

ERASING CULTURAL INDIFFERENCE

A 3-Part Certificate Series co-sponsored by the UNMC Offices of Faculty Development, Equity, and Inclusion

10.15.20 | Part 1: Trauma is Real: Understanding and Interrupting Microaggressions

Time: Noon - 3 PM

Duration: 3-hours, Live Zoom Training

In Part 1 of this workshop Dr. Sapp will have participants examine the trauma individuals experience based on the impact microaggressions have on targeted people based solely upon their marginalized group membership. She will provide a list of marginalized and dominate groups and examples of everyday instances of microaggressions. Additionally, Dr. Sapp will engage participants in group reflection and processing. By the end of Dr. Sapp's workshop, participants will be able to understand how microaggressions impact the mental health of communities; recognize and identify a variety of ways to address microaggressions, both as the receiver and the bystander; and practice a range of practical strategies to use in a variety of contexts.

11.20.20 | Part 2: Microaggressions: Reframing and Navigating Triggering Events Case Scenarios

Time: Noon - 3 PM

Duration: 3-hours, Live Zoom Training

In Part 2 of the workshop, Dr. Sapp will have participant's examine pre-clinical and clinical case scenarios. Participants will engage in large and small group discussions to identify the bias in each scenario. Dr. Sapp will introduce new tools. Participants will be encouraged to apply the tools learned in Part 1 of the series and activate their own toolkits to work collaboratively to develop concrete ways to mitigate bias in each scenario. By the end of this session, participants will be able, develop the ability to closely inspect their first impressions of bias when examining cases, examine how their lived experiences and identities shape their biases, understand how bias functions in their day to day interactions, and the impact of biases in their daily decision-making process and identify concrete ways based on their talents, skills and abilities to commit to mitigate bias.

12.04.20 | Part 3: Intersectionality: Examining Concepts of Privilege

Time: Noon - 3 PM

Duration: 6-hours | 3-hours Self-Directed Learning, 3-hours Live, Interactive Zoom Training

In Part 3 of the workshop, participants will complete pre-work through self-directed learning. During the training Dr. Sapp will provide definitions of terms such as institutional power, 4 levels of oppression, privilege and others. Participants will be expected to draw on lessons learned, tools used in Part 1 and Part 2, and new activities introduced into this training to examine the complexities of their own identities. The selected activities for this training are not designed to make participants feel guilty or ashamed around having or not having privilege, but rather to explore how we ALL have SOME privilege and to learn how to engage our privilege to determine if we want to be an actor, ally and/or accomplice when navigating spaces. By the end of this session, participants will be able to reflect on the impact of privilege on their own life, engage in discussions with colleagues to compare the effects of implicit bias and privilege, synthesize in small group settings the effects of privilege on health equity, and analyze ways to mitigate privilege in institutional systems.

Credit

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this live activity for a maximum of *9 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This activity is provided for 9.0 contact hours under ANCC criteria.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Nurses Credentialing Center's Commission on Accreditation (ANCC) through the joint providership of the University of Nebraska Medical Center College of Nursing Continuing Nursing Education (UNMC CON CNE) (provider), University of Nebraska Medical Center, Center for Continuing Education, and University of Nebraska Medical Center Offices of Faculty Development, Equity, and Inclusion.



REGISTER TODAY

Participants are expected to attend all three sessions. Register at unmc.edu/facdev