

# Sarah Cotton

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## Education

**State University of New York (SUNY) College at Oswego.** Oswego, NY

12/19

Bachelor in Science in Wellness Management

Minor in Nutrition

GPA 3.90

## Scholarships and Awards

### Scholarships

Presidential Scholarship: Fall 2017, Spring 2018, Fall 2018

Class of 1953 Spirit Award Scholarship: Fall 2017

Sports Booster Club Scholarship: Fall 2017

### Awards

Presidents List Award: Fall 2017, Spring 2018

## Work Experience

Wooly Woods Dog Resort, Conesus, NY

4/15- Present

*Dog Walker*

- Ability to handle multiple dogs in any weather conditions, while keeping track of any problems with the dogs
- Responsible for feeding, changing water and walking the dogs, as well as cleaning up any messes, to ensure wellness among the animals

Double M Schuster Barn

5/18-Present

*Grounds Maintenance*

- Responsible for keeping up with the wedding facilities, which included lawn care, cleaning, and preparing the wedding venue in order to ensure the venue was in shape for the weddings being held.
- Helped with events during the weddings such as watching the house, parking cars, setting up, and helping to make sure things run smoothly

## Volunteer / Community Service

**Alternative Spring Break,** Beaumont, TX

3/10/18-3/18//18

*Volunteer*

- Helped Hurricane Harvey victims recover by providing help with cleaning out damaged houses that were impacted by the hurricane
- Gave back to the Beaumont community by helping people in need after all the losses they suffered by the hurricane

**Oswego Animal Shelter,** Oswego, NY

9/17-Present

*Volunteer*

- Walked and cleaned up after shelter dogs in order to get them adopted
- Gave back to animals in need, by playing with and caring for shelter cats

**Shining Waters Initiative,** Oswego, NY

*Volunteer*

10/17-5/18

- Weekly lake shore cleanups of any trash and other debris to create a safer atmosphere for students and tourists
- Made the lake shore a safer and cleaner place in order to improve the overall campus environment

**Project Serve, Oswego, NY**

*Volunteer*

9/26/17

- Cleaning up the Oswego campus of trash, in order to create a safer campus environment
- Collaborated in groups, which enabled the team to take pride in the work accomplished

**Extracurricular Activities**

**Oswego State Crew Club, Oswego, NY**

9/17-Present

*Member*

- Raced competitively with the team
- Developed teamwork and communication skills during practices and other team events

**Oswego Health Promotion and Wellness Club, Oswego, NY**

9/17-12/17

*Member*

- Learned better ways to improve your health through group exercises
- Demonstrate my knowledge of the health field, while participating in healthy activities