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Kathryn Laughlin

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Objective

To obtain a position that will strengthen my knowledge and abilities, while building exceptional patient care skills.

Education

Springfield College, Springfield, MA
Bachelor of Health Science/ Pre -Occupational Therapy
Trustee Scholarship
Expected graduation May 2022

East Longmeadow High School, East Longmeadow, MA
Sunter Scholarship, Mossie and Kathleen Murphy Scholarship
Diploma 2018
GPA: 3.64/4.0

Occupational Therapy Shadowing

ATI Physical Therapy, East Longmeadow, MA
Fall 2017

- Shadowed and assisted Occupational Therapist and worked with all of her clients.
- Watched OT assess clients and helped facilitate treatments.
- Demonstrated exercises and activities to clients as part of their treatment plans.
- Learned about treatment plans and methods of therapy by watching OT.

Work Experience

Whispering Horse Therapeutic Riding Center, East Longmeadow, MA

- Serve clients, youth through adult, as they engage in therapeutic horseback riding.
- Interacted with clients to design therapeutic activities based on set goals.
- Led multi-sensory summer camp sessions for children with special needs.
- Fed and groomed horse, mucked stalls, cleared fields, and repaired fences.
- Responsible for scheduling clients and training new volunteers.

Partners Program
2018- Present

- Serves as mentor to intercity elementary school student as part of the Springfield College Partners Program.
- Develop and prepare enrichment activities to foster a positive learning community among students.
- Assist students with homework and prepare them to succeed within their academics.
- Plans fun and engaging group outings across Western Massachusetts.

Temple Farm, Hampden, MA
2015- 2018

- Ensured health and welfare of over 20 horses in coordination with owners and barn manager.
- Responsible for daily turnout by lunging and cooling horses.
- Administered medications and fed horses regularly.
- Cleaned stalls, stocked grain, handled materials delivery, operated farm machinery for harvesting, landscaping, manure disposal, and horse transport.

- Trained new employees on correct barn procedures.

Pizza Shoppe, East Longmeadow, MA

2016-2018

- Supported wait staff in serving meals to customers by preparing food items, delivering meals to customers, and clearing tables.
- Took food and beverage orders via phone for take out and in person for restaurant dining.
- Ensured that there were adequate supplies of food, tableware, linens, and beverages.

Leadership/ Athletic Experience

Springfield College

Varsity Cross Country

Varsity Track and Field

Pre-Camp Leader

Alternative Spring Break 2019

Partners Program

East Longmeadow High School

Varsity Cross Country, Captain

Varsity Track and Field, Captain

MIAA Student Ambassador

Student Council Member 2015-2018