

Park Nicollet Foundation 2018 Impact Report



Park Nicollet Foundation works to improve the health and well-being of patients, families and communities through partnerships and philanthropy.

Volunteer Services

As a part of Park Nicollet Foundation, Volunteer Services is a diverse volunteer force that enhances patient care across all of Park Nicollet Health Services. Volunteer Services provides opportunities for individuals to put their skills to work by giving back to our community. Volunteers are vital to our mission of improving health and well-being of our patients, family and community. Our volunteers enhance the patient and family experience by helping thousands of people across Park Nicollet clinics, specialty centers and Methodist Hospital.

You Make it Happen

Student Nurses Find Value in Volunteering



As a new nursing student, Susanne attended an orientation session on a volunteer requirement with the Park Nicollet Methodist Hospital Elder Life Program (HELP). In an instant, she was hooked. “I just thought, wow, this is so important,” said Susanne.

HELP program volunteers visit patients in Methodist Hospital to help prevent delirium and loss of cognitive function in patients over the age of 70. In 2018, 226 HELP volunteers visited 1,330 patients, helping to ensure that 98% of them maintained their cognitive status.

“We have a list of key things that we look for – symptoms of dehydration, nutrition, vision and hearing loss – all things that can make a person more susceptible to delirium,” said Susanne. “We are an extra set of eyes to help support the hospital nursing staff. I just feel so good when I go home. HELP gives me an immediate way to see how my future work as a nurse will truly make a difference. It is so motivating.”

Susanne graduated from the Normandale Community College nursing program in May and is now working toward a 4-year degree in nursing.

“The HELP program has been pivotal in getting me out of my shell and exposing me to a career in health care,” said Susanne. “It has really allowed me a place to do good while exploring what my interests are and what direction I would like to go in with my nursing career.”

 **1,582**
VOLUNTEERS

 **105,674**
HOURS OF SUPPORT
PROVIDED BY VOLUNTEERS

 **\$2.6**
MILLION VALUE OF SUPPORT
PROVIDED BY VOLUNTEERS

Thank you to all of our dedicated, generous and compassionate volunteers and partners who give hope, care and inspiration to thousands of people in our community!

2018 Highlights

Patient & Family Experience

- Volunteers supported 86 departments across Park Nicollet Health Services.
- 109 Park Nicollet Patient Partners participated on 19 Park Nicollet clinic, specialty center and hospital patient advisory committees to provide input into the patient experience and care delivery.
- 3,674 hand-crafted items were donated to provide care and comfort to patients. Items included quilts, prayer shawls, caps for patients receiving chemotherapy, and hats for newborns.
- Early Bird Volunteers delivered 61,800 newspapers and warm towels first thing in the morning to give patients at Methodist Hospital an extra special start to their day.
- 31 canine volunteers provided 828 hours of support to patients at Fraushuh Cancer Center, Melrose Center, Methodist Hospital, Heart and Vascular Center and clinics in Chanhassen, Maple Grove, Plymouth and St. Louis Park.
- 63 volunteers provided 14,730 hours of support to patients with cancer and their families.
- 13 volunteers provided 992 hours of care in the new Fraushuh Cancer Center first-floor expansion space.

Community Partnerships

- Park Nicollet Methodist Hospital Service League granted 21 scholarships to exemplary high school students who are also Park Nicollet Foundation Volunteers.
- 96 volunteers provided 7,870 hours of compassionate support to Park Nicollet Methodist Hospital Hospice patients across our community in their homes or residential care facilities.

Research & Innovation

- Our volunteer doula program for mothers in childbirth at Methodist Hospital Family Birth Center has seen huge growth. 26 volunteer doulas provided 954 hours of care and support.
- Our Eleventh Hour Companions comforted 8 patients with no family to ensure they were not alone at end of life.
- 14 volunteers provided 1,566 peer visits to cardiac patients and their families, bringing knowledge and insights from their own experiences with open-heart surgery.

Development & Special Events

- 280 volunteers contributed their time and talent to make more than six special events a success, including the Park Nicollet Foundation Spotlight Gala, Struthers Parkinson's Center Golf and Bridge Challenge, Step to INSPIRE benefitting Stroke INSPIRE, Be Pink Wayzata benefitting Jane Brattain Breast Center and many more.
- 75 passionate community members helped extend and build awareness of our mission to improve the health and well-being of people in our community.

To learn more about the impact of your support visit parknicollet.com/foundationimpact



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