

Cherine Fons

Athlete Resume

Career Highlights

Cherine Fons is one of the only two Women to ever get awarded rank of Black Belt under The Founder of Alliance Martial Arts, the Legendary Grand Master Romero Jacare Cavalcanti. Jacare is the only Grand Master of non-Gracie lineage to get inducted into the Hall of Fame.

APC World Record holder 90kg class

2012 Global Powerlifting Alliance

Ranked Top SuperHeavyweight Olympic Weightlifters

USA Weightlifting 2010 Overall Rankings

Master Heavyweight JiuJitsu World Champion (faixa roxa) 2012 IBJJF

Master Heavyweight Submission Fighting World Champion (purple) 2012 IBJJF

Master SuperHeavyweight 2016 IBJJF Submission Fighting World Champion (brown)

Submission Grappling Titles

Master SuperHeavyweight 2018 IBJJF European Open Bronze medalist (black)

Master SuperHeavyweight 2017 Master World Championship Bronze medalist (black)

Master SuperHeavyweight 2017 IBJJF European Open silver medalist (black)

Master Absolute 2017 IBJJF European Open Bronze Medalist (black)

Master Absolute 2016 IBJJF Nogi Bronze Medalist (brown)

Master SuperHeavyweight Champion ~ IBJJF PanAm 2015 (Gi Faixa Marrom)

Master Open Class Bronze Medalist ~IBJJF PanAm 2015 (Gi Faixa Marrom)

Master SuperHeavyweight Champion ~ IBJJF Atlanta International Open 2015 (Gi Faixa Marrom)

Master Open class Champion ~ IBJJF Atlanta International Open 2015 (Gi Faixa Marrom)

Master SuperHeavyweight Champion ~ IBJJF European Open 2015 (Gi Faixa Marrom)

Master Open Class Bronze Medalist ~ IBJJF European Open 2015 (Gi Faixa Marrom)

Master Heavyweight champion ~ IBJJF European Open 2013 (Gi Faixa Roxa)

Master Open class Champion ~ IBJJF European Open 2013 (Gi Faixa Roxa)

Master Heavyweight Champion ~ IBJJF European Open 2013 (NoGi purple)

Master Open class Champion ~ IBJJF European Open 2013 (NoGi purple)

Master SuperHeavyweight Champion ~IBJJF European Open 2015 (Faixa Marrom)

09/12/09 - Gold Medalist - NAGA Southeast Grappling Championship women's Int. HW NoGi

09/12/09 - Silver Medalist - NAGA Southeast Grappling Championship women's Int. HW Gi

10/10/09 - Silver Medalist - Lutador National Championship women's Int. HW Gi

10/10/09 - Silver Medalist – Lutador National Championship women's Advanced NoGi

11/07/09 - Gold Medalist - 8th Annual Casca Grossa Grappling Tournament women's Advanced
HW NoGi

11/07/09 - Gold Medalist - 8th Annual Casca Grossa Grappling Tournament women's Open Gi

11/14/09 - Gold Medalist - Copa America Southeastern Submission Grappling Championship
women's HW Advanced NoGi

11/14/09 - Gold Medalist - Copa America Southeastern Submission Grappling Championship
women's HW
Advanced Gi

12/12/09 - Gold Medalist – Lutador's "Fight For the Future" Submission Grappling
Championship women's HW Advanced Gi

12/12/09 – Silver Medalist - Lutador's "Fight For the Future" Submission Grappling
Championship women's HW Advanced NoGi

02/13/10 – Silver Medalist - US Grappling Submission Only Supergoose Sporting Event –
Women's Pro Absolute NoGi

03/6/10 – Gold Medalist - Arnold Sports Festival & World Grappling Championship– Women's
Blue Heavyweight

03/13/10 – Silver Medalist- Lutador Open– Women's HW NoGi

03/13/10 – Silver Medalist- Lutador Open– Women's HW Gi

03/13/10 - Silver Medalist -Lutador Open– Women's Absolute

04/10/10 - Gold Medalist – Copa America 2010 Georgia State BJJ/Submission Grappling -
women's HW NoGi

04/10/10 - Gold Medalist - Copa America 2010 Georgia State BJJ/Submission Grappling - women's Blue Belts

04/17/10 - Gold Medalist - 2010 Grapplers Quest Europa Show of Champions – women's HW Int Gi

04/17/10 - Silver Medalist - 2010 Grapplers Quest Europa Show of Champions – women's Adv NoGi Absolute

(loss on points to pro MMA Fighter Shayna “Queen of Spades” Baszler.)

04/10/10 - Gold Medalist – IBJJF New York International Open 2010 - Women's blue HW

04/10/10 - Bronze Medalist – IBJJF New York International Open 2010 – Women's blue Absolute

09/25/10- Gold Medalist - 2010 BSN Sponsored Grapplers Quest Mr.Olympia – Women's blue HW

09/25/10 – Gold Medalist & Championship Belt - 2010 BSN Sponsored Grapplers Quest Mr.Olympia – Women's Blue Absolute

09/25/10- Silver Medalist - 2010 BSN Sponsored Grapplers Quest Mr.Olympia – Women's NoGi Pro HW

09/25/10 – Silver Medalist - 2010 BSN Sponsored Grapplers Quest Mr.Olympia – Women's Pro NoGi Absolute

(lost to World and Abu Dhabi pro champion Penny Thomas)

10/02/10 – Silver Medalist – IBJJF PanAm NoGi 2010 – Adult female Blue/Purple Heavyweight Medalist

10/02/10 – Bronze Medalist – IBJJF PanAm NoGi 2010 – Adult female Blue/Purple Absolute Medalist

10/23/10- Gold Medalist – IBJJF Miami International Open – Women's blue Pesado

10/23/10 – Silver Medalist - IBJJF Miami International Open – Women's Blue Absolute

11/07/10 – Silver Medalist – IBJJF NoGi World Championship 2010 – Women's Blue/Purple Heavyweight Medalist

03/5/11 – Gold Medalist - Arnold Sports Festival Grappling Championship– Women's Advanced Gi

04/16/11 - Gold Medalist – IBJJF New York International Open 2011 - Women's blue HW
04/16/11 - Bronze Medalist – IBJJF New York International Open 2011 – Women's blue
Absolute
04/30/11 - Gold Medalist – IBJJF Phoenix Open 2011 - Women's blue HW
04/30/11 - Bronze Medalist – IBJJF Phoenix Open 2011 – Women's blue Absolute
07/06/11 - Gold Medalist – 2011 Grappler's Quest Northwest Georgia Muscle Show - Advanced
NoGi HW champion
07/06/11 - Gold Medalist – 2011 Grappler's Quest Northwest Georgia Muscle Show - Advanced
NoGi Absolute champion
Master Heavyweight JiuJitsu World Champion (faixa roxa)
2012 IBJJF
Master Heavyweight Submission Fighting World Champion (purple)
2012 IBJJF
Master Heavyweight champion ~ European Open 2013 (Gi Faixa Roxa)
Master Open class Champion ~ European Open 2013 (Gi Faixa Roxa)
Master Heavyweight Champion ~ European Open 2013 (NoGi purple)
Master Open class Champion ~ European Open 2013 (NoGi purple)
Master Heavyweight champion ~ IBJJF Rome International Open 2013
Master SuperHeavyweight Champion ~IBJJF European Open 2015 (Faixa Marrom)
Master Open Class Bronze Medalist ~IBJJF European Open 2015 (Faixa Marrom)
Master SuperHeavyweight Champion ~IBJJF Atlanta Open 2015 (Faixa Marrom)
Master Open Class Champion ~IBJJF Atlanta Open 2015 (Faixa Marrom)
Master SuperHeavyweight Gold medalist ~ 2016 IBJJF Nogi Worlds (brown)
Master Open Class Bronze medalist ~ 2016 IBJJF Nogi Worlds (brown)

Olympic WeightLifting Titles

2008 Emory Southeastern Classic Olympic Weightlifting Championship SuperHW Gold
Medalist
2009 Southern Open Olympic Weightlifting Championship SuperHW Gold Medalist
2009 State Games Olympic Weightlifting Championship SuperHW Gold Medalist
2009 Flowery Branch Olympic Weightlifting Championship SuperHW Gold Medalist

2010 Southern Open Olympic Weightlifting Championship SuperHW Gold Medalist
2010 War Eagle Classic Olympic Weightlifting Championship SuperHW Gold Medalist
2010 State Games Olympic Weightlifting Championship SuperHW Gold Medalist
2010 Back to School Savannah Open
SuperHW Gold Medalist
2010 Emory Southeastern Classic Olympic Weightlifting Championship SuperHW Gold
Medalist
2010 Beaufort Classic SuperHW Gold Medalist

Bodybuilding

National Qualification received
2004 NPC Coastal USA Bodybuilding Championship 2nd place Heavyweight