



RELATIONSHIP RESCUE REMEDY

FIVE DROP FORMULA

Overview of The 5 Drops

Presented by Vimala Dasi & Jaya Sila Dasa



Drop the flame



Drop the vain



Drop the blame



Drop the pain

Pour on
the energy



P.R.A.R.E

P**ause**... realise something is going off track

R**eflect**... What is the other person experiencing?

A**ccept responsibility**... to do whatever it takes

R**eset**... realign with your higher self

E**nergize**... each other

5 Drop Formula - in combined form

Drop the Flame

Drop the Vain

Drop the Blame

Drop the Pain

Pour on the Energy

Pause

Reflect

Accept responsibility

Reset

Energize



Drop the flame



Drop the vain



Drop the blame



Drop the pain

(Part One)

Reset... 'Addressing Unresolved Issues'

**Sweeping
issues under
the rug...
never works**



Unresolved issues
build up and up...
until they
finally explode!



Here's the good news...

Here's the good news...
RRR has a **magic formula**
for dissolving all that
'stuff under the rug'



Drop the pain

(Part Two)

Reset... 'Move beyond conflict'

**Pour on
the energy**



TEST TIME!





Pause the Video

**Come Back When You
Have Done the Exercise.**



Drop the flame



Drop the vain



Drop the blame



Drop the pain

Pour on
the energy

