

Isabella F. Symington St. John
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Work Experience

Teaching Assistant, Human Biology, ECSU, Willimantic, Ct 08/28/2023-12/15/2023

- Assist with preparation and set-up of laboratory materials.
- Present introductory material to students at the beginning of ONE lab
- Assist students with laboratory procedures during class

Pre College-Summer Counselor, ECSU, Willimantic, Ct. 07/10/2023-08/02/2023

- Guide high school students looking to explore potential college majors during a weeklong program
- Coordinated events for participants to build stronger connections with others and Eastern staff

Student Orientation Counselor, ECSU, Willimantic, Ct 06/01/2022-09/01/2023

- Lead group activities with incoming first years at Eastern Connecticut State University
- Organized many activities for the incoming first-years
- Provided personal tours, activities, and presentations for several groups
- Monitoring and supervising groups of 14 during overnight orientation programs

Laboratory Assistant, ECSU, Willimantic, Ct 10/01/2021-05/15/2023

- Help professional staff members organize and set up lab classrooms
- Create agar and solutions for classrooms to use in the lab
- Clean and maintain glassware for ECSU's science department
- Coordinate meeting times and work schedules with other student workers

Research Assistant, ECSU, Willimantic, Ct 07/01/2022 - 08/31/2022

- Examined the effects of microgravity and space radiation on cellular senescence
- Executed proper lab skills
- Use of centrifuge, micropipettes, and other lab equipment competently
- Cared for fish species in a controlled environment

Jewelry by Bel Boutique, Online Business, Owner 12/20/2020- Present

- Design and create necklaces, rings, and earrings
- Develop and maintain an Etsy store
- Social Media Marketing
- Order and maintain supplies

Camp Counselor, Windham Tolland 4-H Camp - Pomfret Center, Ct. 06/09/2021-08/15/2021

- Conducted camp-wide activities and implemented safety protocols for large groups of children and teens

- Helped maintain cleanliness and organization by working as a team with my fellow staff members
- Organized kitchen and prepared food for the entire camp
- Kept campers, ages 5-14, organized, safe, prepared, and having fun during their stay at camp

Skills

- Working effectively and cooperatively within a small-team environment
- Strong communication and leadership skills
- Advanced knowledge of all social media platforms
- Creative thinker and reliable team player

Education

Eastern Connecticut State University, Willimantic Ct

Major- Biology

Minor- Psychology

Weighted GPA: 3.71

Currently enrolled as a Biology Major at Eastern with expected graduation in May 2025

Woodstock Academy- Woodstock Ct

Weighted GPA 3.4

Graduated June 2020

Clubs and Organizations

Eastern Habitat for Humanity Public Relations, Willimantic Ct	2022-2023
<ul style="list-style-type: none"> • Update all social media sites about upcoming events and projects • Document hire-hab's and week-long volunteer trip 	
Eastern Habitat for Humanity Secretary, Willimantic Ct	2021-2022
<ul style="list-style-type: none"> • Keep all paperwork related to the club organized • Keep all members informed • Proficiency in sending professional emails • Constant contact with faculty members 	
Eastern Outdoor Adventure Club Treasurer, Willimantic Ct	2021-2022
<ul style="list-style-type: none"> • Handled financials, vouchers, and transportation paperwork • Coordinate with other e-board members about trips and fundraisers 	
Niejadlik Hall RHA Secretary, Willimantic CT	2021-2022
<ul style="list-style-type: none"> • Coordinate events and meetings for the hall • Take informative and professional notes 	
Eastern Women in Business Treasurer, Willimantic Ct	2020-2022
<ul style="list-style-type: none"> • Handled financials • Organize fundraisers • Stay organized with paperwork 	

Awards

Helping Hand Award: Awarded for my outstanding dedication to Eastern Connecticut State University's Biology Department 05/2022

Academic Excellence Award: freshman biology major attaining the highest academic achievement 05/2021

Mead Hall Achieving Resident: received for completing the academic year as one of the top three residents with a 4.00 GPA 05/05/2021

Community Involvement

Center for Community Engagement Volunteer, Lebanon Ct 09/25/2023-12/07/2023

- Weekly volunteer at Blue Iris Farm
- Providing aid in feeding, watering, cleaning, and exercising the animals
- Run all social media while gaining knowledge of camerawork

Habitat for Humanity, North Carolina 03/14/2023-03/20/2023

- 7am to 3pm volunteer days during this weeklong opportunity with Habitat for Humanity's Collegiate Challenge
- Experience in caulking, putting up roof siding, and cutting/measuring j-channeling
- Built teamwork skills by working with the other collegiate participants

Certifications

CPR Certification 07/11/2023

First Aid Certification 07/11/2023

QPR Certification 06/2023

PADI Open Water Scientific Diving Certification, U.S. Virgin Islands 11/25/2022

Leadership Recognition

OMICRON DELTA KAPPA National Leadership Honor Society 12/15/2023

- Chosen due to my superior academic credentials and outstanding leadership activities while at Eastern Connecticut State university