

Roderick Bell

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Educational Experience

State University of New York (SUNY) College at Oswego; Oswego, NY

Masters of Sciences in Mental Health Counseling August 2018- Present

Bachelor of Arts in Human Development May 2017

GPA: 3.67- President's List: Fall 2015-Dean's list: Fall-Spring 2016

Onondaga Community College at Syracuse, NY

Associates in Liberal Arts & Sciences: General Studies May 2015

GPA: 3.73-President's List: Fall 2013 and Fall 2014 - Provost's List: Spring 2014 and Spring 2015

Professional Experience

Counseling Services Center (SUNY Oswego)

Intern September 2019- Present

- Engaged in one- on one counseling sessions with SUNY Oswego students.
- Co-facilitate a men of color support group.
- Accept walk-in students for crisis intervention weekly
- Complete effective & concise case notes daily.
- Participate in outreach events sponsored by the Counseling Services Center.

Advocates Incorporated

Mentor April 2019-Present

- Support a married couple with developmental disabilities achieve their treatment goals
- Cooperated with married couple in their volunteer services.
- Maintained a healthy environment for couple to live in.

Exceptional Family Resources

Self-Direction DSP April 2019- Present

- Encourage individuals with developmental disabilities to develop skills and achieve higher levels of autonomy in the community.
- Facilitates community outreach activities
- Encourage ADLs (Activities of Daily Living) showering/bathing, toileting, and dressing

Farnham Family Services

Outpatient Clinic Intern January 2019- May 2019

- Provide group & individual counseling for individuals who have a substance abuse disorder.
- Write effective notes on each client every session.
- Attend trainings that relate to the Office of Alcoholism & Substance Abuse Services (OASAS).
- Assist, with preventions services, planned events, and intakes assessments as needed.

Arc of Onondaga County - East Syracuse Day Habilitation

Direct Support Professional May 2017- May 2019

- Empowers individuals with developmental disabilities to learn new skills and achieve higher levels of independence.
- Plans, coordinates and participates in social, recreational, and community activities.
- Promote and practice justice, fairness, and equity for the people supported and the community as a whole.
- Supervised in ADLs (Activities of Daily Living) showering/bathing, toileting, and dressing.

Assertive Community Treatment Team (ACT) | Oswego Health**Act Team Intern** January 2017- May 2017

- Aide a team that brings support services and delivers comprehensive, person-centered treatment and rehabilitation to clients to improve on care management skills.
- Analyze and create notes on clients during home visits and provide feedback on their behaviors.
- Plan engaging and educational activities for group discussions.

Trinity Catholic School Intern Oswego NY**Teacher's Assistant** September 2016- December 2016

- Contributed to the classroom by keeping it organized and learned to maintain an overall safe environment for the students.
- Assisted students in one-on-one and small group settings.
- Aided the school with a variety of different events that occur during the day and at night.

Bj's Wholesale Club, Clay NY**Cart Attendant/Cashier** May 2016- Present

- Process quick transactions that alleviated wait times.
- Adapt to stressful situations ability on the register and outside by effectively managing my time and prioritizing tasks.
- Retrieve and stack carts for guest accommodations.

Volunteer Experience**Activity Assistant** through SUNY Oswego's Adopt-A-Grandparent program February 2016- May 2016

- Connected with senior adults in the community through programs and activities such as crafts, games, talent shows, and volleyball and holiday parties to contribute to positive and supportive environment.