

FIRST PRESBYTERIAN CHURCH

HEALTHY NURSERY GUIDELINES

In order to keep all children as healthy as possible, we ask you to abide by the following guidelines which were created with input from several pediatricians who are members of First Pres. We hope to strike a balance between your ability to worship as a family, and keeping all the children as healthy as possible. Please do not place your child in the nursery under any of the following conditions:

COMMON SYMPTOMS

If your child has one of the following, we ask you to keep them temporarily out of the nursery:

FEVER (within 24 hours), lethargy, difficulty breathing, other signs of possible severe illness.

DIARRHEA (within 24-48 hours)

PERSISTENT CRYING out of the child's ordinary pattern (not including stranger anxiety).

VOMITING (within 24 hours), unless determined by physician to be of non-communicable cause.

MOUTH SORES

RASH with fever or behavior change.

PINKEYE (pink or red eyes, with clear or yellow discharge, whether or not on antibiotic drops). Can come if treated for more than 24 hours.

RUNNY NOSE: Runny noses are very common and have many different causes. If your child is prone to allergies, then a runny nose may be of no concern and participating in children's activities is fine. However, a runny nose accompanied by a fever or unusual irritability may be reason to stay home for the safety of other children. As a parent, you know the typical symptoms of illness in your child, and we rely on your wisdom in deciding if a runny nose is a reason to keep your child home.

Any other symptom that prevents your child from participating in program activities or which requires more attention than the nursery staff can provide without compromising the care of other children.

SPECIFIC ILLNESSES

IMPETIGO: until 24 hours after treatment started.

CROUP: until symptoms resolved.

RSV, or BRONCHIOLITIS: until symptoms resolved.

RINGWORM: if not covered by clothing or untreated.

SCABIES: until the treatment has been completed (the spots will remain briefly after the treatment has been completed).

HEAD LICE: until treated.

STREP THROAT: until 24 hours of antibiotic completed and child is without a fever for 24 hours.

HAND, FOOT AND MOUTH: until lesions are healing and no fever for 24 hours.

LESS COMMON ILLNESSES

WHOOPING COUGH: until 5 days of appropriate antibiotic therapy completed.

MUMPS: until 9 days after the onset of parotid gland swelling.

CHICKEN POX: until 6 days after the onset of the rash.

HEPATITIS A: until 1 week after the onset of illness or yellow jaundice.

TUBERCULOSIS: until the child's physician or local health department has stated that the child is non-infectious.