

Lily Farha

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OBJECTIVE

My objective is to work in the public health field, aiming to educate as well as to facilitate happier and healthier lives for those in a community.

EDUCATION

Miami University, Oxford, Ohio

Bachelor of Science in Kinesiology and Health, expected graduation May 2019

Major: Public Health **Minor:** Nutrition **Cumulative GPA:** 3.36

Thematic Sequence: European Culture and Society,

Study Abroad: Luxemburg spring 2018

WORK EXPERIENCE

Antiochian Village Camp – Staff Member, Counselor, Lifeguard

Bolivar, Pennsylvania • Summers 2016, 2017, volunteer one week 2018

- ❖ Responsible for overseeing 8-17-year-old girls
- ❖ Supervised campers and staff while in the pool and pool area
- ❖ Planned group activities designed to promote spiritual growth, friendships and understanding
- ❖ Developed skills of patience, love, empathy and service as a mentor by actively listening to campers and staff members
- ❖ Improved time management skills and adaptability

LeneLife Independent Study- Worked with Lene, dietician, in Luxembourg

- ❖ Spring 2018
- ❖ Created survey for students
- ❖ Assisted in healthy cooking class for students
- ❖ Create presentations about health for students

Intern for Dr. Elizabeth Ablah

- ❖ summer 2018
- ❖ University of Kansas medical school, in Wichita
- ❖ WorkSite Wellness workshop
- ❖ Focus group on neighborhood trying to change speeding and traffic

Research with Dr. Rose Ward at Miami University

- ❖ 2018-2019 school year

Benefit and Wellness internship at Miami University

- ❖ 2018-2019 school year

LEADERSHIP and CAMPUS INVOLVEMENT

Student Academy of Nutrition and Dietetics (SAND) – Active Member

Miami University • September 2015 - present

- ❖ Volunteer for various nutrition related events on campus
- ❖ Cooking for community events and sport teams
- ❖ Setting up healthy snacks for students during exam week

Nutrition Conference – Attendee

Miami University • 2015, 2016, 2017

- ❖ Semiannual conference hosted at Miami University
- ❖ Set up and teardown

Food4Thought – Active Member

Miami University • 2015, 2016

- ❖ On-campus club emphasizing mindful eating and educating about allergy-friendly foods

Orthodox Christian Fellowship- Active Member

Miami University • 2015- Present

- ❖ Church college organization focusing on faith, fellowship, and friendship

Zeta Tau Alpha Sorority - Active Member

Miami University • January 2016 – present

- ❖ 2016-17 New Member Educator Committee
- ❖ Big Man on Campus Coach 2016, 2017 ~ 2017 Candidate Mr. Big Man Winner
- ❖ Breast Cancer Awareness Programs Participant
- ❖ Volunteer at Knolls Retirement Community

Triennial Charter Day Ball- Alumni Relations Committee

Miami University • Spring 2017-February 2018

- ❖ Communicate with alumni, coordinating travel needs
- ❖ Public Relations
- ❖ Organize pre-Ball Cocktail Party for Alumni

VOLUNTEER WORK**Youth Equipped to Serve (YES) – Volunteer**

Kansas, Oklahoma, Michigan • 2012- present

- ❖ Work hands on with volunteer team in homeless communities

Project Mexico and St. Innocent Orphanage – Volunteer

Tijuana, Mexico • June 2015

- ❖ Built home with team members
- ❖ Played and interacted with orphans

Red Cross and Community Blood Center Blood Drive – Volunteer and Donor

Kansas, Miami University • September 2014- present

- ❖ Assisted donors immediately following donations
- ❖ Blood Donor

Meals on Wheels – Volunteer

Oxford, Ohio • October 2017

- ❖ Packaged and delivered meals around Oxford, Ohio

Oxford Apple Butter Festival - Attendee

Oxford, Ohio • Fall 2017

- ❖ Made apple butter for community festival

Camp Catanese- summer 2018

- ❖ Nonprofit dedicated to helping inner-city youth to close the achievement gap through educational opportunities.
- ❖ I volunteered my time for this week-long camp in May 2018

HONORS and SCHOLARSHIPS

National Society of Collegiate Scholars - Active Member • 2016- present

RedHawk Excellence Scholar

Alumni Association Merit Scholarship
Kansas State Curriculum Scholar – 2015
Dean's List at Miami University – spring 2018

SKILLS

Computer: Proficient in Word, Excel, PowerPoint, with both Mac and PC platforms,

Work Related Skills: Creating and reading statistical graphs

Character Traits: Organized , creative, responsible, hard-working and positive