

Myers Briggs 16 Personalities Assessment

After taking the Myers Briggs test, five of my strengths include, curious, observant, energetic/enthusiastic, knows how to relax, and an excellent communicator. I personally think that I'm curious because I'm constantly thinking of new ideas or why things happen the way they do in life. I also think I'm observant because I'm always aware of my surroundings. I tend to be energetic/enthusiastic around my friends or large groups, but I also know when it's time and how to relax by occasionally taking a break. Lastly, I like to believe I'm good at communicating with others because I try my best to bond with people or help them resolve problems.