

Calyx Turco

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662 Lincoln, Grosse Pointe Michigan 48230
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Nashville Tennessee, 37212
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Skills

Experience teaching swim lessons and other aquatic activities
Certified in First Aid
Certified in CPR and Lifeguard training

Experience

Grosse Pointe City Park/ Head Swim Coach & Private Lessons Instructor

May 2013-August 2017

Worked as a private and public swim instructor. Responsible for 100-150 children under the age of 17 at a time. Aided in communication between parents/guardians and coaches as well as keeping members of the team informed. Responsible for designing and executing swim lesson plans and exercises.

Neighborhood Club/ Lifeguard

January 2013-April 2014

Responsible for maintaining the aquatic portion of the gym, cleaning pool deck, washing towels and observing the pool when in use. Enforced guests' adherence to pool guidelines and rules in a professional manner. Performed rescues in the event of drowning or swimming accidents. Administered first aid and CPR in response to life threatening situations

Belmont University Fitness and Recreation Center/

Jumpstart Trainer

September '17 - Present

Maintain peak physical condition to better serve and motivate clients. Work with a handful of clients directly to develop personal fitness goals without a certification.

Edley's Bar-B-Que/ Cashier

February '18 - May '18

Take orders and serve food and beverages to patrons at tables in dining establishment. Check with customers to ensure that they are enjoying their meals and take action to correct any problems. Communicate with customers to resolve complaints or ensure satisfaction.

Education

Grosse Pointe South High School / GED

September 2013-June 2017, Grosse Pointe, Michigan

Received a general education as well as passing Advanced Placement courses. Graduated with honors.

Belmont University / Undergraduate

August 2017- Present, Nashville, Tennessee

Studying Exercise Science on the Pre-Physical Therapy track, planning to minor in Nutrition.

Grosse Pointe Henry Ford Hospital Department of Physical Therapy / Observationship

May 2018, Detroit, Michigan

Observed and volunteered under licensed Physical Therapists, accumulating 50 hours of observation.

Leadership Positions

Captain of Grosse Pointe South Varsity Swim and Dive Team

2 year President of Grosse Pointe South's Link Crew

Company Manager of Grosse Pointe South Varsity Mixed Show Choir, The Pointe Singers

4 Year Senator for Grosse Pointe South Student Association

3 Years Head Coach of Grosse Pointe City Norbs

Treasurer for Patton-Bearhouse Community Council

Current Secretary for Belmont's Swim Club