

KELLY I BIELONKO

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EDUCATION

Eastern Connecticut State University
Willimantic, CT

Bachelor of Science, Psychological Science

2019

Industrial-Organizational Psychology
Cumulative GPA 3.91/4.0

HONORS AND AWARDS

SEB National Science Foundation (NSF REU) Research Grant

2018

UGRCA Summer Research Fellowship ECSU

2018

CSU Psych Day Award for Research Excellence

2018

Dean's List with Highest Honors

2017-2018

Psi Chi International Honors Society in Psychology

2018

Omicron Delta Kappa Honors Society

2018

PROFESSIONAL PRESENTATIONS

Poster Presentation accepted, ICPS Paris, France March 2019

2019

Sanford Research Symposium

2018

CSU Psych Day Oral Presentation

2018

TEACHING EXPERIENCE

Teaching Assistant

Physiological Psychology and Research Methods

2018

Developed weekly in-class activities pertaining to weekly content, led discussions and lectures on the physiology of sleep and health, graded exams and essay questions, held office hours weekly, created Facebook group for class to enhance engagement of material, mastered course material, held exam review sessions, helped students master course content

RESEARCH EXPERIENCE

Research Assistant

Sanford Research

Dr. Emily Griese

Teacher burnout, food deserts, data collaboration

2018

Assisted diverse research lab on a variety of studies in population health research lab, helped with statistical analysis and interpretation of results, conducted multiple literature reviews, focused on intervention efforts, assisted with data interpretation, attended workshops on data visualization and group-based modeling

Research Assistant

ECSU ORG Lab Researcher

Dr. Peter Bachiochi

Employee Resource Groups, Engagement and Occupational Health 2018

Research on diversity, retention, work-life balance and engagement related to employee resource groups, I/O research group at ECSU, conducted in-depth literature review on a lesser known topic, assembled measures to be used, developed theoretical framework, submitted IRB application, collected and analyzed data, used structural equation modeling, prepared study for publication and presentation at SIOP, received summer intensive research fellowship to fund M-Turk participants

Field Research Team

ECSU Focus Group Coordinator

Dr. Peter Bachiochi

Reliance Health Building Design, Reliance Health Inc.

2018

Created discussion guide with questions to ask focus group participants, led focus groups with fifteen participants, managed focus group operations, audio recorded session, coded data into key themes using NVivo, provided recommendations for and presented to a local organization in Norwich, CT to improve workplace culture and ergonomics

Consultant

Generations Health, Willimantic CT

Human Relations

2018

Conduct focus groups for the organization's health and wellness group to improve employee feedback, retention, satisfaction and productivity, submitted proposal to Generations Wellness committee to run focus groups Fall 2018

Research Assistant

ECSU Summer Research Institute

ECSU Research Intern

Dr. Jenna Scisco and Dr. Joe Dracobly

Health Psychology: DTCA and Health Consciousness

2017

Designed and presented own research study looking at the effects of direct to consumer advertising on health consciousness, conducted literature review, assembled measures, collected survey data and analyzed using SPSS, presented at Summer Research Institute

COURSEWORK

Research

Research Methods

Behavioral Statistics

Ethics

I/O

Industrial-Organizational Psychology

Job Satisfaction and Motivation

Diversity Seminar

Groups and Teams

Professional Development

Health

Health Psychology
 Physiological Psychology
 Personality Psychology
 Principles of Learning
 Drugs and Behavior

CAMPUS INVOLVEMENT

Psi Chi

Inductee**2018 – Present**

Incorporated Spring of 2018, will be running for a board position this fall
 Volunteered at Town-Wide Town Pride Annual town clean-up in Willimantic CT
 Assisted with annual practice GRE Fundraiser
 Collaborated with Psychology Club on educational and social events
 Promoted Psi Chi initiative through Psychology Club platform
 Currently submitting recent study on 'buying time' to Psi Chi journal
 Attended Psi Chi seminars at EPA/APS Conventions

ECSU Psychology Club

President**2017 – Present**

Created and organized club events and weekly meetings, oversaw e-board functions, created community outreach position, designed mentor program, delegated responsibilities to e-board members such as treasurer and secretary, submitted financial paperwork and funding requests, created fliers for events and other PR duties, recorded e-board meeting minutes, presented on different psychology topics, collaborated with psychology department and club advisors on events for all psychology students, held professional development workshops, hosted psychology speakers in all fields, held various fundraisers, encouraged community volunteerism for club members, took members to APS, EPA, NEPA and SIOP, 20 active members

ECSU Vegan's Club

Vice-President**2017-2018**

Oversaw social functions of e-board, designed and presented on vegan diets, held social events for vegan club members, advocated to university to improve vegan options on-campus, enhanced vegan awareness, promoted events and fundraisers, 15 active members

Pre-Health Society

Student Advocate**2017-2018**

Attended 2017 Yale Health Care Conference

LANGUAGES

Spanish-speak, read, and write with proficiency

SOFTWARE

IBM SPSS

Microsoft Office

PROFESSIONAL MEMBERSHIPS AND LEADERSHIP POSITIONS

Psi Chi

Association for Psychological Science, **Undergraduate Advocate**

American Psychological Association

Society for Industrial Organizational Psychology, **Government Relations Advocacy Team**

Society for Occupational Health Psychology

Eastern Psychological Association

New England Psychological Association

REFERENCES

Dr. Peter Bachiochi, Professor, Department of Psychological Science, ECSU | 860-465-4551 |
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Dr. Jenna Scisco, Professor, Department of Psychological Science, ECSU | 860-465-1193 |
sciscoj@easternct.edu

Katrina Burch, Professor, Department of I/O Psychology, UConn, burchka@easternct.edu