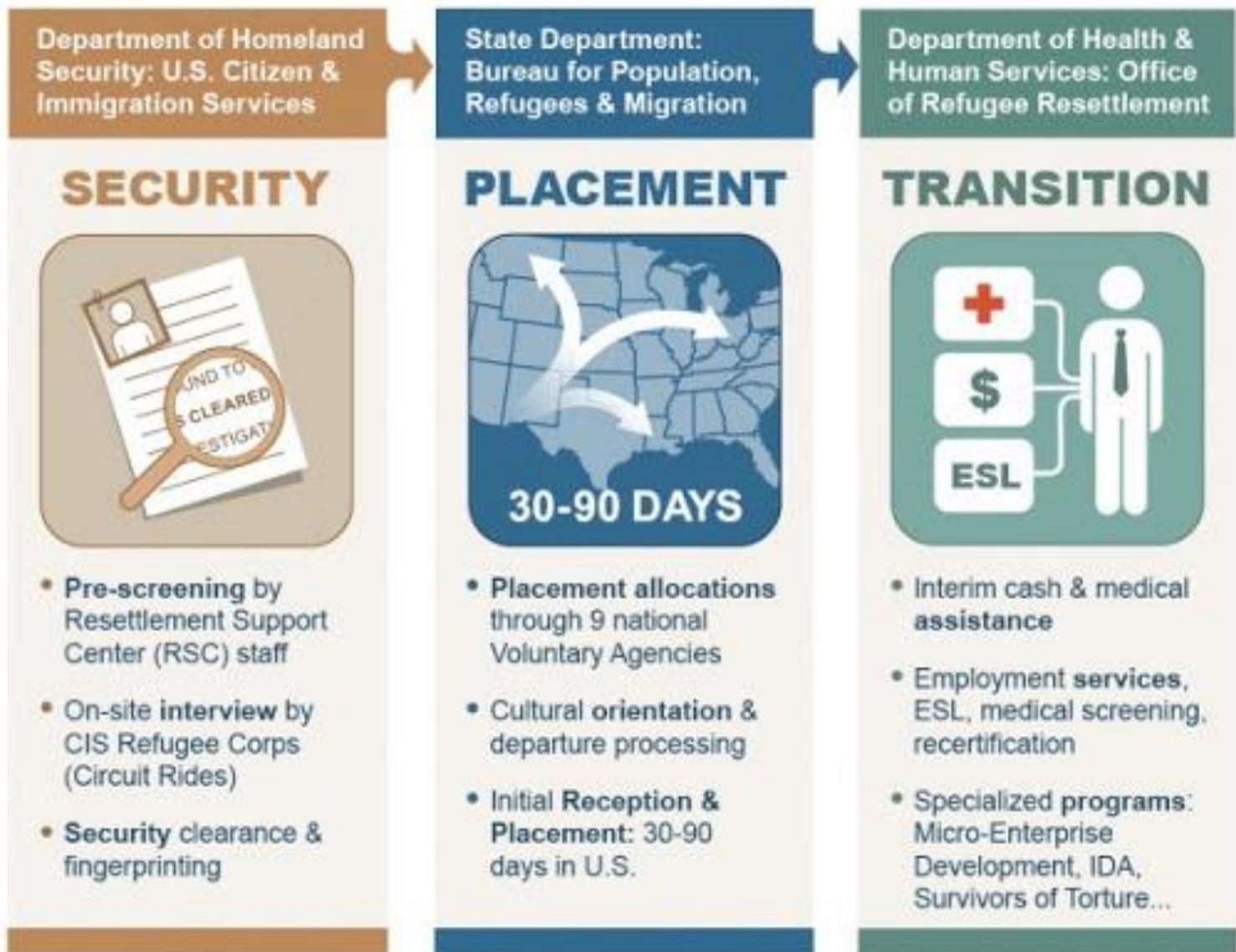
Levels of Evidence



Four kinds of evidence in evidence-based management



WHICH RESOURCES ARE THE MOST BENEFICIAL TO CIVILIANS WHO EXPERIENCE WAR?



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