Russell Cook

EDUCATION

Seton Hall University, South Orange, NJ Expected 05/2023

Academy for Allied Health Sciences, Scotch Plains, NJ

9/8/15-6/20/19

Graduated with Unweighted QPA: 95.034/100

Union County College, Plainfield, NJ

7/10/18-8/16/18

Emergency Medical Technician Training Program

EXPERIENCE

Springfield First Aid Squad, Springfield, NJ

Volunteer EMT 9/1/18-Present

- Respond to 911 calls, assess and document patient conditions, and provide first aid treatment
- Lead community health fairs to educate town residents in first aid protocols

Cadet Corps Volunteer 4/10/18-9/1/18

- Collaborated with emergency medical technicians (EMTs) in providing prehospital patient care, such as taking vital signs and documenting patient conditions
- Achieved CPR certification at the basic life support (BLS) level

Overlook Medical Center, Summit, NJ

6/1/16-Present

Hospital Volunteer

- Transport patients to over 45 different treatment centers to receive medical treatment
- Retrieve and expedite the distribution of telemonitors, lab specimens, and medical records
- Support physicians, nurses, and other healthcare professionals to improve patient care
- Teach new volunteers how to perform necessary tasks

Academy for Allied Health Sciences, Scotch Plains, NJ

9/14/15-6/20/19

Health Occupations Students of America (HOSA)- Public Relations Chair

- Directed and coordinated competition requirements, meeting dates, charity fundraisers, and weekly announcements with HOSA council and student body
- Oversaw creation of new first aid kit fundraising event

Red Cross Club- Peer Connections Chair

- Oversaw the creation of Red Cross Club branch under HOSA
- Headed the weekly announcements, meeting dates, and charity fundraisers
- Planned and promoted American Red Cross blood drive

National Honor Society- Secretary

 Managed the Valerie Fund Toy Drive, wrote up agendas for meetings, and tutored students in sciences, such as AP Biology and AP Chemistry

Relay for Life- Co-Captain

• Organized and led fundraising events, raising \$5,850 for American Cancer Society with team

Student Government- Public Service Committee Chair

Implemented several community service events, most notably developing a volleyball tournament fundraiser for Butterflies, a
voluntary organization to educate and convey life skills to vulnerable groups in New Delhi, India

Kent Place Summer Camp, Summit, NJ

7/6/17-8/24/17

Assistant Tennis Instructor

Taught elementary and middle school children tennis lessons through interactive games and instruction

HONORS AND AWARDS

•	AP Scholar with Distinction	9/19/19
•	High Honor Roll in Academy for Allied Health Sciences all four years	9/14/15-6/20/19
•	Seton Hall University Murray Merit Scholarship Recipient	1/10/19
•	Seton Hall University Academic Merit Scholarship Recipient	11/12/18
•	National Merit Commended Scholar	9/6/18
•	1st place in Creative Problem Solving in HOSA at State and International Leadership Conference	6/29/18
•	National Spanish Examination Honors Level Recipient	5/10/18
•	Recognized as Outstanding Delegate at New Jersey Youth and Government Conference	3/3/18
•	3rd place in HOSA Bowl at State and top 26 at International Leadership Conference	6/23/17