

# SCaitlin Rose Bowen

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## EDUCATION

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### **Bachelor of Science** (Expected May 2021)

University of San Diego, San Diego, CA

*Major in: Political Science, Minor in: Spanish*

GPA: 4.0

- Torero Ambassador.
- Member of the Honors Program.
- Member of the Honors Program Student Board.
- Publicity Officer of USD's Make-A-Wish Club.
- Alcalá Scholarship Recipient.

### **High School Diploma** (2013-2017)

Carondelet High School, Concord, CA

GPA: 4.11

- Member of Carondelet's Dance Team (2013-2017), Captain (2016).
- CSF Member (2013-2017).
- Member of the National Society of High School Scholars.
- Honors Roll Member (2013-2017).
- Attended the National Academy of Future Physicians and Medical Scientists Congress (Summer 2016).

## EXPERIENCE

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### **Assistant Swim Coach** (6/17 – 8/17)

*30-40 Hours per Week*

**Dublin Aquatic Center**, Dublin, CA

- Developed advanced swimming techniques for children ages 4-16 years, created schedules for daily practices, communicated with the City of Dublin, parents, and swimmers on administrative matters. Organized and coached swim meets for the swimmers, including the instruction and administration of jobs for parent volunteers.

### **Swim Instructor I** (6/17 – 8/17)

*10-40 Hours per Week*

**Dublin Aquatic Center**, Dublin, CA

- Responsible for the safety and instruction children ages 6 months-13 years, organized lesson plans for each class, communicated on a regular basis with parents, swimmers, and supervisors. Developed interpersonal relationships with the families and fellow employees at the new Aquatic Center.

### **Lifeguard/Swim Instructor I** (6/16 – 8/16)

*10-40 Hours per Week*

**Dublin Aquatic Center**, Dublin, CA

- Supervised and communicated with patrons, taught and developed necessary skills for swimmers of all ages, attended regular skills training, and served as a first responder. Created and maintained relationships with patrons, fellow employees, and supervisors.

## SKILLS AND INTERESTS

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- **Programs:** Proficient in Microsoft Office, including Word, Excel, Outlook, and PowerPoint.
- **Languages:** Spanish (Intermediate; Written and Conversational).
- **Certifications:** Red Cross Certified in CPR, AED, First Aid, Emergency Oxygen, and Title 22.
- **Collaboration:** Participated on a dance team for four years, worked with children and parents as a lifeguard, swim instructor, and coach, communicated effectively with superiors and fellow students as a Publicity Officer.
- **Interests:** Volunteering, Travelling, Disney, Film/TV.