

#### SMART Goal - 2 years

In two years, I will be working towards becoming an L&D nurse. I will get the necessary experience to become an L&D nurse. I will get my degree in nursing, get labor and delivery specific certifications, and get nursing experience on a med-surg floor. I will measure whether or not the goal has been reached by keeping track of my hours as an RN for experience and by the certifications that I have completed. This goal is possible. Many others have done it successfully. I do have the necessary knowledge, skills, abilities, and resources to accomplish the goal. Meeting the goal will challenge me without defeating me. The reason I want to achieve this goal is that I have always wanted to be a Labor and Delivery nurse. The result of the goal is that I can help mothers meet their children. I will want to be completed or almost completed with the goal by two years after I graduate in 2021. This completion date does have some practical sense of urgency.

#### SMART Goal - 5 years

In five years, I will be an L&D nurse. The goal will accomplish my five-year plan. It will be accomplished by finalizing my two-year plan of getting certifications and experience under my belt. I will be hired as an L&D nurse, and I will begin my career as an L&D nurse. This goal is possible. Many others have done it successfully. I do have the necessary knowledge, skills, abilities, and resources to accomplish the goal. Meeting the goal will challenge me without defeating me. The reason I want to achieve this goal is that I have always wanted to be a Labor and Delivery nurse. The result of the goal is that I can help mothers meet their children. I will want to be completed or almost completed with the goal by five years after I graduate in 2021. This completion date does have some practical sense of urgency.

#### Smart goal - 2 year

In two years, I want to be practicing as a BSN, RN. The goal will accomplish my two-year plan of becoming a BSN, RN. It will be accomplished by finishing my BSN and then taking my NCLEX exam. It will be accomplished because I will be working hard to pass all my classes and exams. My GPA and test scores will measure my goal. This goal is achievable. Others have done it successfully. I have the necessary knowledge, skills, abilities, and resources to accomplish the goal. Meeting the goal will challenge me without defeating me. The reason for accomplishing the goal is because 3 out of the four years needed are already completed. The result of the goal is that I can help people once I get my BSN, RN. The established completion date is June of 2021. The completion date does not create a practical sense of urgency, as I was expecting this since the fall of 2017.

#### Smart goal - 5 year

In five years, I want to be working towards being a midwife. The goal will accomplish me having a higher nursing job and helping more patients. It will be accomplished by me getting a higher education. It will be accomplished as, in order to be a midwife, I will have to have a higher degree. I will measure whether or not the goal has been reached by applying to different schools and by being accepted to a school. This goal is possible. Others have done this goal successfully. I have the necessary knowledge, skills, abilities, and resources to accomplish the goal. Meeting this goal will challenge me without defeating me. The reason for accomplishing the goal is because I always wanted to become a midwife and help mothers differently. The established completion date is at least to be started in 2025. The completion date does not create a practical sense of urgency.

#### Smart goal - 2 year

In two years, I want to be going back to school to become a midwife. The goal will help me accomplish my life-long goal of becoming a midwife. It will be accomplished by me applying to schools. It will be achieved because it is a necessary step to completing my goal. I will measure the goal by applying to schools and going back to school. It is possible. Others have done it successfully. I have the necessary knowledge, skills, abilities, and resources to accomplish the goal. Meeting the goal will challenge me without defeating me. By going back to school, I will be one step closer to achieving my goal of becoming a midwife. The result of the goal is that I will be closer to becoming a midwife. The established completion date will be in 2022. This completion date does create a practical sense of urgency.

#### Smart goal - 5 year

In five years, I want to be graduating from college again. Accomplishing this goal will allow me to have the schooling in order to become a midwife. It will be accomplished by me finishing my education. It will be accomplished as it is a necessary step to becoming a midwife. I will measure whether or not the goal has been reached as I will be finished with school and have my diploma. Yes, it is possible. Others have done it successfully. I have the necessary knowledge, skills, abilities, and resources to accomplish the goal. Meeting this goal will challenge me without defeating me. The purpose of achieving this goal is so that I can help more mothers. The result of this goal is to help support mothers. The established completion date is 2025. This completion date creates a practical sense of urgency.