

Chris Zweifel

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WORK EXPERIENCE:

Outpatient Therapist

2022-05 - present

Community Counseling Services, Bangor, PA

- ◆ Identifying and implementing evidence-based clinical interventions for clients' various diagnoses, with a focus on supporting clients' strengths and their abilities to improve their own social functioning.
- ◆ Engaging with families of clients to keep them involved with identified goals.

Clinical Therapist

2022-03 - present

Firmstone Family Services, Easton, PA

- ◆ Developing individual psychosocial evaluations and treatment plans.
- ◆ Providing psychotherapy for individuals, couples, families, and groups in a competent, professional manner, according to the treatment plan.

Case Manager

2018-07 - 2018-12

Truth for Women, Inc., Truth Home, Lehigh Valley, PA

- ◆ Provided restorative care for sexually exploited women.
- ◆ Internal and external scheduling; oversight of program tracking; intake/discharge process; individual service plans; approval of safe contacts, visits and passes; job placement.
- ◆ Monitoring of participants' medical and mental health needs and coordinating services.

Residential Care Staff

2017-06 - 2018-07

Truth for Women, Inc., Truth Home, Lehigh Valley, PA

- ◆ Daily care and supervision of women exiting prostitution and fleeing sexual exploitation.
- ◆ Offered trauma-informed guidance.

INTERNSHIP EXPERIENCE:

Art Therapy Intern

2021-08 - 2021-11

Art Z, Quakertown, PA

- ◆ Companion artmaking with adults, including those with physical disabilities, in recovery from mental health issues or addictions, and those on the autism spectrum.
- ◆ Helped clients identify and resolve conflicts and unhealthy behaviors, better manage relationships, reduce stress, increase self-esteem and self-awareness, and achieve insight.

Art Therapy Intern

2020-08 - 2021-04

Lehigh Valley Health Network, Hospice and Bereavement Services, Allentown, PA

- ◆ Provided art therapy to LVHN's Hospice family members and the local community.
- ◆ Assisted in processing losses.

Behavioral Health Specialist Intern

2020-01 - 2020-03

St. Luke's University Health Network, Sacred Heart Campus, Allentown, PA

- ◆ Facilitated structured individual and group art therapy.
- ◆ Represented art therapy in multidisciplinary meetings.

EDUCATION:**Master of Arts in Art Therapy**

2019-08 – 2022-01

Cedar Crest College, Allentown, PA

Acquired a 3.92 GPA | Graduate Assistant

Bachelor of Arts in Art Therapy

2017-05 – 2019-05

Cedar Crest College, Allentown, PA

Delphi Honor Society

Associate of Arts Degree, Social Work

2017-05

Northampton Community College, Bethlehem, PA

Phi Theta Kappa National Honor Society