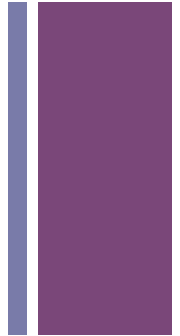


# Fear and Love

Redeeming the Relationships  
of Survivors of Abuse

## + Relationships Governed by Fear

- People Pleasers
- Conflict Avoidance
- Difficulty saying no



## + Cause: The Abusive Relationship

- Abusive relationships are governed by fear.
- Walking on eggshells
- Fear is an appropriate response to an abusive person.
- The abusive relationship becomes the paradigm for all her relationships.

## + Relationships Governed by Love

- Her relationship with God must become the new paradigm for her relationships.

*“There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.”      -1 John 4:18*

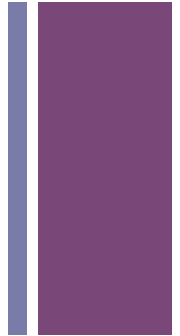
## + 1 John 4:13-21

<sup>13</sup> By this we know that we abide in him and he in us, because he has given us of his Spirit.

<sup>14</sup> And we have seen and testify that the Father has sent his Son to be the Savior of the world...<sup>16</sup> So we have come to know and to believe the love that God has for us...<sup>17</sup> By this is love perfected with us, so that we may have confidence for the day of judgment, because as he is so also are we in this world. <sup>18</sup> There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. <sup>19</sup> We love because he first loved us...<sup>21</sup> And this commandment we have from him: whoever loves God must also love his brother.

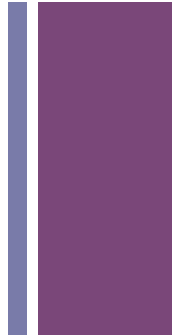
## + 2 Timothy 1:7

For God gave us a spirit not of fear but of power and love and self-control.



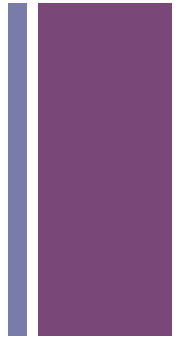
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For God gave us a spirit not of fear but of **power** and love and self-control.



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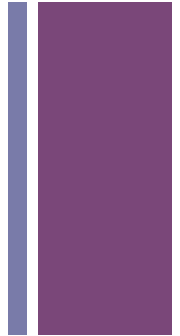
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## + 2 Timothy 1:7

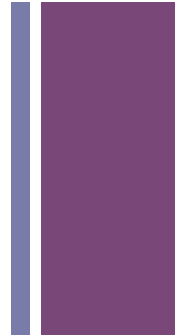
For God gave us a spirit not of fear but of power and love and **self-control**.



## + Loving the Abuser

- Most abusive relationships will continue to be governed by fear until the survivor leaves, and/or the abuser begins to repent.
- Loving an abuser involves helping him realize that he is not the king.

## + Boundaries



- A boundary sets a limit on an abuser's level of control, which helps create a relationship of mutuality.
  - Informing an abuser that he is not God.
- Boundaries should be accompanied by consequences.
- Boundaries and consequences should be communicated BEFORE an abusive situation arises.