Stem Cell Transplant Patient/Family Home Readiness Checklist

- Steam-clean upholstery, drapery and carpets (preferably by a professional)
  - Do not use dry-powder chemicals (such as Chem-dry)
- Clean all surfaces in your home
  - Use strong household cleaner (Lysol, Pine-sol, etc.) for most (non-wood) surfaces, following the instructions for “disinfection” on the product label
    - Pay special attention to: door handles, kitchen surfaces, inside of the refrigerator, bathroom, non-wood tables, mini-blinds, TV remote control, telephone headset, and toys that cannot be washed in the laundry
  - Wipe down walls with soap and water
  - Use wood surface cleaner (Pledge, Murphy’s Oil Soap, etc.) on wood
- Burn gas logs only (no wood-burning stoves or fires)
- Change furnace/air filters immediately before discharge and regularly thereafter according to filter product instructions
  - Utilize central air (if available)
  - Keep windows closed
- Clean vent ductwork (if applicable)
- Mop the floors
- Wash all bed linens in hot water
  - Continue to wash 1-2 times per week after discharged home
- Ensure that the patient has his/her own bed with his/her own pillow (foam - not down or feather)
  - Place a mattress protector around the patient’s mattress and launder weekly.
- Place a mattress protector around the upper mattress of the bunk bed if the patient sleeps on the bottom mattress of a bunk bed
  - Wash all toys that can be laundered in hot water
  - Avoid fresh plants, flowers, greenery, or live decorations (including live Christmas trees)
  - Avoid sand, dirt, and clay
  - Maintain pet health (vaccinations current, recent healthy check-up)
    - No new pets
    - Do not allow your child to sleep with the pet or allow the pet to lick the child on his/her face
    - Clean litter boxes daily (patient should not touch the litter box)
    - Prevent patient contact with animal feces, cages, reptiles, exotic pets, rodents, or birds
    - Practice hand hygiene after pet contact
  - Prepare food according to the safe food-handling guidelines
  - Arrange transportation
    - Home
    - Clinic
    - Emergency