

Impact Model

Purpose Statement- To provide Cognitive Behavioral Therapy to develop coping and networking skills to maintaining employment for Middle aged adults with Schizophrenia.

Target Population- Ten middle age adults in Oswego County who have been diagnosed with Schizophrenia that are seeking employment.

Implementation Goals

- Obtain funding
- Reserve space in the hospital for the program
- Reserve dates for client's arrival
- Create a curriculum on employment seeking skills
- Hire and train counselors on Cognitive Behavior Therapy
- Identify the clients who are unemployed and desire therapy
- Determine if clients need a form of transportation
- Have clients complete an intake form
- Complete Treatment plan for each client

Intermediate Goals

- Provide one-on-one CBT counseling sessions on employment issues with identified clients for fifty minutes every week.
- Create a treatment plan for each client
- Monitor the Budget
- Monitor attendance
- Replenish supplies as needed
- Hire additional staff or increase training as needed
- Adjust treatment plans for clients every six months.

Outcome Goals

Short Term Goals

- Develop a positive relationship between client and counselor
- Clients learn strategies to cope with their irrational thinking and behaviors for employment searching
- Clients can determine what kind of employment they seek and begin searching.

Long Term Goals

- Clients can find employment that they desire
- Clients can cope with their daily employment stressors.
- Clients can cope with their irrational thinking and behaviors to maintain employment

