

Mr. Naaman Lauderdale, PhD..C, ThD. Psy, LPCC,LCMHC,MRAS,MDAACS,MAC,NCC

St. Louis, Missouri naaman@1st-choice-counseling.com 314-762-6363

SUMMARY OF QUALIFICATIONS

- Experienced: Board Certified Clinical mental health counselor,behavioral health specialist,supervisor, doctorate,and doctoral candidate, providing talk therapy to: adolescents, adults, families, groups and seniors, professional development program management, multi-cultural service provider, diagnostic assessment, care plan and treatment. My specializations include but are not limited to cognitive behavior therapy C.B.T.,DBT,REBT,SFBT, career counseling, MAT-substance abuse,compound and complex trauma, post-traumatic stress disorder P.T.S.D. and eye movement desensitization reprocessing E.M.D.R.trained.

EDUCATION

University of the Cumberlands, Ph.D..C	2019
C.T.A. University, Th.D. Pastoral Psychology	2019
Master of Arts in Professional Counseling Specialization: Clinical Mental Health Counseling University of the Cumberlands Graduate	2015
Masters Drug, Alcohol and Addictions Counseling Professionally Licensed, CAADE, CCAPP, MAC, LPC, CATC IV, MDAACS, MRAS	2014

PROFESSIONAL EXPERIENCE

CareSTLHealth.Org, Saint Louis, MO Behavioral Health Consultant www.carestlhealth.org	2018 – present
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- Provide talk therapy, counseling to, adolescents and adults experiencing emotional and behavioral difficulties using a multicultural resolution foundational approach. Assess clients in crisis to evaluate and obtain appropriate level of services. Coordinate and facilitate appropriate plan of services for each client/participant. Trauma specialist(EMDR trained), National Board Certified Counselor(NCC).
- Documented diagnosis,evidenced based testing collaborating with clientele to develop effective rehabilitation plan.

FIRST CHOICE COUNSELING, St. Louis, MO Licensed Professional Counselor www.1st-choice-counseling.com	2014 - present
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- Providing direct-care clinical therapy services that include, counseling, crisis intervention, medication monitoring, documentation, diagnosis, and development of individual rehabilitation plans
- Assess consumers in crisis to evaluate and obtain appropriate level of services. Coordinated with the site supervisor to assess and facilitate appropriate level of services for consumers.
- Documented progress and collaborated with clientele to develop effective rehabilitation plans.

BETTER LIFE COUNSELING, Saint Louis, MO
 Tammy Kuykendoll Betterlifecounseling.com

2013 – 2017

- Provide talk therapy, counseling to, adolescents and adults experiencing emotional and behavioral difficulties using a multicultural resolution foundational approach. Assess clients in crisis to evaluate and obtain appropriate level of services. Coordinate and facilitate appropriate plan of services for each client/participant.
- Documented diagnosis, collaborating with clientele to develop effective rehabilitation plan.

F.G.H.M.ORG, Saint Louis, MO

2008-present

Executive Director- 501(c)(3) Non-Profit Public Benefit Corporation <http://revnl0.wixsite.com/fghmorg>.

Community commitment to mental healthcare that educates, equips, and empowers existing programs that enrich public participation in healthy educational programs, as well as socioeconomic partnerships. Networking with proven, reliable philanthropic organizations and private individuals who see the value of investing in our most precious resources, adolescents, adults and families. Our core is centered around an inclusive Worldview of economic, social and spiritual formation preferring wellness and safety above all.

TEACHING EXPERIENCE

Courses serving as: Teaching Assistant: Responsibilities included grading and weekly teaching.

- **2017_FALL_IG_Introduction to the Counseling Profession_01**
- **2017_FALL_IIG_Group Counseling_01**
- **2017_FALL_IIG_Introduction to the Counseling Profession_02**
- **2017_SPR_IG_Introduction to the Counseling Profession_02**
- **2017_SPR_IIG_Counseling during Grief and Crisis_01**
- **2017_SUMMER_IG_Theories of Counseling_COMBINED**
- **2017_SUMMER_IIG_Theories of Counseling_01**
- **2018_FALL_IG_Counseling during Grief and Crisis_01**
- **2018_FALL_IG_Human Growth and Development_02**

- **2018_FALL_IIG_Group Counseling_02**
- **2018_FALL_IIG_Introduction to the Counseling Profession_01**
- **2018_FALL_IIG_Private Practice & Clinical Supervision_01**
- **2019 American Lung Association Smoking Cessation Class**
- **(Certified Class Facilitator. Lung University)**

PROFESSIONAL AFFILIATIONS

American Counselors Association	Membership
American Counseling Association Missouri	Membership
Missouri Mental Health Counselors Association	Membership
American Psychological Association	Membership
National Association of Addiction Drug and Alcohol Counselors	Membership
Kentucky Counselors Association	Membership
First Choice Counseling PC	Private Practice
Urban St. Louis K Life	Board Member

CERTIFICATIONS/LICENSE

National Board of Certified Counselors (NBCC)	2019
National Counselors Examination (NCE) Passed	2016
NAADAC Master’s Addiction Counseling (MAC)	2016
Licensed Professional Counselor (LPCC)	2016
Eye Movement Desensitization Reprocessing(EMDR) trained	2015
ACADCI Master’s Drug Alcohol Addiction Counselor (MDAAC-S)	2014
Master Addiction Registered Specialist (MRAS)	2013
Disaster Mental Health Worker	2013
American Red Cross, CPR Credential expires 2021	