

# Elmira College Nurse Education Mental Health Concept Mapping Template

Primary Psychiatric Nursing Diagnosis: Impaired social interaction related to hostility towards those in authority and peers as evidence by patient stating she is only mean to people who deserve it, patient stating no one in her past has been nice to her, argumentative with school officials and disrespectfulness to students and therapist, and anger toward rules.

Goal: Patient will demonstrate a positive attitude, and effective problem solving and coping skills by next appointment on 6/6/20.

Outcomes: 1. Patient will use appropriate verbiage during each interaction with the nurse and staff throughout appointment on 6/6/20. 2. Patient will cooperate with psychiatry evaluation during visit before 6/6/20. 3. Patient will participate in therapy sessions on an individual and family basis before follow up appointment on 6/6/20. 4. Patient will take lithium at scheduled times and comply with bloodwork for lithium level by 5/6/20.

Interventions: 1. Nurse will use therapeutic communication to identify what is appropriate and what is not appropriate (profanity) during interactions and convey this to the patient. 2. Nurse will get a referral for full evaluation by a psychiatric doctor to evaluate diagnosis. 3. Nurse will provide the patient information on individual and family therapists in the area. 4. Nurse will administer lithium as prescribed and obtain lithium level before administration.

Evaluation: The client was able to participate in treatment using age appropriate and acceptable behaviors when interacting with others. Patient was compliant in individual and family therapy sessions. The client was able to verbalize positive statements about herself and others. Patient was compliant with psychiatry consult, taking medication, and getting blood drawn prior. Patient demonstrated appropriate attitude and coping mechanisms. All goals met.

## Subjective Assessment

Patient states she has had no charges or arrests

Patient states "I am only mean to people when they deserve it."

Patient states "I point out the truth to people and people can't handle the truth."

States "There are mean people everywhere you look"

Patient stated no one in her past has been nice to her

## Objective Assessment

Patient looking away from MD

Refuses to follow rules, bullies others

Upset about rules "screw the rules"

Argues with adults

Blames others for mistakes/misbehavior

Defiant behavior

Openly hostile/Angry

Easily annoyed

Verbal aggression

## Client (observable data)

Patient visibly annoyed with interviewer

Patient with back toward interviewer

## Anticipated Therapeutic Treatments

Psychotherapy:

Individual/Family therapy

CBT

Antipsychotics

## Potential Coexisting Health Problems

Smokes cigarettes

## Important Data Gaps

Has the patient had any major life stressors or trauma? Has the patient had negative interactions or feelings toward parents or authority? Genetic predisposition to personality disorder? Has the patient been treated for defiance in the past? Taken any medications for this?

## Anticipated Labs

CBC/CMP/TSH

Lithium levels if lithium is ordered

## Probable Medications

Antipsychotics  
Possibly Abilify, lithium, or risperidone  
If underlying depression than possibly an SSRI