

MORGAN MAYS

mmays16@su.edu

EDUCATION

Bachelor of Science in Exercise Science
Minors in Dance, Biology, and Physiology
Shenandoah University (SU) | Winchester, VA

May 2020
GPA: 3.985

Hereford High School | Parkton, MD

June 2017

WORK EXPERIENCE

Talbots Outlet – Cockeysville, MD
Sales Associate

May 2019 – Present

- Assisted customers with their fashion choices
- Operated the cash register and answered phone calls
- Developed customer service and communication skills

Arts and Sciences Office – SU: Winchester, VA
Work Study Office Assistant

August 2018 – Present

- Provided comprehensive support for senior level staff
- Developed customer service and organizational skills
- Answered phone calls and performed typical office work

PRO Motion Physical Therapy – Winchester, VA
Physical Therapy Intern (SU Practicum)

January – April 2019

- Observed and learned about the profession of Physical Therapy and patient care
- Quickly developed professional interpersonal relationships with patients
- Communicated effectively with supervising Physical Therapist

Dance Party Instructor – SU: Winchester, VA
Fitness Class Instructor

May 2018 – Present

- Taught fitness classes to a variety of people each week during the semester
- Choreographed routines, made playlists, and led each class

EMpowered Dance – Phoenix, MD
Dance Teacher

June 2015 – May 2017

- Taught and choreographed classes in ballet, tap, jazz, and lyrical dance
- Stressed correct anatomical alignment to prevent injuries

CERTIFICATIONS

CPR/AED: American Heart Association (expires November 2020)
Dance Party Instructor
CITI Training Student Class Projects Certification

HONORS and ACTIVITIES

Alpha Chi Honor Society
Alpha Lambda Delta Honor Society
Omicron Delta Kappa Honor Society
VFIC Women's Leadership Development Summit Attendee
Dean's List and President's List all semesters at SU
Research Assistant for Dr. Barry Parker
Tutor for French, Dance Kinesiology, and Structural Kinesiology
Health and Life Science Club Member
Mentor in Exercise Science mentorship program
Exercise Science Professor Candidate Selection Committee
Welcome Team at Lifehouse Shenandoah
Mason Dixon Baptist Church annual summer mission trips