847-704-0424

HARRISONBURG, VA 22801

emilyfry2001@gmail.com

SUMMARY OF SKILLS

- Proficient in conversational Spanish and ASL to communicate with diverse populations.
- Recognizes the potential and accomplishments of others and encourages growth.
- Values other's opinions and is able to work collaboratively with a team.
- → Displays desire, compassion, and a positive attitude to learn effectively in diverse situations.

FDUCATION

JAMES MADISON UNIVERSITY — HARRISONBURG, VA

Bachelor of Arts, Communication Sciences and Disorders

Minor: Exceptional Education

Dean's List: Fall 2021, Spring 2022

Anticipated: MAY 2023

RELATED EXPERIENCE

GOOD SHEPHERD SCHOOL AND DAYCARE (HARRISONBURG, VA)

NOV 2021-PRESENT

Teach Assistant; Ages 1-12; Neurotypical Population

- Collaborate with the assigned teacher to prepare activities to support play skills, social-emotional development, communication skills, and motor development.
- Implement play-based strategies and child-directed speech to enhance interactions with teachers and peers.

RESEARCH EXPERIENCE AND PRESENTATIONS

JAMES MADISON UNIVERSITY (HARRISONBURG, VA)

AUG 2022-PRESENT

Research Assistant; Supervisor Dr. Lincoln Gray

Title "Effects of Genetic Differences in Mice on Hearing and Vocalizations"

Record data of specific instructions provided to mice, for the mouse model of autism.

COMMUNITY INVOLVEMENT

JAMES MADISON UNIVERSITY (HARRISONBURG, VA)

AUG 2021-SEP 2021

First Year Orientation Guide

- Collaborated with a partner, 10+ student orientation guides, and advisor to plan interactive and introductory activities.
- Led a group of 35+ first year students with professionalism, determination, and kindness through college transition before and during their first year.

LEADERSHIP

DELIGHT MINISTRIES (HARRISONBURG, VA)

2022-PRESENT

Service Event Coordinator/ Student Leader

• Enhance the spiritual lives of college women through coordinating service events to work together as a team and to help the community.

MAKE YOUR MARK ON MADISON (HARRISONBURG, VA)

2021-PRESENT

Leadership Counselor

Increase personal and group leadership skills by training and mentoring new student leaders.

PROFESSIONAL EXPERIENCE

HORIZONS EDGE SPORTS CAMPUS (HARRISONBURG, VA)

FEB 2021-NOV 2021

Team Member/ Camp Counselor

- Modeled and encouraged a positive attitude, kind behavior, and proactive participation amongst campers that supported the development of a secure and fun camp experience.
- Enforced safety through training and maintaining high expectations for using climbing equipment.

TEXAS ROADHOUSE (CHARLOTTESVILLE, VA)

JUN 2016-AUG 2020

Server/Host

- Predicted the client's needs and wants while demonstrating ambition, empathy, and patience resulting in increased sales and customer satisfaction.
- Maintained flexibility and organization to increase efficiency of staff.

CERTIFICATIONS AND ORGANIZATIONS

> Make Your Mark On Madison, Participant

> Delight Ministries, Member

> National Student Speech-Language-Hearing Association, Member

> Give Volunteers, Member

> CPR Certification, Armstrong Unlimited

> Gamma Sigma Sigma Service Sorority, Member

2021-PRESENT 2019-PRESENT 2019-PRESENT

2019-PRESENT 2021-2022

2021

2019-2021

I am not proud of my GPA and I am hoping to give some explanation. Throughout the first two years of my undergraduate career, my mental health was on a decline. I was dealing with a lot of family issues and struggled to balance that and my academics. My estranged father was attempting to come back into my life, my little brother was having disciplinary issues at school, and my sister had suffered a stroke and miscarriage due to a severe epileptic seizure. The pandemic did not help with this at all, and once my grandfather passed everything got worse. Since my family is very small, this put a huge toll on me. Having all of this going on whilst trying to maintain good academic standing was a lot to carry. I then hit the lowest point in my life. As you may eventually see in my background check, I was convicted of a driving under the influence (DUI) misdemeanor in May of 2021. I feel it is important that I disclose this so that I can explain the circumstances and what I have learned from it. The night of the incident I was at a get-together with friends where we had consumed alcohol. Once I had left the event and was alone at home, I had spiraled into some dark thoughts. Since I was already so depressed, drinking alcohol just made everything worse. I got in my car and totaled it in an attempt to end my life. Looking back, I was not in my right mind when all of this happened. After discussing this with my therapist, we concluded that I was having a bipolar episode. When the crash occurred, my blood alcohol content was at the point where it is considered a DUI. Although I was experiencing a mental health crisis, I take full responsibility for this and there are no excuses for my actions. I always have and always will be against drinking and driving. I thank God everyday that I did not harm anyone else and that I survived this. This event is the biggest regret of my life, yet how I have grown from it is immense. I am now very in control of my mental health through medication and therapy, as I have worked through all of the things that caused me to hit rock bottom. I was also ordered to take an alcohol safety class that taught me about proper drinking habits and helped me reflect on my drinking habits prior to this event. I am now very self-aware when it comes to consumption of alcohol, and I am positive that I will only engage in safe drinking manners for the rest of my life. Even though I may have to work harder than others to succeed, I am now very driven to do so because I almost lost it all, my life. As reflected in my transcript, after this event my academics as well as my extracurriculars became my top priority. I have strived for excellence ever since because I recognize that it is a privilege to live the life that I do, and I believe that I demonstrate that by taking advantage of every opportunity given to me. I may not ever get over the guilt and shame of my conviction, but I am forever changed by it through humility and intentionality.