

# Ivett Gabriella

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## EDUCATION

2019 - 2024 **Ph.D. in Psychology with a focus on Behavioral Neuroscience**

(in progress) University of California, Riverside (UCR)  
Riverside, CA

2017 - 2019 **M.A. in Clinical Psychology**

California State University, Dominguez Hills (CSUDH)  
Carson, CA

2015 - 2017 **B.A. in Psychology *Summa Cum Laude***

California State University, Dominguez Hills (CSUDH)  
Carson, CA

## RESEARCH EXPERIENCE

2018 - 2019 **Research Assistant**

Wassum Lab  
UCLA, Los Angeles, CA

- Assistant to Dr. Kate Wassum and Dr. Melissa Malvaez conducting primary research with animal subjects
- Responsibilities: assisted with instrumental conditioning of rats, assisted with the preparation of optical fibers for optogenetic studies, scored videos of rats going through withdrawal, performed perfusions, assisted with tissue preparations, prepared solutions

2015 - 2019 **Research Assistant**

Adolescent Health and Behavior Research Lab  
CSUDH, Carson, CA

- Assistant to Carl D. Sneed, Ph.D., conducting primary and secondary source research
- Responsibilities: Searched for literature for review, created hypothesis, performed data entry and cleaning, performed multivariate analysis, wrote comprehensive research paper based on findings, presented findings at professional conferences

**2018/04 - 05 Research Assistant**

Graduate School of Education and Information Studies  
UCLA, Los Angeles, CA

- Assistant to Juliana Karras-Jean Gilles, Ph.D. and Carola Suárez-Orozco, Ph.D. conducting secondary source research
- Responsibilities: coded teacher enactments of bias in the classroom in a video-based system

**2017/10 - 12 Research Assistant**

Dr. Szumlinsky's Lab  
UCSB, Santa Barbara, CA

- Assistant to Karen Szumlinsky, Ph.D., conducting primary research
- Responsibilities: Scored timed videos of mice completing behavioral tests

**TEACHING EXPERIENCE****2018 - 2019 Teaching Assistant**

CSUDH, Carson, CA  
PSY 495 Seminar Special Topic: "Design Your Life"  
Professor: Dr. Giacomo Bono

- Graded essays and journal assignments
- Aided undergraduate students with questions regarding course material

PSY 331 Measurement in Psychology

Professor: Dr. Giacomo Bono

- Graded assignments and activities related to the use of SPSS and basic psychometric analysis

**2018- Present Writing Tutor**

Toro Learning and Testing Center, CSUDH, Carson, CA  
Supervisor: Peggy Ozaki, M.A.

- Assisted undergraduate students with crafting, writing, and revising research papers and essays, using APA and MLA Styles
- Aided with questions regarding Psychology course content, intermediate statistics, and the use of SPSS

**GRANTS FUNDED****1. Graduate Research Advancement and Development Grant (GRAD)**

*Prosocial Behavior as Protective Factor from Alcohol Use among College Students*

Role: Research Assistant      P.I.: Carl D. Sneed, Ph.D.      Project Period: 10/01/2017-present  
Amount: 500.00\$

## 2. Psi Chi International Honor Society - Mamie Phipps Clark Diversity Research Grant

*Prosocial Behavior as Protective Factor from Alcohol Use among College Students*

Role: Research Assistant

P.I.: Carl D. Sneed, Ph.D.

Project Period: 0.4/2017-04/2018

Amount: 3000.00\$

### PUBLISHED ABSTRACTS

1. **Gabriella, I.**, Reil, K., & Bono, G., (2019, April). Gender differences in gratitude among young adolescents. <https://doi.org/10.17605/OSF.IO/2C9R7>
2. **Gabriella, I.**, & Sneed, C. D. (2018, April). Prosocial Behavior and Alcohol Use Among College Students: A Correlational Study. <http://doi.org/10.17605/OSF.IO/2M7X3>
3. **Gabriella, I.**, Sneed, C. D., (2017, April). Physical activity and alcohol use among older college students in an ethnically diverse sample. <https://doi.org/10.17605/OSF.IO/3AGQK>

### OTHER PUBLICATIONS (non-peer reviewed)

1. **Gabriella, I.**, (2015, January) Accent Reduction. The Actors Voice – POV, 9(1). Retrieved from [http://more.showfax.com/plus/pov/2015/01/accent\\_reduction.html](http://more.showfax.com/plus/pov/2015/01/accent_reduction.html)

### CONFERENCE PRESENTATIONS

1. **Gabriella, I.**, Reil, K., Bono, G., (2019, April). Gender differences in gratitude among young adolescents. In G. Bono (Chair), *Promising horizons in gratitude research: harnessing its social dynamics to make life meaningful and better*. Symposium conducted at the annual meeting of the Western Psychological Association, Pasadena, California.
2. DelCid, A., Moreno, S., Mendoza, J., Tasedan, J., **Gabriella, I.**, Bono, G., (2019, April). *Does gratitude protect adolescents from social anxiety and depression?* Poster session presented at the annual meeting of the Western Psychological Association, Pasadena, California.
3. **Gabriella, I.**, Montes, K., Sneed, C.D., (2019, March). *Positive and negative affect, prosociality, and alcohol consumption among a diverse sample of college students*. Poster session presented at the biennial meeting of International Convention of Psychological Science, Paris, France.
4. Reil, K., **Gabriella, I.**, Bono, G., (2019, February). *The potential role of gratitude in facilitating resilient developmental trajectories*. Paper presented at the annual meeting of Student Research Day at California State University, Dominguez Hills, Carson, California.
5. **Gabriella, I.**, Sneed, C. D., (2018, April). *Prosocial behavior and alcohol use among college students: A correlational study*. Poster session presented at the annual meeting of the Western Psychological Association, Portland, Oregon.
6. Victor, T., **Gabriella, I.**, Sender, J., (2018, March). *Leadership and creative expression: A transformative context for exploring boundaries, authority, role, and task*. Poster session presented at the 2018 Community Engagement Symposium, Carson, California.

7. **Gabriella, I.**, Sneed, C.D., (2018, February) *Prosocial behavior and alcohol use among college students*. Paper presented at the annual meeting of Student Research Day at California State University, Dominguez Hills, Carson, California.
8. Martinez, M., Cota, K., Chu, A., **Gabriella, I.**, Sneed, C. D., (2018, February). *How parents monitor and communicate with their children through social media, cell phones, and GPS devices*. Roundtable session at the annual meeting of Student Research Day at California State University Dominguez Hills, Carson, California.
9. **Gabriella, I.**, Sneed, C. D., (2018, January). *Can prosocial behavior and positive emotions be protective factors for alcohol use?* Paper presented at the third annual meeting of the Western Positive Psychology Association, Claremont, California.
10. **Gabriella, I.**, Sneed, C. D., (2017, October). *Prosocial behavior as protective factor from alcohol use among college students*. Paper presented at the annual meeting of the Society for the Advancement of Chicanos and Native Americans in Science, Salt Lake City, Utah.
11. **Gabriella, I.**, Sneed, C. D., (2017, April). *Physical activity and alcohol use among older college students in an ethnically diverse sample*. Poster session presented at the annual meeting of the Western Psychological Association, Sacramento, California.
12. Brown, N., **Gabriella, I.**, Sneed, C. D., (2017, April) *Social influence on physical activity in an ethnically diverse sample of college students*. Poster session presented at the annual meeting of the Western Psychological Association, Sacramento, California.
13. **Gabriella, I.**, Sneed, C. D., (2017, February). *Physical activity and alcohol use among older college students*. Paper presented at the annual meeting of Student Research Day at California State University Dominguez Hills, Carson, California.
14. Brown, N., **Gabriella, I.**, Sneed, C. D., (2017, February). *Social influence on physical activity among college students*. Paper presented at the annual meeting of Student Research Day at California State University Dominguez Hills, Carson, California.
15. **Gabriella, I.**, Sneed, C. D., (2016, October). *Physical activity and alcohol use among older college students*. Poster session presented at the annual meeting of Society for the Advancement of Chicanos and Native Americans in Science, Long Beach, California.
16. **Gabriella, I.**, Sneed, C. D., (2016, August). *Physical activity and alcohol use among older college students*. In M. Martinez (Chair), *McNair Symposium*. Symposium conducted at the annual meeting of McNair Scholars at California State University Dominguez Hills, Carson, California.

## ACADEMIC AWARDS AND HONORS

2019	Outstanding Graduate Student of the Year Award (CSUDH)
2018	Love of Learning Award (Phi Kappa Phi, \$500)
2018	Diversity in Psychology Program recipient (University of Minnesota)
2018	Student Leader of the Year Award (CSUDH)
2017	PEGS Travel Scholarship (CSUDH, \$500)
2017	Graduate Equity Fellow (CSUDH, \$8000)

2017	Graduated Summa Cum Laude from CSUDH
2017	Academic Excellence Award (CSUDH)
2017	Outstanding Service to the Community Award (CSUDH)
2016	Graduate and Professional Student initiative recipient (The Ohio State University)
2016	SACNAS 2016 Conference Travel Scholarship
2016	Karen Cooper Memorial Scholarship by the Mensa Research Foundation (\$300)
2015 - 2025	McNair Scholar (CSUDH)
2015 - 2017	Margaret E. Oser Scholarship by the Orange County Foundation (\$5000)
2015 - 2016	Dean's list (CSUDH)
2015	Graduated with Honors from Coastline Community College (CCC)
2015	Osher Scholars Award (CCC, \$300)
2014 - 2015	President's List (CCC)
2004 - 2005	Student Advisory Council Merit Scholarship (CCC, \$500)

## PROFESSIONAL ORGANIZATION MEMBERSHIPS

2017 - Present	Association for Psychological Science- Graduate Student Affiliate
2017 - Present	Phi Kappa Phi Chapter CSUDH
2016 - Present	Psi Chi Chapter CSUDH
2016 - 2018	Society for Advancement of Chicanos/Hispanics & Native Americans in Science
2016 - 2017	National Association for Alcohol and Drug Abuse Counselors–Student Affiliate
2015 - Present	Western Psychological Association – Graduate Student Affiliate
2015 - 2018	American Psychological Association – Graduate Student Affiliate

## CERTIFICATES AND LICENSURE

2018	<b>Ability Ally Training</b>
	<ul style="list-style-type: none"> <li>Completed 3 hours of training about disability awareness and safe practices</li> </ul>
2017	<b>Certification of Completion for Substance Abuse Treatment (CSUDH)</b>
	<ul style="list-style-type: none"> <li>Trained with 15 hours of coursework in the areas of alcohol and substance abuse disorders and dependency under Dr. Karen Wilson</li> </ul>
2016	<b><i>Community Resiliency Model (CRM) Training</i></b> , Trauma Resource Institute
	<ul style="list-style-type: none"> <li>Learned CRM techniques to reduce responses to stress, trauma, and fear</li> </ul>
2015	<b>Certificate of Completion, <i>The Science of Happiness</i></b>
	<ul style="list-style-type: none"> <li>Online continuing education course about positive psychology, created by the University of California, Berkeley's Greater Good Science Center</li> </ul>
2015	<b>Mental Health First Aide (CSUDH)</b>
	<ul style="list-style-type: none"> <li>Trained to provide initial help to those experiencing depression, anxiety, psychosis and substance use disorders</li> </ul>

## OTHER WORK EXPERIENCE

2017 - 2018 **California State University, Dominguez Hills**

Office of Graduate Studies and Research

Position: Graduate Student Assistant

- Assisted with preparations of graduate events
- Assisted front desk with requests
- Maintained databases

**COMMUNITY SERVICE**

2015 - 2019 **President** (2017 - 2018), **Public Relations Officer** (2018 - 2019)

Toro Psych Club at CSUDH

Faculty Advisors: Tara Victor, Ph.D., and Giacomo Bono, Ph.D.

- Organized and coordinated club events and meetings
- Created content and slides related to psychological topics and presented at club meetings
- Created flyers, posters, and promotional emails about upcoming events
- Responsible for the club's presentation on social media sites

2017 **Volunteer at the Celebration of Achievements and Service Awards (CASA)**

Psi Chi, Toro Psych Club, and the Psychology Department at CSUDH

Supervisor: Heather Butler, Ph.D.

- Assisted with photo booth preparations
- Created photo slides for the ceremony

2016 **Commencement Volunteer**

Commencement 2016 at CSUDH

Supervisor: Aly Hudspeth

- Assisted at pinning ceremony
- Assisted backstage before and after the ceremony

2014 - 2016 **PencilPal, BookPal, StagePal** (2014 - 2016)

SAG-AFTRA Foundation

- Participated in weekly book readings for 1<sup>st</sup> and 2<sup>nd</sup> graders at a Los Angeles Unified School District title 1 elementary school (Selma Elementary)
- Read books at children's literacy events -including Read Across America- in hospitals, schools, and homeless shelters
- Assisted in monolog writing and theatrical performance workshops for Los Angeles Unified School District 5<sup>th</sup> grade students during the school year of 2014 - 2015
- Exchanged letters with a 4<sup>th</sup> grade student throughout the school year

## REFERENCES

### **Carl D. Sneed, Ph.D.**

Professor of Psychology  
CSU, Dominguez Hills  
1000 E. Victoria St.  
Carson, CA 90747  
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### **Kate Wassum, Ph.D.**

Associate Professor of Psychology  
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### **Giacomo Bono, Ph.D.**

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### **Tara Victor, Ph.D.**

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