Elizabeth Stout

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Education:

Albion College, Albion MI Bachelor of Arts in Biology and Music

Prentiss M. Brown Honors Program- a curriculum that immerses you in fields of inquiry, then connects and expands your thinking, thesis "*Benefits of Telemedicine in the Management of Chronic Medical Conditions in Children*" to be presented at Albion College-Elkin R. Issac April 21 2022

Lisa and James Wilson Institute for Medicine- a program of distinction with a focus on professional development and practical experience in the medical field

GPA: 3.85/4.00

Dean's List - January 2019, January 2020, June 2020, January 2021, June 2021, January 2022

Awards:

Donald White Music Theory Award – awarded for best record in Music Theory
Albion College Fellow - 3 consecutive semesters of a 3.7 GPA or higher

April 2020, April 2021
January 2021

Related Experience:

Young Adult Advisory Panel Member

October 2020 - present

Expected Graduation: May 2022

Faculty Member Adolescent Telehealth Care Extension for Community Healthcare Outcomes (ECHO) Project December 2020 - April 2021

American Academy of Pediatrics Supporting Providers and Families to Access Telehealth and Distant Care Services for Pediatric Care Project (Virtual)

- Discussed perspectives and experiences related to telehealth from a young adult point of view to help assist with development of project activities and resources within extended project
- Further developed teamwork skills through group discussions, including deciding on most important points and including everyone on the panel's thoughts
- Presented at and helped develop ECHO sessions to communicate the Young Adult Panel's perspectives
- Developed resources for young adults on telehealth, such as videos on how to use it at college

Healthcare Transition Toolkit for Adult Providers Project Member Children and Youth with Epilepsy Advisory Committee Member Young Adult Council Member August 2020 - present

November 2019 - present

November 2019 - present

National Coordinating Center for Epilepsy American Academy of Pediatrics (Virtual)

- Serve as a representative for children and youth with epilepsy to ensure viewpoint is present by participating in discussions, reviewing Center activities, and providing feedback on Center items such as educational materials
- Act as liaison between the Advisory Committee and Young Adult Council to manage appropriate communication
- Assist with development of a collection of resources for adult neurologists to support youth with neurological conditions in making the transition to adult healthcare

Youth Consultant, The Family Center for Children and Youth with Special Health Care Needs, (Virtual)

July 2018 - present

- Serve as a member of Pediatric Epilepsy Project Advisory Team, Bullying Prevention Initiative Committee, and Transition Resource Project
- Responsible for individual projects including creating resources for disease management and providing feedback for the Children's Special Health Care Services' courses and website (content listed under Epilepsy Resources)
 https://www.michigan.gov/mdhhs/0,5885,7-339-71547 35698-56603--,00.html

Intern, Epilepsy Foundation of Michigan, (Virtual)

May - August 2021

- Developed content for social media and information sheets to promote various projects such as the Challenge of the Year
- Helped plan the 6-week (July 21-August 25) E-SMART program virtual conference sessions to assist teens with epilepsy in understanding their disease and living with it, and presented to share a young adult perspective
- Presented to around 30 children, ages 7-15 years at Camp Discovery to share experiences with epilepsy self-management

Advisory Board Member, National Technical Assistance Center on Transition: The Collaborative, Youth Engagement Transition Initiative (virtual)

October 2021 - present

- Participate in projects devoted to the transition to adulthood for students with disabilities, such as developing resources and training modules
- Future plans to provide a model to state and local agencies on strategies and activities to engage youth, including building a course

Young Adult Advisor, CDC DASH Youth Empowerment Project, American Institutes for Research (virtual)

November 2021 - present

• Project aimed at assisting schools with establishing youth advisory boards or councils, advisors will be providing feedback and creating content to assist with the project

Junior Contributor, Youth Engaged 4 Change (YE4C), (virtual)

February - June 2020

- Created content for the YE4C website including drafting documents on apps for managing money (https://engage.youth.gov/resources/free-phone-apps-help-manage-your-money) and a thank you for health care workers (https://engage.youth.gov/blog/thank-you-message-healthcare-workers)
- Reviewed and found resources for the YE4C Education and Career Toolkit, specifically healthcare career related
- Provided feedback to various federal agencies including the Centers for Disease Control

Participant, Human Resources and Services Administration's Maternal and Child Health Bureau Children and Youth with Special Health Care Needs Summit Series (virtual)

August - October 2020

- Attended and participated in discussion sessions on advancing programs and systems dedicated to supporting children and youth with special health care needs, acting as a representative for the youth
- Presented at the session on Family and Child Well-Being and Quality of Life to share my reflections and perspective on goals and objectives to focus on and how to achieve these

Presentations:

Stout, Elizabeth and Depew, Terra "Bridging the Gap: Transition to Adulthood", Michigan Family Voices meeting (virtual)

December 2021

Stout, Elizabeth, Curtis, Nicole, Romanov, Nick, and Bolger, Treasa "Epilepsy and the Patient Experience", Michigan Pediatric Epilepsy Project Quality Improvement Network Conference, Michigan Department of Health and Human Services, (Virtual)

November 2021

Stout, Elizabeth, and Depew, Terra "Transition to Adult Healthcare", Adolescent Health Initiative
Conference, (Virtual)

May 2021

Stout, Elizabeth, Chaffee, Tonya and Ramtekkar, Ujjwal. "Identifying and Managing Mental Health Concerns in a Telehealth Environment", American Academy of Pediatrics Adolescent Telehealth Care Extension for Community Outcomes, (Virtual)

March 2021

Stout, Elizabeth, White, Krishna, and Ramtekkar, Ujjwal. "Keys to Successful Telehealth Visits with Adolescents", American Academy of Pediatrics Adolescent Telehealth Care Extension for Community Outcomes, (Virtual)

January 2021

Stout, Elizabeth, Bush, Candi and Derry, Russ. "Epilepsy and Behavioral Health", Michigan Pediatric Epilepsy Project Quality Improvement Network Conference, Michigan Department of Health and Human Services, (Virtual)

November 2020

Stout, Elizabeth and Yarbrough, Dana. "Family and Child Well Being", Maternal and Child Health Bureau Children and Youth with Special Healthcare Needs Summit Series, (Virtual) October 2020

Stout, Elizabeth, Woolner, Susan, Wolff, Michael and Tank, Evan. "Enhancing Quality of Life Through Technology" Epilepsy Foundation of Michigan Epilepsy Innovation Conference, Grand Rapids MI

June 2020

Stout, Elizabeth. "Transition to Adulthood, Technology Resources to Help Control Epilepsy"

Michigan Pediatric Epilepsy Project Quality Improvement Network Conference, Michigan Department of
Health and Human Services, Lansing MI

December 2019

Stout, Elizabeth and Depew, Terra "Transition to Adult Healthcare", Child and Adolescent Health Centers' Coordinators Conference, Dearborn MI October 2019

Stout, Elizabeth, Doyle, Anne, and Gough, Christie. "College and Career Transitions for Students with Epilepsy", Epilepsy Foundation of Michigan Back to School Conference, Livonia MI August 2019

Stout, Elizabeth. "Social and Emotional Impact of Epilepsy on Students with Seizures" American Academy of Pediatrics National Coordinating Center for Epilepsy Students with Seizures Extension for Community Outcomes Project, (Virtual)

April 2019

Stout, Elizabeth. "Using Technology to Engage Youth", American Academy of Pediatrics National Coordinating Center for Epilepsy All-Grantee Meeting, (Virtual) February 2019

Events Attended:

Association of Maternal and Child Healthcare Programs Annual Conference (Virtual)

May 2021

American Academy of Pediatrics Children and Youth with Epilepsy Advisory Committee Conference, Washington D.C. February 2020

Epilepsy Foundation of Michigan Stroll for Epilepsy, Grand Rapids MI

July 2019

March 2019

Volunteer Experience:

Mentor Collective, Albion MI

May 2021 - present

• Guide 5 new students in the transition to college by answering questions regarding academics, clubs, campus activities and other aspects of college life

Chief Noonday Chapter of North Country Trail Association Kalamazoo, MI April 2021 - present

• Perform trail maintenance and promotion of association by sharing information with students at Albion and other colleges

Saint Timothy Episcopal Church Richland, MI

August 2014 - present

- Complete community service projects such as collaborating with other local churches to provide a community breakfast, and assisting with a clothing donation program
- Utilize musical ability by playing piano solos and accompanying the choir

Leadership & Campus Activities:

Mortar Board - Chevron Chapter

April 2020 - present

Kappa Kappa Psi - Kappa Chi Chapter

November 2018 - present

- Elected by 20+ members Vice President of Membership (May 2021 present), President (September 2020 May 2021), Vice President of Brotherhood (May 2019 September 2020)
- Educate and recruit new members; lead meetings, direct overall function, and serve as a connection point with college; and plan and execute activities to promote bonding within the chapter, respectively.

Pep Band October 2018 - present

Elected by 30+ members Treasurer (April 2019 - April 2022)

Biochemistry Club September 2018 - present

Elected by 15 members Treasurer (January 2019 - December 2021)

Model United Nations September 2018 - present

Elected by 10 members Treasurer (January 2020 - December 2020)

Student Volunteer Bureau September 2018 - present

American Association of University Women (AAUW) September 2018 - present