



What To Do When Your Child Is Sick

What should I do? Who should I call? When should I call? All parents have asked these questions at some time (you are not alone). Here are a few simple guidelines that may help when your child is sick.

Guidelines

- First, you should always feel comfortable calling our office. During the week, there is always a registered nurse available to help you make the right decision for your family. The nurse is available Monday through Friday from 8 am until 4 pm at 317.274.7208. If medical concerns arise during the night or on the weekends, you may call 317.944.5000 and ask to speak to the "pediatric pulmonary doctor on call."
- As your child's cystic fibrosis (CF) team, we would want to know about any of the following:
 - Respiratory or breathing concerns:
 - Cough—a new cough, a change in cough, a new cough with exercise and play or whatever you may have questions about
 - Wheezing
 - An increase in breathing rate
 - Feeling or acting "more tired than usual"
 - Not eating or drinking or a decrease in the amount of eating or drinking
 - Fever, especially if it has lasted longer than 24 to 48 hours
 - Digestive or stomach-related concerns:
 - A change in stools or pattern
 - Vomiting
- The nurse will review all of your child's symptoms and all of your concerns with you and will help determine if your child should be seen by a doctor or if there are things that can be done at home first.
- Finally, remember that no question is "too simple" or "too silly."