

Naaman Lauderdale, PhD, CES, Th.D., PPSY, MAC, MRAS, MDAACS, BA, LCMHC, LPC-S

Clayton, MO 63105
naaman@firstchoicepcorp.com
314-947-3660

SUMMARY OF QUALIFICATIONS

Licensed clinical mental health clinician/counselor/therapist, serving adolescents, adults, families, groups, couples and seniors, in program development, conflict resolution, multi-cultural service, diagnostic assessment, and treatment plan implementation. My therapeutic foundation and training are in cognitive behavior therapy (CBT), substance abuse, post-traumatic stress syndrome (PTSD), and eye movement desensitization reprocessing (EMDR).

PROFESSIONAL EXPERIENCE

FIRST CHOICE COUNSELING PC, University City, MO 2016 - present
Director Behavioral Health Services www.firstchoicepcorp.com

- Provide direct and video clinical therapy services: case management, counseling, crisis intervention, medication monitoring and development of individual rehabilitation plans.
- Document progress and collaboration with client to develop effective treatment plan.

F.G.H.M.ORG, St. Louis, MO 2008 - present
Professional Counselor www.fghm.org
Executive Director

501(c)(3) Non-Profit Public Benefit Corporation Community committed to mental healthcare to educate, equip, and empower existing programs that enrich public participation in healthy educational programs, as well as socioeconomic partnerships. Network with proven, reliable philanthropic organizations and private individuals who see the value of investing in adults, adolescents, and families. Our core is centered around an inclusive Christian Worldview of economic, social, and spiritual formation.

Myrtle Hilliard Davis Community Health Center, St. Louis, MO 2018 - 2022
Behavioral Health Consultant. www.carestthealth.org

- Provided talk therapy, and counseling to adolescents and adults experiencing emotional and behavioral difficulties using a multicultural resolution foundational approach.
- Assessed consumers in crisis to evaluate and obtain appropriate level of service.
- Documented diagnosis and collaborated with client to develop effective rehabilitation plan.

SUMNER HIGH SCHOOL, St. Louis, MO 2018 - 2021
Behavioral Health Counselor

- Provided counseling and therapy to, school Counselor referred only, students demonstrating patterns of severe disruptive behaviors including I.E.P. Students.

Urban St. Louis K-Life, St. Louis, MO 2015- present
Pathway TO Healing / Director

Provide therapeutic behavioral health care services to adolescents/teens/young adults ages 13-25. Assessment, Diagnosis, and Treatment plans for various evidence-based behavioral challenges. Supervise PLPC, and LPC behavioral health professionals who are using CBT, DBT, and EMDR to resolve presenting client/participant behavioral health challenges referred by Urban K-life relationship managers.

EDUCATION

PhD, CES

University of the Cumberlands, Williamsburg, KY 2016

ThD, Pastoral Psychology

C.I.T.A. University 2019

ThD, Religious Studies

C.I.T.A University 2019

**Master of Arts in Professional Counseling Specialization:
Clinical Mental Health Counseling**

University of the Cumberlands, Williamsburg, KY 2015

Masters Drug, Alcohol and Addictions Counseling

Professionally Licensed: MDAAC-S, MAC, LCMHC, LPC-S (MO)(KY) 2015

Bachelor Arts Professional Addiction Counseling

ACADC.ORG / Yucaipa, California 2012

CERTIFICATIONS/LICENSE

National Counselors Examination (NCE) Passed 2016

NBCC National Certified Counselor (NCC) 2019

NCC AP Master Addiction Counselor (MAC) 2017

Licensed Alcohol Addiction Drug Counselor (LPC-S (MO)) 2016

Licensed Clinical Mental Health Counselor (LCMHC) 2016

Eye Movement Desensitization Reprocessing (EMDR) Trained 2015

American Red Cross- Disaster Mental Health Worker 2013

CPR adult/child/infant Credential expires 12/2025

PROFESSIONAL AFFILIATIONS

American Counselors Association 2016
Doctoral Affiliate Membership

American Counseling Association Missouri 2016
Doctoral Affiliate Membership

Missouri Mental Health Counselors Association 2016
Membership

National Association of Addiction Drug and Alcohol Counselors 2016
Walden University Preceptor Clinical
Washington University Certificate Clinical
APA Membership