

Allison Kay Jaeger

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Education

Iowa State University – Ames, Iowa

Bachelor of Science in Dietetics, College of Human Sciences

December 2017

Bachelor of Science in Global Resource Systems, College of Agriculture and Life Sciences

December 2017

Dean's List

Fall 2015 – Fall 2017

GPA: 3.53 / 4.0

International Experience

SEDEGES Entre Ríos Nutrition Intern – Bolivia

May 2017 – July 2017

- Presented a nutrition workshop in Spanish to 25-30 students. Assisted with the health and wellness program providing physical, physiological, and nutritional support to adolescents. Assessed malnutrition risk for children ages 0-5 years.

Outreach360 Volunteer – Dominican Republic

December 2015 – January 2016

- Led an English Immersion Camp for children and youth. Facilitated the opening assembly and performed crew leader responsibilities for 8-12 young boys.

Undergraduate Research

Blossom Project Lab Assistant – Iowa State University – Ames, Iowa

January 2016 – Present

- Input diet data using NutritionistPro nutrient analysis software. Documented diets of participants in a study monitoring weight gain during pregnancy. Prepared an informative presentation on GMOs and organic produce for an upcoming farm-to-table program with mothers and toddlers.

Career-Related Experience

Horizons Meals on Wheels Summer Cook – Cedar Rapids, Iowa

June 2016 – August 2017

- Prepared and delivered meals for 1,000 students attending summer school. Worked efficiently and effectively in a team environment while complying with all food safety regulations.

HACAP Food Reservoir Intern – Hiawatha, Iowa

May 2015 – August 2015

- Organized interactive nutrition-related activities at the North Liberty Summer Lunch Program for 18-20 children. Coordinated the Eastern Iowa Freedom from Hunger campaign, by contacting businesses and promoting a food drive.

True Friends Camp Special Diets Intern – Eden Prairie, Minnesota

June 2015 – July 2015

- Discussed diet restrictions with campers and caregivers. Prepared gluten free, lactose free, low sodium, sugar free, low cholesterol, vegetarian, and pureed meals for 5-12 campers per week.

Iowa State University Dining Employee – Ames, Iowa

August 2014 – May 2015

- Gained a well-rounded foodservice experience: worked salad bar, barista, back of house, cashier, and dish room.

Marriott Banquet Server – Cedar Rapids, Iowa

May 2014 – August 2014

- Served beverages and meals, set and cleared tables, and offered courteous hospitality to guests.

Cedar Rapids Country Club Banquet Server – Cedar Rapids, Iowa

May 2014 – August 2014

- Distributed beverages and meals to guests with a professional and polite demeanor. Set up and tore down furnishings.

Leadership Activities

Antioch Retreat Kitchen Manager

March 2016, October 2016, March 2017

Spanish Tutor

August 2016 – December 2016

Saint Thomas Aquinas Intentional Community

August 2015 – May 2016

Washington D.C. Service Trip Leader

March 2016

Service & Justice Team President

August 2014 – May 2015

Freeman Residence Hall Vice President

August 2014 – May 2015

New Orleans Service Trip Participant

March 2015

Professional Involvement

Student Member of the Academy of Nutrition and Dietetics

June 2015 – Present

Dean's Recognition Award by the College of Human Sciences

December 2017

Distinguished Service Award by the College of Agriculture and Life Sciences Council

December 2017

Martin Bros. Food Show – Waterloo, Iowa

October 2016

Iowa Hunger Summit – Des Moines, Iowa

October 2016

World Food Prize Conference – Des Moines, Iowa

October 2016