

Maria Carpenter
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CAREER OBJECTIVE

Recent nursing graduate striving to obtain a Registered Nurse position where my extensive knowledge and experience in patient-centered care, calm disposition, and communication skills will support a hospital health system in providing compassionate and quality care to all.

EDUCATION

Bachelor of Science in Nursing Degree

New York Institute of Technology
May 2021

- Presidential Honor List – Fall 2021
- Presidential Honor List – Spring 2020
- Dean's Honor List – Fall 2019
- Dean's Honor List – Spring 2019

Associate in Liberal Arts Degree

Nassau Community College
May 2018

CAPSTONE CLINICAL PLACEMENT EXPERIENCE

Surgical Critical Care

Good Samaritan Hospital, West Islip, NY
February 2021 – April 2021

- Provided skillful and purposeful care to a culturally and medically diverse group of patients in a 16-bed unit
- Assessed, administered medication, including but not limited to intramuscular, intravenous injections/therapy, sliding-scale insulin, documented progress, and managed overall care for highly acute and critical patients
- Implemented seizure precautions, infection control, and fall prevention measures
- Collaborated with interdisciplinary team including, but not limited to, attending physicians, registered nurses, and ancillary staff to optimize patient outcomes and satisfaction
- Independently educated patients and families on aspects of medical procedures, disease processes, and therapeutic regimens, including medication and pain management techniques
- Implemented bedside shift report in an organized manner to ensure effective and successful communication and continuity of care
- Effectively assisted in reducing the anxiety of patients by calmly facilitating distraction and encouraging deep breathing until appropriate interventions were initiated by the healthcare team
- Advocated for and built meaningful relationships with patients and their loved ones through safety interventions, emotional support, and education
- Developed clinical skill in including, but not limited to, continuous renal replacement therapy, surgery preparation, bedside monitoring of sedated and intubated patients, managing blood glucose levels, removing wound dressings, irrigating ulcers, packing ulcers, and applying new dressings to stage one through four wounds
- Accurately provided and managed supplemental nutrition therapy and BiPAP therapy while also ensuring client dignity and satisfaction
- Used leadership skills/clinical judgment in coordinating patient care and directing/delegating activities to members of the patient care team

ADDITIONAL CLINICAL EXPERIENCE

Mental Health

Zucker Hillside Hospital, Glen Oaks, NY

March 2021 – May 2021

- Provided direct psychiatric care to patients, including one-to-one care; assessment and documentation of mental status; and assisted patients in identifying protective factors, short- and long-term goals, and discharge plans
- Exercised clinical judgment when handling psychiatric emergencies and gained confidence in de-escalating difficult situations
- Assessed patients coping mechanism, knowledge level, and ability to comprehend, and identified cultural/ethnic requirements to reduce anxiety and ensure patient satisfaction

Community Health

Union Community Health Center, Bronx, NY

September 2020 – December 2020

- Conducted one-on-one interviews with clients and collected demographic information on low-income Bronx residents to perform a needs assessment of the community
- Collaborated with WIC and SNAP to provide improved access of community resources to low-income individuals
- Provided community health education to improved access to health services including, but not limited to, breast, cervical, and colorectal cancer screening, and childhood/adult immunization
- Successfully delivered attentive, kind, and professional healthcare services and education that enabled seniors to remain independent in their own home

Pediatrics

Bellevue Hospital, New York, NY

November 2020 – December 2020

- Collaborated with family members and the healthcare team to provide holistic care that supported health patterns and needs of the client
- Implemented age specific plan of care for a pediatric group of patients using the nursing process of assessment, diagnosis, outcome identification, planning, implementation, and evaluation of patient care.
- Identified patient's need for teaching based on psychosocial and developmental assessment

Maternity/OB

Nassau University Medical Center, East Meadow, NY

September 2020 – October 2020

- Provided direct quality care such as assessing and monitoring vital signs, administering medication under supervision, aiding with bathing, providing comfort during periods of anxiety and distress
- Developed clinical skill in performing physical assessment and patient care during antepartum, intrapartum, and postpartum period
- Accurately interpreted and implemented treatment regimen as prescribed by the medical team

Medical Surgical

Mount Sinai- South Nassau Hospital, Oceanside, NY

February 2020 – May 2020

- Advised and collaborated with members of the healthcare team on trends and the changing needs of clients that impacted the effectiveness of care and service delivery and warranted adjustments to the care plan
- Attended to activities of daily living including hygiene, feeding, toileting, range of motion exercises, and transferring
- Collaborated with family members and the healthcare team to provide holistic care that supported health patterns and needs of the client

- Provided direct quality care including performing physical and health assessments, assessing, and monitoring vital signs, administering medication under supervision, and provided education/discharge instructions to patient and significant other
- Identified care activities and established the priorities necessary to achieve expected outcome

Medical Surgical

North Shore University Hospital, Manhasset, NY

October 2019 – December 2019

- Collaborated with family members and the healthcare team to provide holistic care that supported health patterns and needs of the client
- Attended to activities of daily living including hygiene, feeding, toileting, range of motion exercises, and transferring
- Performed physical and health assessments, and provided patient education related to drug and food interactions and explanation of medical condition
- Monitored and managed patient's responses to medical and nursing interventions
- Implemented warm and cold compress therapy, consistent with facility procedure

WORK EXPERIENCE

Medical Biller

KinderKare, Garden City, NY

June 2005 – July 2015

- Electronically and manually billed New York State for therapies provided by the company
- Trained and managed new employees in all aspects of the company's standards and policies
- Opened communication channels between clients and therapists
- Completed tasks within company deadlines
- Actively participated in unit-based Quality Assurance Program
- Implemented sound, ethical, and independent decision-making skills consistent with medical protocols
- Collaborated with coworkers to establish rapport with patients and company employees

MEMBERSHIPS AND CERTIFICATIONS

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| • Addressing Health Equity: A Public Health Essential Workshop | <i>January 2021</i> |
| • Emergency Medical Response Awareness for CBRNE Incidents Workshop | <i>January 2021</i> |
| • Exploring Cross-Cultural Communication Workshop | <i>January 2021</i> |
| • Personal Protective Equipment Considerations for Infectious Agents Workshop | <i>January 2021</i> |
| • Response Considerations During an Outbreak or Pandemic Workshop | <i>January 2021</i> |
| • Workforce Safety N95 Respirator Workshop | <i>September 2020</i> |
| • Child Abuse Workshop | <i>February 2019</i> |
| • HIPPA Compliance Workshop | <i>February 2019</i> |
| • Infection Control Workshop | <i>February 2019</i> |
| • Narcan/Naloxone Workshop | <i>April 2019</i> |
| • Basic Cardiac Life Support | <i>September 2016</i> |
| • Nurses Association Of The Countries Of Long Island Member | <i>February 2021</i> |
| • President of the Mary E Mahoney Nursing Club | <i>September 2020</i> |
| • Student Nurses Association Member | <i>April 2019</i> |
| • Nassau Medical Reserve Corp Member | <i>September 2016</i> |