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Professional and Academic Involvement and Achievements

Professional Involvement:

- National Academic Advising Association (NACADA), 2019 present NACADA is an association of professional advisors, counselors, faculty, administrators, and students working to enhance the educational development of students.
- Wisconsin College Personnel Association (WCPA), 2019 present WCPA is the premier, professional development home for higher education professionals serving students in Wisconsin.
- Wisconsin Academic Advising Association (WACADA), 2018 present
 A professional organization for academic advisors in the Wisconsin area that fosters the learning,
 networking opportunities, and growth of professionals through conferences and professional
 development opportunities.
- National Association of Student Personnel Administrators (NASPA), 2018 present A leading association that provides student affairs professionals with opportunities surrounding advancement, health, and sustainability through conferences and professional development opportunities.
 - Graduate Associate Program (GAP) IV-E Representative, 2019 2020
 An initiative to increase leadership opportunities of graduate students within NASPA.
 - NASPA Jim Rhatigan Fellowship Recipient, 2019
 A scholarship opportunity in the amount of \$1,000 for first-time attendee graduate students, to defray the costs of registration and travel to the 2019 NASPA Annual Conference. Candidates had to submit an application, resume, and short 2-3 minute video on a current hot topic in higher education. My hot topic was on the importance of intersectionality in higher education.

Professional Conferences:

- Appreciative Advising Institute, June 22 25
 - The Appreciative Advising Institute is a four-day interactive professional development experience held each summer sponsored by the Office of Appreciative Education at Florida Atlantic University. The institute was designed to teach participants the theoretical infrastructure of Appreciative Advising and to provide skills training in implementing this framework.
- Mental Health First Aider Training, Certified (exp. 02/2023), February 28, 2020 Attended a training that I received certification for on how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training provided the skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.
- NACADA Annual Conference, October 20 23, 2019
 - Annual conference that provided advising professionals with many sessions that offered updates on policies in advising, advising practices, professional development workshops, and networking opportunities. Areas that I focused on were advising underserved populations and sessions that offered support on building rapport among students.

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• WACADA Annual Conference, September 12 – 13, 2019

Annual state conference that provided advising professionals with development opportunities on coaching approaches, relationship building, and enhanced practices to ensure that students graduate in an ample time that is not prolonged due to current practices.

• Trauma Informed Interactive Workshops, April 5, 12, 26 & May 3, 2019

A four-week training surrounding the topic of trauma that provided an overview of various types of trauma, the effects of trauma, and resources to care for students who have experienced traumatic events. Various lessons and activities engaged student affairs professionals in understanding multiple root causes for various types of trauma so that professionals are more equipped to assist students through regaining control of their lives, and establishing supportive environments that can assist students through their journeys to becoming empowered.

• Latino Health Equity Summit, April 9, 2019

A community summit that surrounded the state of health for the Latinx population regarding policies, housing, mental health, and employment, with resources on how to assist this population. It was a beneficial experience as I work with underrepresented student populations, which include the Latinx population, and this information allowed for me to understand students more and possible social determinants that may affect them.

• Alverno's Community Conference, *Empowering Women*, March 29, 2019

A conference that provided keynote speakers and workshops surrounding the influential women that have made an impact in the community. It was an inspirational event as a young, female-identifying professional to hear about the stories and impacts that other successful women have made.

• NASPA 2019 Annual Conference, March 10 – 13, 2019

NASPA's annual conference provided opportunity for over 7,000 members to come together and experience a variety of professional development and networking opportunities. Sessions that I attended surrounded topics that touched on supporting first-generation students, equity and diversity on campus, access programs, and strategies for student success. I was also awarded the 2019 Jim Rhatigan Fellowship award.

• NASPA Region IV-East Annual Conference, November 11 – 13, 2018

Region IV-East consists of members located in the Upper Midwest, and this conference provided professional development opportunities and forums regarding regional topics and issues. This was a great opportunity to connect and network with fellow professionals in the region and take pieces of advice for initiatives that other institutions were implementing.

• WACADA Annual Conference, September 13 – 14, 2018

An annual conference that provided professional development sessions surrounding topics like intersectionality and establish what advising truly consists of. This conference was very beneficial for me as a new professional seeking to pursue a career in advising. It was a great opportunity to connect with local and statewide professionals and learn new concepts, such as intersectionality.

Campus Involvement:

• UWM Association of Student Affairs Professionals (ASAP), 2018 – 2020 (Member & Professional Development Coordinator, 2018 – 2020)

This student organization fosters a community among undergraduate and graduate students interested in careers in student affairs and/or higher education. ASAP aims to empower its members, promote academic excellence, and support members' roles as current and future practitioners.

Information presented from this point on was experienced at Alverno College

• Assessor, September, 2016 – May, 2018

As an assessor, I observed students' performances in a simulated discussion and provided her feedback based off of a set of criteria, and determined her passing of the assessment. I participated in 3-4 assessment a year.

- Short-term Study Abroad, Costa Rica, May 23, 2016 June 2, 2016
 A short-term study abroad opportunity to Costa Rica provided a learning experience about the sustainability and intercultural communication practices of the country.
- Co-Curricular Fair Open House, November 14, 2015

Represented the Alverno SHRM student group at the open house for high school, transfer students, and their families. This opportunity provided students and families with an insight on the potential student organization opportunities for students to be involved in on campus. I spoke about the benefits of joining SHRM, such as events, workshops, and networking opportunities.

• Speaker at the Promise Scholar Dinner Reception, October 27, 2015

I had the honor of speaking at the Promise Scholar dinner reception to discuss my journey during my time at Alverno, as well as the experiences that I had being a first-generation college student receiving assistance from the Promise Scholar Program.

• **2015 Vanguard Summit, 2015**

Joined Vanguard Society members, Alverno staff, alumnae, and students for an opportunity to share students' leadership and career experiences, and explore ways of how the Vanguard Society can enhance students' opportunities.

• Orientation Facilitator, July 31, 2015

Presented information about the study abroad opportunities offered at Alverno and my experiences on my trip to China to groups of prospective students.

• **Short-term Study Abroad, China,** May 25, 2015 – June 7, 2015 A short-term study abroad opportunity to China provided a learning experience about the art and religion of the country.

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Participant in Sociology Major Video, April 22, 2015

Participated in a marketing video to provide insight from a student's perspective in the sociology major for the sociology department's webpage.

Mission Diversity, Member, 2015

Mission Diversity was a newly established Alverno student organization that had a goal to embrace diversity by sharing cultures' customs and traditions and organizing events to inform the Alverno community about diversification, and to build a connection with international students.

Communications Coach for Spring Career Fair, March 18, 2015

Assisted students with preparation and advice on their professional interactions with potential employers at a career fair. Topics discussed included firm handshakes, maintaining eye contact, appropriate apparel, and key professional documents to have on hand.

Dress to Impress for Less Coordinator and Participant, 2014 – 2016

Participated in a business fashion show, showcasing how students can find great gently used, affordable clothing to be used for interviews, work days, and other events.

Alverno's Boo Bash Event, October 25, 2014

Maintained the coloring book table for Alverno SHRM at the event. Families came to engage in artistic activities for Halloween.

Student Ambassador, 2014 – 2015

o Grand Opening of the Commons, September 29 & October 3, 2014, & Alexia Hall, October 10, 2015

Provided a warm welcome and big thank you to the supporters and donors of Alverno that helped create the new Commons and Alexia Hall.

Student Participant in the selection of Dean of Students, May 5, 2014

Recommended to be a participant in the student interviewing process for selecting the new Dean of Students. I prepared interview questions for the candidate from a student's perspective to gain further information about their background and fit for the Alverno community.

Alverno World of Languages Club Member, 2014

(Secretary/Treasurer)

Informed the Alverno community about the opportunity to experience cultures different than their own by having guest speakers, presentations of cultures, food, music, artifacts, and language lessons from those cultures. I specifically worked on the budget of the organization and performed secretarial duties, such as taking minutes and distributing communications.

Alverno SHRM Member, 2014 – 2016

(2014 – 2016 Vice President)

I was the Vice President for Alverno's SHRM group. This student organization provided opportunities for students to attend events, such as networking events and workshops, to gain information and resources about the Human Resources field, and find a potential path to pursue as a career.

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Alverno Circle K Member, 2013 – 2016 (2014 – 2015 Vice President)

This student organization focused on three tenets: Service, Leadership, and Fellowship. I have engaged in a variety of service projects from fundraising to card-making for the elderly to cleaning a camp for children of disabilities in Wisconsin Dells. I became the 2014 – 15 Vice President and assisted with the oversight of the organization and coordinated service projects for the Alverno Community, such as Habitat ReStore, Family Feud Night, Lip Sync Off, and many more.

• Academic Tutor, 2013 – 2016

I was an academic tutor for business, communications, Spanish, English, and psychology courses by providing assistance to students who have had struggles within these courses and could use some assistance on understanding the information and preparing for assessments.

• Volunteer for Global Union, 2013 – 2015

Global Union is a free festival of world music and culture hosted by Alverno.

- Security, September 13, 2014 & September 19, 2015
 Ensured that the entrances to the backstage area were secured so that the public did not enter areas that were prohibited to public access.
- Hospitality, September 21, 2013
 Provided hospitality to the bands by refreshing their food and drinks, cleaning the dressing rooms for the next acts, and ensuring that the bands were comfortable.

• Peer Advisor, 2013

Volunteered to peer advise 14 incoming students by welcoming them to the start of a new experience, and guided them throughout their first semester. I ensured that students felt welcomed and comfortable, remembered important deadlines, received answers to all of their questions, and had an established connection with someone that they could reach out to.

• Orientation Leader, 2013

Welcomed new students during summer and spring orientations. Twelve to fifteen students were assigned to me to take on a tour, provide an overview of the Alverno atmosphere, answer their questions and concerns, and provide a comfortable start to their new experience.

• Representative for Alverno's Meeting with CREDO Team, May 12, 2013

Recommended to speak with representatives from CREDO about the best practices at Alverno and provided a student's perspective on experiences on campus.

• Alverno Community Day Volunteer, 2013 – 2015

- Salvation Army and Children's Hospital site, April 22, 2015
 Designed and filled snack bags for the Salvation Army and assembled fun packages for Children's Hospital with coloring books, books, crayons, and bookmarks.
- Face to Face site, April 9, 2014
 Discussed topics about issues faced by different ethnicities, cultures, and personal experiences, so that all participants could get a well-rounded understanding of others in a safe environment.

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o Crafting for Africa site, April 17, 2013

Created jewelry from an assortment African beads to be sold at a fundraising event to raise money for computers to be sent to students in Cameroon, Africa.

• Promise Scholar Recipient, 2012 – 2016

Recipient of a program that assisted first-generation college students throughout their college journey by providing additional support, such as academic, professional, and financial guidance, wellness opportunities, and regular status meetings.

• Student Office Assistant for the School of Business, 2012 – 2013

Performed duties in the School of Business as a Student Office Assistant for the business professors. I assisted with the preparation of classes, logistics for events, and the completion of smaller projects.

Community Involvement:

• Healthy Youth Committee Member, 2017 – present

The Healthy Youth initiative is United Way's focused approach to improving the health young people of all genders and their families in our community by preventing teen pregnancy, sexual violence, and victimization.

• Empowering Latinos Volunteer, 2013 – 2016

Volunteered at the Hispanic Chamber of Commerce's program, Empowering Latinos, by tutoring predominantly Spanish-speaking individuals on the English language for the advancement of their communication channels, such as writing, reading, speaking, and listening.

• Habitat ReStore Volunteer, 2013 – 2015

Volunteered at the East and West locations of Milwaukee's Habitat ReStores by helping to redecorate displays of furniture and placing donations on the floor in the appropriate sections.

• Election Officer, 2012 – 2014

Began as an Election Officer with the Alverno team in 2012 and had continued to volunteer after at various locations around Milwaukee as a greeter, registrar, and check in assistant for election days.

Achievements:

- Member, Phi Kappa Phi Honor Society, present
- Member, Pi Lambda Theta Honor Society, present
- Graduate Associate Program (GAP) IV-E Representative, 2019 2020
- 2019 NASPA Jim Rhatigan Fellowship, 2019
- UWM ASAP E-board, Program Coordinator, 2018 2020
- Undergraduate Graduation with Honors, 2016
- Student Speaker Nomination, 2016
- **Doherty Scholar Recipient,** 2015 2016
- Vice President for Alverno SHRM, 2014 2016
- Vice President for Alverno Circle K, 2014 2015
- Secretary/Treasurer for Alverno World of Languages Club, 2014
- Academic Tutor Recommendations, 2013 2015
 - o Fiction into Film, SP 2015
 - o Life Span Development, FA 2014
 - o Intro to Spanish, SP 2014
 - o Mathematical Connections, FA 2013
 - o Intro to Accounting, SP 2013

Certificates

- Empowering Latinos Volunteer Certificate, 2013 2016
- o Peer Advisor Certificate, 2013
- Promise Scholar Recipient, 2012 2016
- Salutatorian of High School Class, 2012

Scholarships:

- Robert E. Gallegos Scholarship Fund, 2019
- WETA Scholarship, 2015
- Alverno Promise Scholar Scholarship, 2015
- Linda Michael Scheible Scholarship for Social Science Students, 2015
- Northwestern Mutual Foundation Neighborhood Scholarship, 2014 2016
- Hispanic Scholarship Fund Scholarship, 2013, 2014
- Alverno Academic Scholarship Sister Joel Read Scholarship, 2012
- Wisconsin Academic Excellence Scholarship, 2012
- American Association of University Women, 2012