Carly N. Riggs, CVW

8 Providence Court • Newtown, PA 18940 (215) 630-8168 • CRiggs@ycp.edu

Expected graduation: May 2021

Education

York College of Pennsylvania, York, PA
Bachelor of Science, Nursing major, Gerontology minor

GPA: 3.97

Clinical Experience

Fall 2020 Psychiatric/Mental Health Nursing—York WellSpan Hospital

Community Health Nursing-local schools and clinics

Spring 2020 Maternity Nursing—York WellSpan Hospital

Pediatric Nursing—virtual simulations due to COVID-19

Fall 2019 Medical Surgical Nursing—York WellSpan Hospital and Encompass Health Rehabilitation

Spring 2019 Basic Principles of Healthcare—York WellSpan Hospital

Health Assessment—York College of Pennsylvania simulation labs

Related Experience

ICU/SDU Nurse Extern, Bryn Mawr Hospital—Main Line Health System

June 2020—present

- Assist patients in the Intensive Care Unit and Neurocardiac Intensive Care Unit (also referred to as the Step-Down Unit) with morning and evening care.
- Perform EKGs, blood glucose monitoring, and aid in patient safety while ambulating.
- Assist nurses with patient repositioning, cleaning, and linen changes every 1 to 2 hours or as needed.
- Understand and follow proper PPE protocols when working with COVID-19 patients.
- Care for patients with respect and dignity throughout the lifespan including post-mortem care.

Caregiver, Birches at Newtown, PA

May 2019—May 2020

- Assist 12 to 15 residents afflicted with dementia with toileting, bathing, dressing, grooming, mobility, transport, dining, and simple treatments.
- Interact daily with residents including participation in activities to improve resident quality of life.
- Work with members of the multi-disciplinary care team to accomplish a resident-centered plan of care.
- Maintain and protect the confidentiality of resident information.
- Achieved a breakthrough in patient care and satisfaction with two non-English speaking residents.

Certifications & Honors

Outstanding Freshman Award Recipient	2017
CPR/BLS Certification	December 2020
Alpha Chi National College Honor Society	2019—present
Sigma Phi Omega Gerontology Honor Society	2017—present
Sigma Theta Tau International Nursing Honor Society	2020—present
Certified Validation Worker	September 2020

Leadership and Involvements

Developing Leaders Seminar Fall 2018
Hillel Board of Directors 2017—present

• President (current), Vice President, Treasurer

Brother of Phi Sigma Pi National Honor Fraternity 2017—present

Parliamentarian and Philanthropy Chair (2019-2020); Service Chair (2017-2019)

Rock Climbing Club 2017—present

President (2020-2021)

Student Nursing Association of Pennsylvania, Ski and Outdoor Club

Additional Experience

Orientation Leader, York College of Pennsylvania Rock Wall Monitor, York College of Pennsylvania First-Year Seminar Fellow, York College of Pennsylvania Spring 2019—present Spring 2019—Spring 2020

Fall 2018—present