

Chelsea Janeski

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OBJECTIVE

I am a senior nursing student offering a combination of diverse clinical experience, academic excellence, compassion and critical thinking skills. I am passionate about leadership and have strong interpersonal skills. I possess dedication and teamwork skills to ensure quality care. I excel at prioritizing interventions, completing multiple tasks simultaneously and following through to achieve optimal patient outcomes.

EDUCATION AND HONORS

Elmira College

Bachelor of Science in Nursing

Cumulative GPA: 3.93 / 4.00

- Student Nurse Clinical Rotations
- Sigma Theta Tau Member

Elmira, NY

Expected May 2021

Corning Community College

Associates Degree in Math and Science

Corning, NY

December 2015

Notre Dame High School

High School Diploma

Elmira, NY

June 2009

PROFESSIONAL EXPERIENCE

Libs Supper Club

Server

Elmira, NY

September 2012-Present

- Provide excellent customer service, while actively solving any problems customers have, with both the business and the customer's best interest in mind.
- Handle large amounts of cash, create checks, make change, and manage the credit card machine during each shift.
- Work independently as well as with team members to ensure a positive experience for all patrons.

Private Home Health Care

Home Health Aid

West Elmira, NY

June 2013 - December 2017

- Assisted patients by providing personal services, such as, bathing, dressing, grooming, and administering medication.
- Supported patients by providing housekeeping and laundry services, shopping for food and other household requirements, preparing and serving meals.

West Elmira Town Hall Pool

Head Lifeguard

Elmira, NY

June 2007 to September 2012

- Monitored pool and identified emergency situations, including potential drownings and provided lifesaving measures.
- Led swimmer instructional lessons with participants of varying ages to share optimal swim techniques and build strength.
- Had a valid and up-to-date Lifeguard Certificate and a valid Cardiopulmonary Resuscitation for the Professional Rescuer Certification.

STUDENT CLINICAL EXPERIENCE

Labor and Delivery Unit, Course: Nursing Care of Women's Health Clients

Arnot Ogden Medical Center

Elmira, NY

February 2020-March 2020 (54 Hours)

- Developed skills for focused prenatal, perinatal, and postnatal assessments of the mother and infant.
- Administered and provided education on appropriate medications for mother and infant.

Intensive Care Unit, Course: Nursing Care of Critically Ill Client

Arnot Ogden Medical Center

Elmira, NY

January 2020-February 2020 (54 Hours)

- Developed skills for Cardiovascular Disruptions, Hemorrhagic, Gastrointestinal, and Endocrine Disruptions, Respiratory Disruptions, Acute Respiratory Failure, Neurological Disruptions, Dysrhythmia management, Hemodynamic Monitoring, Code management, Shock, and Sedation.
- Performed duties such as nasogastric intubation, assisted RN with a sterile dressing change for a triple lumen catheter, provided deep suctioning for patients on ventilators, inserted peripheral IV catheters with appropriate tubing and fluids or medication, and performed focused assessments per admitting diagnosis.

Medical Surgical Unit, Course: Nursing Care of Adult Clients

Corning Guthrie Hospital

Corning, NY

September 2019-December 2019 (120 Hours)

- Performed duties such as ambulation, wound treatment, focused assessments, toileting, bathing, continuous bladder irrigation, and administering oral, intramuscular, subcutaneous, and intravascular medications.
- Develop treatment plans for patients with infections, high blood pressure, COPD, diabetes, cancer, and post-operative orthopedic patients.
- Utilize the following equipment: wheelchair, rolling walker, IV pole & machine, incentive spirometer, oxygen equipment, and NG tube care.

Medical Surgical Unit, Course: Foundations of Quality and Safety for Nursing Practice

Corning, NY

Corning Guthrie Hospital

January 2019-April 2019 (130 Hours)

- Performed basic duties such as feeding and bathing, recording vital signs, measuring food & liquid intake, and detecting symptoms such as bruises, wounds, and blood in urine.
- Assessed patient needs and provided appropriate therapy.
- Learned the function and operation of the following tools: defibrillators, glucometers, stethoscope, sphygmomanometer, thermometers, hot and cold packs.

SKILLS

- | | | |
|-----------------------------------|---------------------------|---------------------|
| • Excellent Verbal Skills | • Attention to Detail | • Epic EMR Software |
| • Strong Organizational Skills | • Strong Listening Skills | |
| • Strong Critical Thinking Skills | • Reliable and Punctual | |

CERTIFICATIONS

Basic Life Support for the Professional Provider

Issued July 2020

New York Hope Field Training Experience Certification

August 2019

ACTIVITIES AND HONORS

Sigma Theta Tau International Honor Society of Nursing

Elmira, NY

Elmira College Rho Gamma Chapter

Inducted April 3, 2020

- Nominated for scholarly achievements, outstanding leadership, and commitment to excellence in nursing.

New York Hope

Oriskany, NY

NY State Preparedness Training Center

August 2019

- Four-day full immersion disaster simulation exercise in which I worked together in teams, along with different leadership positions, while being immersed in mass casualty situations, water rescue operations, secondary triage and treatment, damage assessment and emergency (IC/EOC/Cyber) operations.

Shelter Volunteer

Elmira, NY

Elmira Animal Shelter

August 2016-June 2017

- Managed direct care over animals, including bathing and administering medication.
- Assisted with adoption program.