



CONNOR CRUICKSHANK

ccruickshank98@hotmail.com | (416) 809-4887 | 2 Baybrook Road, Brampton, Ontario L7A 1K4

Summary

I am a positive, hard-working and reliable individual that is eager to learn. My goal is to work in a team environment that allows for growth, while enhancing my knowledge and expertise.

Skills

- Verbal and written communication
- Problem solving
- Public speaking
- Orientating and training
- Leadership
- Microsoft Word, Excel, PowerPoint
- Resilience
- Interpersonal skills
- Compliance with Health & Safety procedures
- Team building
- Detail-orientation
- Time management

Work Related Experience

Beer Assembler

03/2018 – Current

The Beer Sore Warehouse | Brampton, ON

- Verifying accurate quantities of components.
- Following and maintaining store policies and procedures.
- Transporting goods between multiple locations at a time.
- Lifting <150 lbs. worth of product within complex spaces.
- Communicating with customers to ensure satisfaction of delivery.
- Completed all online training.
- Successfully organizing and meeting deadlines for each delivery.
- Maintain cleanliness and professionalism.

Lawn Maintenance (Seasonal)

06/2017 – 08/2017

Terrier Landscaping | Brampton, ON

- Provide lawn-care services to clients.
- Calculated charges and collected payments.
- Completed all online training.
- Kept up-to-date with clients at appropriate intervals to respond to any questions or requests.
- Completed opening and closing duties set to standards.
- Lifting and transporting heavy components back-and-forth.
- Operating tools and machinery relevant to landscaping maintenance.
- Performed other manual duties to clean and maintain landscaped environments.

Window Washer

06/2015 - 08/2017

Clear Intentions | Brampton, ON

- Performed job under tight timeframes.
- Maintained safe environment while working at extreme heights.
- Developed strong problem-solving skills while cleaning hard-to-access windows.
- Ability to balance attention to detail with speed.
- Ensure customer satisfaction.

Maintenance

09/2014 - 05/2016

Mills Athletic Center | Millbrook, NY

- Performed cleaning duties like mopping and dusting.
- Documented and administered minor fixes/ replacements.
- Regularly monitored control panels and electrical wiring.
- Maintained yard-work such as mowing grass, collecting trash, etc.
- Worked alongside other team members and professionals during renovations.

Hockey Instructor

06/2013 - 09/2014

St. Peters ACHS College | Amherstburg, ON

- Consistently complied with arena regulations and policies.
- Supervised
- Ensured safety 1st and accident prevention.
- Routinely completed safety update training and ensured all patrons followed safety standards.
- Kept watch over players to ensure fast response when distress situations arose.

Education and Training**Bachelor Degree:** Business Management - Major in Business, Minor in Communications

2019-2023

State University of New York | Potsdam, NY

High School Diploma

2014-2017

Millbrook Prep School | Millbrook, NY

Awards & Achievements

- **Triple 'A' Hockey/ Prep School/ Junior 'A'**

Played Triple 'A' for 4 years:

- Toronto Nationals (2010-2011)
- Don Mills Flyers (2011-2012)
- North York Rangers (2012-2014)
- Millbrook Prep School (2014-2017)
 - Team Captain (2016-2017)
- Mississauga Chargers; OJHL (2017-2019)
- Potsdam Bears (2019-2023)

- **Presidents List**

Was placed on list for freshman and sophomore year at State University of New York.

- **Honor Role**

Was placed on list for junior and senior year at Millbrook Prep School.

- **Coaches Award**

BVH – Millbrook Prep School (2016-2017)

- **OHF/ GTHL Championship**

OHF/ GTHL Pee wee Double 'A' Champions

- **Principles Award**

Was awarded in 2012 from St. Rita Elementary School, Brampton, ON.

- **Athlete of The Year**

Was awarded in 2012 from St. Rita Elementary School, Brampton, ON.

Volunteer Experience

- Millbrook Junior Breast Cancer Awareness (JBCA) – Ambassador (2014-2017)
- Powerade Center Score Keeping – Scorekeeper (2012)
- ACHS Hockey School – Team member (2010-2012)