

WEEKLY SCHEDULE – Fitness Centre



SUN – 13 MON – 14 TUES – 15 WED – 16 THU – 17 FRI – 18 SAT – 19

		8:00AM		8:00AM		8:00AM
		9:30AM		9:30AM		9:30AM
		11:00AM		11:00AM		11:00AM
		12:30PM	12:15PM	12:30PM	12:15PM	12:30PM
		2:00PM	1:45PM	2:00PM	1:45PM	2:00PM
		3:30PM	3:15PM	3:30PM	3:15PM	
		5:00PM	4:45PM	5:00PM	4:45PM	
		6:30PM	6:15PM	6:30PM	6:15PM	
		8:00PM		8:00PM		

NOTE: all time slots are 60 minutes