

# How to Downsize from a House to an Apartment: A Checklist

Downsizing from a house to an apartment can seem daunting, especially when you've lived in the same home for years. But don't stress! Our handy checklist breaks it down for into three simple steps.

## Step 1: Measure Your New Apartment

*Write the measurements for each room in your new apartment below, then compare with the amount of storage in your current home. This will help you estimate how much you can take with you.*

Lounge room: \_\_\_ x \_\_\_ x \_\_\_  
Closet space: \_\_\_ x \_\_\_ x \_\_\_

Kitchen: \_\_\_ x \_\_\_ x \_\_\_  
Number of cupboards: \_\_\_

Bathroom: \_\_\_ x \_\_\_ x \_\_\_  
Number of cupboards: \_\_\_

Bedroom 1: \_\_\_ x \_\_\_ x \_\_\_  
Closet space: \_\_\_ x \_\_\_ x \_\_\_

Bedroom 2: \_\_\_ x \_\_\_ x \_\_\_  
Closet space: \_\_\_ x \_\_\_ x \_\_\_

Bedroom 3: \_\_\_ x \_\_\_ x \_\_\_  
Closet space: \_\_\_ x \_\_\_ x \_\_\_

Dining room: \_\_\_ x \_\_\_ x \_\_\_

Hall: \_\_\_ x \_\_\_ x \_\_\_  
Hall closet space: \_\_\_ x \_\_\_ x \_\_\_

Additional room 1: \_\_\_ x \_\_\_ x \_\_\_  
Closet space: \_\_\_ x \_\_\_ x \_\_\_

Additional room 2: \_\_\_ x \_\_\_ x \_\_\_  
Closet space: \_\_\_ x \_\_\_ x \_\_\_

## Step 2: Declutter Your Current House

*Deciding what to keep and what to discard can be difficult. To make it easier, use the KonMari method. Sort by category rather than room. Place similar items together in a pile, then hold up each item and ask, "Does this bring me joy?" If the answer is no, throw it away.*

Declutter your house in the following order:

### 1. Clothing

- Shirts, Blouses, Pants, & T-Shirts
- Dresses
- Pajamas
- Jackets & Coats
- Handbags
- Belts & Scarves
- Shoes & Boots
- Hats & Gloves
- Socks & Underwear
- Jewelry
- Costumes
- Athletic Clothes, Including Swimwear

### 2. Books

- Cookbooks
- General Books
- Kids Books
- Magazines
- Reference Books & Textbooks
- Phone Books

### 3. Papers

- Coupons & Receipts
- Taxes
- Personal Files
- Warranties & Instruction Manuals
- Important Documents
- Bills
- Greeting Cards
- Wrapping Paper
- Checkbooks
- Lecture Notes & Handouts
- Business Cards
- Recipes

### 4. Miscellaneous Items

#### General

- DVDs & CDs
- Video Games
- Cords & Remotes
- Craft Supplies

- Pet Supplies
- Coins

### **Kids Items**

- Toys
- Outdoor Play Equipment
- Sports Equipment
- Board Games & Puzzles

### **Office**

- Business Files
- Office Supplies
- Appliances & Computers

### **Cleaning**

- Sponges, Rags, & Scourers
- Cleaning Products
- Mops, Brooms, & Vacuums
- Buckets & Rubber Gloves
- Pest Control Products
- Laundry Items

### **Kitchen**

- Pantry & Spices
- Fridge
- Coffee, Tea, & Alcohol
- Vitamins, Tablets, & Supplements
- Utensils
- Knives
- Silverware
- Pots, Pans, & Baking Items
- Serving Plates
- Dishware
- Stemware
- Cups & Mugs
- Plastic Cups & Water Bottles
- Paper Items
- Dishcloths & Aprons
- Small Appliances
- Storage Containers
- Mixing Bowls
- Cutting Boards

### **Décor**

- Picture Frames, Artworks, & Mirrors
- Nic Nacs
- Furniture
- Lamps
- Candles
- Throw Pillows

- Throw Blankets
- Vases

### **Garage**

- Tools & Hardware Items
- Rakes, Shovels, & Yard Tools
- Gardening Supplies
- Light Bulbs & Batteries
- Flashlights

### **Bathroom**

- Sheets
- Duvets & Blankets
- Towels & Washcloths
- Medicines
- Skincare & Shaving
- Makeup & Brushes
- Hair Supplies
- Oral Hygiene
- Soaps & Body Washes
- Perfumes
- Feminine Products

## **Step 3: Prioritize Important Items**

*Even though you've decluttered your home, you may still have to cull more items to fit into your new apartment. Make sure you prioritize any belongings that have personal significance or substantial monetary value before you begin your move.*

- Passports, Licenses, and ID Cards
- House or Property Deeds
- Valuable Jewelry Items
- Valuable Antiques/Furniture
- Valuable Artworks
- Family Heirlooms
- Photographs
- Journals & Scrapbooks
- Trophies & Awards