

Personal Details:

Name and surname: Eden Broberg
Address: 1203 California Drive, Apt 104, Saint Paul, MN 55108
Telephone number: 952-492-1764
Birth date: 11/07/1992
e-mail: therapywitheden@gmail.com
eden.broberg@gmail.com

EDUCATION

2016-2019 **Master of Arts in Psychological Science**
University of Minnesota, Duluth, Duluth,
MN. Cumulative GPA: 4.0/4.0
Clinical and Counseling Psychology

Graduate courses that pertain to area of interest:

Advanced Statistics [A], Assessment I: Foundations and Cognitive Assessment [A], Assessment II: Diagnostic and Personality Assessment [A], Career Counseling and Lifespan Development [A], Individual Adult and Group Therapy [A], Psychopathology Across the Lifespan [A], Practicum [A], Research Methods and Designs in Psychology [A], Ethical and Legal Issues in Therapy and Counseling [A], Clinical Counseling Internship I & II [A, A], Child, Adolescent, and Family Therapy [A], Multicultural Foundations in Clinical/Counseling Psychology [A], Clinical Treatment Planning [A], Advanced Developmental Psychology [A],

2011-2015 **Bachelor of Arts in Biology and Psychology, *Cum Laude***
University of Minnesota, Morris, Morris, MN.
Majors: Biology, GPA: 3.6/4.0; Psychology, GPA: 4.0/4.0

2007-2011 Fargo South High School (2007-2011)
GPA: 4.0/4.0

INDEPENDENT CLINICAL EXPERIENCE

2022-2025 Licensed Professional Clinical Counselor
Wholehearted Healing, LLC
Eden Broberg LLC

- Independent Contractor
- Conducted individual and couples' therapy sessions
- Completed Treatment Plans, Diagnostic Assessments, MSEs, and coordination with insurance companies

- Tracked client symptoms data using PCL-5, PHQ-9, GAD-7, AUDIT, EAT-26, and more
- Engaged clients in CBT, DBT, HAES (Health At Every Size), Client-Centered, NET (Narrative Exposure Therapy for PTSD), Feministic, and ERP approaches.

SUPERVISED CLINICAL EXPERIENCE

2021-2022

Outpatient Therapist and IDP Program Therapist

The Emily Program

Clinical Supervisor: Maggie, Meyers, MA, LPCC

Clinical Supervisor: Cameron Green, MSW, LICSW

Clinical Supervisor: Laine Bermansohn, MA, LPCC

Obtained LPCC from BBHT on 06/01/2022

Received 1000+ supervised clinical hours

- Conducted individual and group therapy sessions within assigned intensive program
- Supported intensive program by participating in therapeutic meals
- Assisted with milieu management
- Maintained timely clinical documentation in compliance with TEP policies and regulatory standards
- Peer reviewed documentation
- Maintained and enhanced knowledge of current clinical practice
- Maintained at all times the confidentiality of proprietary information: trade secrets, sensitive company information, and generally any company information not made available to the public.
- Maintained at all times the confidentiality of former and current Emily Program clients' protected health information, as directed by state and federal law, and TEP policy.
- Attended all required meetings per the IDP and Outpatient Site Meeting Structure
- Completed all assigned mandatory trainings

2017-2021

Mobile Crisis Response Team, Mental Health Practitioner

Birch Tree Center

Clinical Supervisor: Dawn Martinson, LPCC

Clinical Supervisor: Andrea Wells, MSW, LICSW

Clinical Supervisor: Edward Franckowiak, MSW, LICSW

Graduate Intern Aug 2017 – May 2018
Mental Health Practitioner June 2018 – Feb 10, 2021

Received 4000+ supervised clinical hours

- Performed face-to-face crisis assessments and interventions for suicidal and homicidal clients, provided short term mental health services to help individuals identify and use available resources and avoid unnecessary hospitalization, developed treatment plans to improve client's ability to cope with stress, maintain independent living, and return to baseline functioning
- Provided crisis assessments in client residences, at the BTC Crisis Stabilization Center, in the Emergency Room, in Detoxification facilities, and in other community settings
- Received 60+ hours of didactic trainings on various components of mental health

2016-2017

Clinical Counseling Practicum Student

University of Minnesota, Duluth

Clinical Supervisor: Catherine Reich, Ph.D.

January 2017–May 2017

Received 250+ supervised clinical hours

- Provided therapy to college students
- Developed treatment plans, wrote intake reports, kept updated progress notes
- Conducted diagnostic assessments, cognitive evaluations, and intake interviews with undergraduate college students.

Assessment Measure Experience:

University of Minnesota, Duluth

Assessment Supervisors: Lara LaCaille, Ph.D., LP; Scott Carlson, Ph.D.,

August 2016-May 2017

- Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)
- Montreal Cognitive Assessment (MoCA)
- Test of Nonverbal Intelligence, Fourth Edition (TONI-4)
- Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV)
- Wechsler Intelligence Scale for Children-Fifth Edition (WISC-V)
- Wechsler Individual Achievement Test-Third Edition (WIAT-III)

GRANTS

2017 Broberg, E. University of Minnesota Duluth, Department of Psychology.

Proposal Title: *Psychopathic personality traits, attention, emotion, and disinhibition: An ERP study of differential correlates in the Two-Process Theory*

Role: Principal Investigator

Status: Funded, \$4,323

RESEARCH EXPERIENCE

Master's Thesis Research

Title: *Psychopathic personality traits, attention, emotion, and disinhibition: An ERP study of differential correlates in the Two-Process Theory*

Advisor: Scott Carlson, Ph.D., LP, Department of Psychology, University of Minnesota Duluth. Duluth, MN, August 2016-December 2019.

- Examine electrophysiological and psychological measures of psychopathy, and respective relationships with emotional interference and disinhibition

Graduate Student Research Assistant

Title: *Individual Differences in Binge Drinking, Gaming, and Viewing*

Advisor: Scott Carlson, Ph.D., LP, Department of Psychology, University of Minnesota Duluth. Duluth, MN, August 2016-May 2017.

- Investigated impulsive personality traits related to a variety of binge behaviors (binge drinking of alcohol, binge internet gaming, binge watching of streaming videos) and those specifically related to each type of bingeing.
- Examined reward and punishment sensitivity as well as inhibitory control

Undergraduate Research Primary Investigator

Title: *Academic Success and Christian Affiliation in College*

Supervisor: Nick Leonard, Ph.D., LP, Department of Psychology, University of Minnesota Morris. 2014-2015

Morris, MN, August 2014-May 2015.

- Examined relationships between religious affiliation and various measures of college academic success.
- Self-directed, year-long research, undergraduate research assistant: Matthea Krogstad, BA
 - Presented findings in an oral seminar at the 2015 University of Minnesota Undergraduate Research Symposium

Undergraduate Capstone Research: Biology BA

Title: *The Link between Neurodegeneration and Schizophrenia*

Advisor: Paul Z. Myers, Ph.D., Department of Biology, University of Minnesota Morris.

Supervisor: Michael Ceballos, Ph.D., Department of Biology, University of Minnesota Morris. Morris, MN, August 2013- December 2015.

- Examined connection between neuroinflammation and schizophrenia-like symptoms in rodent models
 - Presented seminar on implications of anti-inflammatory pharmaceuticals as means of prevention and combination treatment in schizophrenia

Undergraduate Capstone Research: Psychology BA

Title: *Protective Cultural Factors in Relation to Acculturation and Disordered Eating in*

Minority Immigrant Populations

Advisor: Heather Peters, Ph.D., LP, Department of Psychology, University of Minnesota Morris. Morris, MN, January 2014-May 2014.

- Examined increases in disordered eating behaviors in assimilated versus acculturated minority immigrant groups
 - Presented seminar on cultural differences in body ideals, the erosion of protective factors upon immigration to the U.S, and proposed a multicultural approach to interpreting and treating disordered eating.

Undergraduate Research Assistant

Title: *Assessing Rural Mental Health Workers' Multicultural Competencies*

Advisor: Heather Peters, Ph.D., LP, Department of Psychology, University of Minnesota Morris. Morris, MN, August 2013-August 2014.

Awarded a 12-month Morris Academic Partnership

- Coded and analyzed interviews of mental health professionals in the Morris, MN area.
- Weekly meetings with secondary research assistant and advisor to discuss findings of multicultural sensitivity

TEACHING AND SUPERVISION EXPERIENCE

Graduate Teaching Assistant for Assessment II: Diagnostic and Personality Assessment

University of Minnesota Duluth, Department of Psychology, Duluth, MN.

January 2018-May 2018

10 hours/week

Supervisor: Scott Carlson, Ph.D.

- Graded first-year Clinical-Counseling graduate students' Diagnostic Assessments, provided feedback, and coordinated with professor

Graduate Teaching Assistant for General Psychology

University of Minnesota Duluth, Department of Psychology, Duluth, MN.

January 2017-May 2017

10 hours/week

Supervisor: Kathy Apostal, Ph.D.

- Graded assignments, proctored make-up exams, managed students' grades, and held office hours

Undergraduate Teaching Assistant for Psychopathology

University of Minnesota Morris, Department of Psychology, Morris,

MN. Spring 2013-Fall 2015 (three separate classes)

10 hours/week

Supervisor: Heather Peters, Ph.D.

- Formulated mock projects, graded assignments, provided students with written and interactive feedback, and collaborated closely with faculty

Student Academic Tutor and Note-taker

University of Minnesota Morris, Department of Disability Services, Morris,
MN. Fall 2011-Fall 2013
10 hours/week

- Assisted student learning in several classes (General Chemistry II, Introduction to Statistics, Psychology of Child Development, Survey of Calculus, and Psychology Research Methods)

HONORS AND SCHOLARSHIPS

2018	Society for Collegiate Leadership & Achievement
2017	Golden Key International Honors Society APS, Association for Psychological Science
2016	National Association of Professional Women
2015	Tri Beta, International Honor Society in Biology
2013-2015	Karen Nielson Community Service and Volunteerism Scholarship, three-time recipient, UMM
2013-2014	Morris Academic Partnership (reserved for academically talented juniors, obtained as a sophomore), UMM
2013	Psi Chi, International Honor Society in Psychology
2011-2015	Morris Scholars Award for Academic Excellence, UMM
2011-2015	Dean's List for Academic Excellence, UMM
2011	National Honor's Society
2011	Advanced Placement Scholar Award, with Distinction

PROFESSIONAL MEMBERSHIPS

- Psychotherapy Network (Jan 2018-present)
- APS, Association for Psychological Science (Nov 2017-present)
- Tri Beta, International Honor Society in Biology (April 2015-present)
- Psi Chi, International Honor Society in Psychology (April 2013-present)

COMMUNITY SERVICE

Someplace Safe, Volunteer Victim's Advocate, Morris,
MN 2013-2014, 100+ hours

- Helped plan, organize, and facilitate events to support victims of domestic violence, general crime, and sexual assault
- Gathered, organized, and monitored donated materials
- Completed paperwork for individuals seeking legal action, relocation, and financial assistance

CERTIFICATIONS

Love and Logic: Parenting the Love and Logic Way on 01/10/2019

Birch Tree Center – Crisis Response Team, Duluth, MN; 6-hour training

PESI Seminar: Suicide & Self-Mutilation: Stopping the Pain on 11/01/2018

Birch Tree Center – Crisis Response Team, Duluth, MN; 8-hour training on suicidal ideation, planning, intent, means, and non-suicidal self-injury.

Mental Health First Aid USA, First Edition (Revised) on 05/12/2017

University of Minnesota-Duluth, Duluth, MN; 9-hour training on mental health crisis intervention

Collaborative Institutional Training Initiative (CITI Program) on 11/21/2016

University of Minnesota-Duluth Training Modules for Social/Behavioral or Humanistic Research Investigators and Key Personnel

Nonviolent Crisis Intervention (CPI) Training on 05/27/2015 & 05/25/2016

Heartland Girls' Ranch, Benson, MN; Youth Counselor Training

Continuing Professional Education (CPE) Supervisory Training on 05/07/2016

National Association of State Boards of Accountancy (NASBA): Making the Transition from Staff to Supervisor; Fred Pryor Seminar

Medication Administration for Non-Licensed Personnel on 10/01/2015

Heartland Girls' Ranch, Benson, MN; Youth Counselor Training

Department of Environmental Health and Safety (DEHS Program) on 01/30/2014

University of Minnesota Training Modules for Research Safety, Chemical Safety, Chemical Waste Management, and Animal Research

Collaborative Institutional Training Initiative (CITI Program) on 08/24/2013

University of Minnesota-Morris Training Modules for Social/Behavioral or Humanistic Research Investigators and Key Personnel

Crisis Line Volunteer Training on 4/16/13

Someplace Safe, Morris, MN

RELEVANT PROFESSIONAL EXPERIENCE

Heartland Girls' Ranch, Benson, MN

Full-time Supervisor 05/2015-08/2016

- Worked with sex-trafficked and at-risk adolescent girls (ages 12-21) with various mental health concerns
- Focused on meeting daily needs of residents (physical, emotional, and self-care) through facilitating strength-based relationships, supervision, and mentoring
- Completed paperwork and documentation as needed (resident checks, behavior and progress logs, passing and packing medications, clothing/belongings inventories, incident reports, mandated reports, etc.).
- Restraint trained according to Department of Corrections
- Administered medications in accordance with licensure guidelines
- Constructed, instructed, and supervised several teams of employee Youth Counselors who worked closely with the residents.

CONFERENCES

Tattoos on the Heart: St. Louis County Health and Human Services Conference, Duluth, MN, Birch Tree Center – Crisis Response Team; Oct 11–12, 2018

- **Is Work Making You Sick? Managing Stress, Distress, and Burnout** by Carolyn Phelps, PhD, LP
- **Surviving an Active Shooter Incident** by Mike Monroe Kiefer, PhD
- **Professional Burnout: What is it and What Can You Do about it When You Cannot Quit Your Job** by Maria Stalzer Wyant Cuzzo, PhD, JD
- **Creating a Trans Affirming Work Environment** by Dziengel Lake, PhD, MSW, LICSW
- **Food Dyes, Retained Reflexes, Core Strengthening – Oh My!** By Tammy Juten, PsyD, LP

Bravely Being Human: St. Louis County Health and Human Services Conference, Duluth, MN, Birch Tree Center – Crisis Response Team; Oct 9–11, 2019

- **Dialectical Behavioral Therapy: Individual Therapy Component** by Sara Dhuse, PhD, LP
- **Speedballing 101 – Opioids and Methamphetamines** by Marcia Gurno, MEd, Social Worker, 2019
- **Violence: Understanding Typologies and Risk Factors** by Gerald Henkel-Johnson, PhD, LP
- **Craving more: Binge Eating and Compulsive Overeating** by Hilmar Wagner, MPH, RDN, LN
- **Adolescents with Co-Occurring Substance Use and Psychiatric Disorders** by Fred Dyer, PhD
- **Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood** by Shawyn Lee, PhD

REFERENCES

Andrew Appel, MA, LPCC. Individual and Family Therapist, The Emily Program
5354 Parkdale Dr, 3rd Floor, St. Louis Park, MN 55416. Phone: (507) 329-3962; email:
ndrwappel@gmail.com

Maggie Meyers, DMFT, LPCC. Individual and Group Therapist. Co-Founder of Wholehearted
Healing, LLC. Wholehearted Healing, LLC, 15600 Wayzata Blvd Suite #209 Wayzata,
MN 55391. Phone: (651) 237-3508. Email: mmeyes@wholeheartedhealingllc.com

Nile Hammelman, MS, LPCC. Individual Therapist. Wholehearted Healing, LLC, 6381 Osgood
Avenue North, Bldg C, Stillwater, MN 55082. Phone: (612) 568-4427. Email:
nhammelman@pinksycounseling.com

Stephanie Kalliman, MA, LMFT. LPCC. Individual Therapist. Co-Founder of Wholehearted
Healing, LLC. Wholehearted Healing, LLC, 6381 Osgood Avenue North, Bldg C,
Stillwater, MN 55082. Phone: (612) 441-9486. Email:
skalliman@wholeheartedhealingllc.com