

# **Carol Tiseo LMT LE MTI Licensed Esthetician, Licensed Massage Therapist, Massage Therapy Educator**

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## **Objective**

Looking to further my education to shift my business into a non profit career after having to close my Massage Therapy and Esthetic businesses due to Covid 19.

## **Employment Experience**

Current- South Lyon, MI- recently closed

### **Freelance Massage Therapist, Esthetician and Makeup Artist**

- Owned my own businesses providing these services in clients homes in the Ann Arbor/ South Lyon, MI areas
- Currently working on Theatre Bizarre's yearly event with their makeup department. I work closely with the department leads and creator John Dunivant on making sure all looks fit the esthetic of the event. I apply makeup and some prosthetics on others for theatre, bridal and event productions including all aspects of the modeling industry. I read a lot of trend magazines, use color theory to provide the right look as well as watch/practice endless you-tube tutorials to stay up on the trends.

### **Current- Executor of Estate and Trust**

- When my mother passed away in May of 2017, I became an executor of her estate. Those responsibilities are but not limited too- assist attorneys in the probate process, takes action to protect the assets of the estate, makes distributions of property to beneficiaries and pays the debts and taxes of the estate. Unfortunately we had to file criminal charges due to this probate case and I have been in litigation with is for awhile due to Covid pushing back many court appearances.

3/16- 5/17- Personal Residence in Howell MI.

### **Caregiver**

- I had to stop working in my field due to my mother getting stage 3 a lung cancer. I had to care for her full time as her radiation and chemotherapy treatments were very aggressive. I would help shop and buy groceries, prepare meals, clean her home, do laundry, assist with activities of daily living like dressing, bathing, apply makeup to hide treatments, administering medications, schedule and provide transportation to medical appointments, order and pick up medications at the drugstore, was the on call family member and would discuss the care plan and needs with the doctors and care managers.

12/14- 3/16- Dorsey Schools in Farmington Hills, MI- Campus Closed  
**Lead Massage Therapy Instructor**

- I was teaching the Therapeutic Massage Therapy program at Dorsey Schools. It is a 900 hour program consisting of Swedish, Myofascial Release, Trigger Point, Postural Release, Orthopedic and Clinical, Sports, Chair, Spa Applications and Business Techniques. The Orthopedic and Clinical Massage training extends to ROM testing, Hot/Cold therapies and applications, full pathology training for conditions, MYO/NMT/PNF techniques, clinical SOAP documentation, HIPAA, treatment care planning, gait and posture analysis.
- **Instructor-** I lecture based on what the program requires for passing the state MBLEX exam and provide direct hands on training to students in every modality listed above. I have a very strong anatomy and clinical background with my Esthetics and Massage Licenses.
- **Clinic management-** appointment taking, answering phone calls, greeting patients, light filing, taking payments, recording any information that was needed on client files, giving them the right stretch information if they requested and showed them exactly how to do it, and getting patients the appropriate ice or heat if needed.
- **Lead Instructor-** I currently oversee all operations of our student massage clinic ensuring direct hands on training of all modalities listed. I am in charge of training all instructors in the Therapeutic Massage program by giving them the right materials, making lesson plans and submitting all required information through the corporate structure. I meet with prospective students and provide student orientations- inform them on how the program runs, answer questions if needed etc. I also assist our students through the entire licensing process for the State of MI.

*\*More past work experience available upon request\**

## **Education**

**May 2021-** Degree transfer to Southern New Hampshire University to complete Bachelors degree in Business Administration with a non profit focus

**November 2019-** A to Z Grant Writing Class through Schoolcraft College 30 CEU

**July 2018-** Insurance Billing and Coding for Massage Therapists- Vivian Mahoney- 30 hr CEU

**January 2016-** Massage Instructor Certificate with Ariana Institute- 30 hr CEU training program

**August 2015-** ABMP Body Mechanics for Injury Prevention Enhanced Massage eCourse

**June 2015-** ABMP While Discovering Myofascial Release Enhanced Massage eCourse

**May 2015-** Ethics Compliance and Consequences Massage Magazine CEU eCourse and HIV/Aids What you need to know Massage Magazine eCourse

**April 2015-** “Motivational Interviewing and How it Excels Student Academic Performance” with Carol Johnstone- presented by McGraw and Hill

**March 2015-** Biohazard Waste Training, DOT Hazardous Materials Training and Hazard Communication Waste Training- Stericycle

**February 2015-** OSHA Bloodborne Pathogens

**February 2015-** Elsevier Master Teacher Development Modules Clinical and Orthopedic Massage and techniques

**January 2015-** New Teacher Orientation with Dorsey Schools

**May 2014-** Returned to Schoolcraft College- completed Associates Degree in General Studies

**February 2014-** Aveda Point of Connection Spa and Makeup by Christy West of Douglas J Aveda in Royal Oak.

**September 2013-** Advanced Brazilian Sugaring Certification by Stacey Clark of Alexandria Pro.

**June 2013-** Advanced Instructor Certification for the Look Good Feel Better Program with the American Cancer Society. This included advanced makeup training for those going through chemotherapy and radiation.

**May 2013-** Alexandria Pro Body Sugaring Certification by Stacey Clark of Alexandria Pro.

**December 2012-** Do Terra Essential Oil Product training and AromaTouch Technique- AMTA 4 CEU

**August 2012-** Pathology and the 21<sup>st</sup> century with Kathleen Palovski- AMTA 4 CEU

**August 2012-** Pathology and Nervous System Disorders with Kathleen Palovski- AMTA 4 CEU

**March 2012-** Myoskeletal Alignment with Erik Dalton- 18 AMTA CEUS

**April 2011-** Professional Esthetics and You class with Christine Schrader, Educator with Industry Source

**November 2008-** Microcirculatory Disorder Class- By Dr. Christian Jurist- Pevonia World Educator

**March 2008-** Certification Instructor Class- American Cancer Society's Look Good Feel Better Program- (where I instructed clients who have been undergoing cancer/ radiation treatments how to take care of the skin as well as hide the effects of the treatments with makeup application techniques).

**November 2007-** Hot Stone Certification- IMSTE- AMTA 17 CEU

**April 2007-** Sebastian Trucco makeup class- educator taught all types of new application techniques and styles. Offered education in selling services as well as building up retail sales.

**August 2007-** State Approved Esthetician Apprenticeship with Margo Kramar of Margo's of Northville Salon and Spa. Received State License.

**May 2007-** USUI Reiki Level Master/ Teacher- Penny Weaver

**March 2007-** USUI Reiki Level III- Penny Weaver

**November 2006-** Continuing Education in Crystology & Master Certification- Jennifer Vanderwal TAOMCHI Melody Instructor

**May 2006-** USUI Reiki Level II- Penny Weaver

**August 2004-** Myofascial Therapy Certification- Ann Arbor Institute of Massage Therapy

**Feb 2004- March 2005** - Ann Arbor Institute of Massage Therapy Massage Graduate Diploma -Ann Arbor, MI

- Swedish, Myofascial, Sports, Pre-Natal, Reflexology, La Stone and Neuromuscular Modalities. CPR and First Aid certified
- Member of the AMTA- (also have liability insurance through AMTA)

**February 2003** USUI Reiki Level I- Penny Weaver

2001-2003- Schoolcraft Community College- general studies towards associates degree

1997-2001- Franklin High School Graduate Diploma- Livonia, MI- general studies, High School Diploma

## **Volunteer Work**

I have worked in many various non profit committees and groups. Here are some of the names of the following groups...

Free Mom Hugs '17-present, Volunteer Grant Writer- Pangea Educational Development '2019- present, Avid supporter of Relay for Life of the American Cancer Society in cities- Livonia, Redford, Canton, Northville and South Lyon in various positions like volunteer, vendor and team captain from 2005-current, skin care educator with the "Look Good Feel Better" program with the American Cancer Society, New Hope Center for Grief Support- Kidz Group Facilitator, Breast Cancer Three Day, Crohns and Colitis Foundation, Northville Chamber of Commerce- Assist for various events, Hearts of Livonia, Northville Civic Concern, Livonia Goodfellows, Metro Times Blowout '07 & '08- Three Day Concert Event in Hamtramck- Plymouth Symphony, Detroit Public TV, Alzheimer's Foundation, Visitor Host & Secretary of the BLT & RBA Chapter of BNI, First Step Domestic Abuse Shelter, Secretary of the Northville Central Business Association, Moraine Elementary PTA chairperson- Family Recreation Group, Livonia Jaycees General member in '09- Secretary for Livonia Jaycees for '10 – Management Vice President for Livonia Jaycees '11 South Lyon Jaycees- '14 to Present PR and Marketing Chair, Member of Fusion Detroit Metro-Chamber, Northville Moose Club member

## **Computer Knowledge**

MS Word, MS Publisher, Printshop, MS Access, MS Excel, PowerPoint, You Tube, Facebook, Linked In, Meetup, Eventbrite

## **Personal**

## **References**

Jennifer Jennings- Long Term Friend- 734-891-6932  
Kari Mitchell- 214-918-2301