



Worksheet

"And let us consider how we may spur one another on toward love and good deeds." (Heb. 10:24, NIV)

MY MEASURABLE, ATTAINABLE, PERSONAL, SPECIFIC PLAN

I plan to do the exercise(s) listed below ____ times between now and our next meeting. (You do not have to choose an exercise from all of the areas.)

_____	<i>Contemplative</i>

_____	<i>Holiness</i>

_____	<i>Charismatic</i>

_____	<i>Social Justice</i>

_____	<i>Evangelical</i>

_____	<i>Incarnational</i>

Date _____ Signed _____

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OTHER MEMBERS' PLANS

Name _____

Name _____

Name _____

Name _____

"Cast all your anxiety on [God], because he cares for you." (1 Pet. 5:7)

Prayer concerns: _____

Other notes: _____

