

# Maternal Vaccination Checklist



Protect **Yourself.**



Protect **Your Baby.**



Get **Vaccinated.**

Estimated Due Date: \_\_\_\_\_  
(MM/DD/YYYY)

	CDC-Recommended Vaccine	Recommended Time for Vaccine	Projected Date of Vaccination	Vaccine Received?
TRIMESTER 1 – TRIMESTER 3	<b>COVID-19 Vaccine</b>	Weeks 0–40	Receive by: _____ (Date of Week 40)	Yes
	<b>Flu Vaccine</b>	Weeks 0–40 (ideally in Sept or Oct)	Receive by: _____ (Date of Week 40)	Yes
<b>COVID AND FLU GUIDANCE:</b> COVID-19 and flu vaccines are recommended at <b>any point in pregnancy</b> . The CDC suggests getting the flu vaccine before the end of October. <sup>1,2</sup>				

TRIMESTER 3	<b>Tdap Vaccine</b>	Weeks 27 through 36	Receive between: _____ (Date of Week 27) & _____ (Date of Week 36)	Yes
	<b>Maternal RSV Vaccine</b>	Weeks 32 through 36 (if pregnant during RSV season)	Receive between: _____ (Date of Week 32) & _____ (Date of Week 36 + 6 days)	Yes
<b>MATERNAL RSV GUIDANCE:</b> The maternal RSV vaccine (Pfizer’s Abrysvo) is <b>given during pregnancy</b> to help protect babies at birth during their first RSV season. In most of the continental US, maternal RSV vaccines will only be given September through January. <sup>4</sup>  An RSV monoclonal antibody (nirsevimab) can be administered to infants younger than 8 months of age from October through March if the mom did not get the maternal RSV vaccine.  If you have already received a maternal RSV vaccine during any previous pregnancy, you should not get another dose of RSV vaccine when you are pregnant again. Instead, your baby should receive nirsevimab.				

<sup>1</sup> <https://www.cdc.gov/covid/vaccines/pregnant-or-breastfeeding.html>

<sup>2</sup> <https://www.cdc.gov/flu/highrisk/pregnant.htm>

<sup>3</sup> <https://www.cdc.gov/pertussis/hcp/vaccine-recommendations/vaccinating-pregnant-patients.html>

<sup>4</sup> <https://www.cdc.gov/rsv/vaccines/protect-infants.html>