West Virginia Disability Resources

Affordable Care Act (ACA)
To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state. https://www.healthcare.gov/what-is-the-marketplace-in-my-state/#state=west-virginia

Aging Resources

Aging and Disability Resource Centers/ No Wrong Door
https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (http://www.hhs.gov/acl/index.html) (including AoA (http://www.aoa.gov/) as of April 2012) and the Centers for Medicare & Medicaid Services (CMS) (http://www.cms.hhs.gov/). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling
and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

**West Virginia Department of Aging**
http://www.wvseniorservices.gov/
1900 Kanawha Blvd. East
Charleston, WV 25305
Location:
Town Center Mall, 3rd level
Charleston, WV
Phone: 304-558-3317
Toll-free: 877-987-3646

**Area Agencies on Aging**
http://www.wvseniorservices.gov/GettingAnswers/OverviewofAgingProgramsInWestVirginia/AreaAgenciesonAging/tabid/97/Default.aspx

**National Center on Elder Abuse (NCEA)**
https://ncea.acl.gov/
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

**Heart 2 Heart Volunteers, Inc**
http://www.heart2heart-livingfree.com/contact
Wheeling, WV 26003
Phone: 304-281-0474
Heart 2 Heart is a non-profit Christian faith based organization whose volunteers are dedicated to the mission of visiting the sick, disabled and elderly. We provide them with what they need spiritually, physically and emotionally to the best that we can. We are advocates for them and raise an awareness for what we believe is becoming a forgotten sector of society. Our volunteers are Christians from various denominations with a desire to fulfill the call of our Lord Jesus to visit the sick, disabled, and elderly, bringing the churches and community together for this purpose.

**Arts and Creativity**

**Stepping Stones**
http://www.steppingstonesinc.org/
1235 Buffalo Creek Rd.
Huntington, WV 25704
Phone: 304-429-2297

Assistive Technology

West Virginia Assistive Technology System (WVATS)
https://wvats.cedwvu.org
West Virginia University Center for Excellence in Disabilities
Morgantown, WV
Phone: 800-841-8436
Email: wvats@hsc.wvu.edu

Mid-Atlantic ADA Center (covers West Virginia)
http://www.adainfo.org
TransCen, Inc.
12300 Twinbrook Parkway, Suite 350
Rockville, MD 20852
Phone/TTY: 301-217-0124
Toll Free: 800-949-4232

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

West Virginia Primary Care Association
www.wvpca.org
1700 MacCorkie Ave, SE
One South Charleston, WV 25314
Phone: 304-346-0032; 877-WVA-HLTH (982-4584)
Email: info@wvpca.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.
Health Resources and Services Administration (HRSA): Find a Health Center
http://findahealthcenter.hrsa.gov/
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

West Virginia Crime Victim Compensation and Assistance

Victim Compensation
www.legis.state.wv.us/Joint/victims/main.cfm
Phone: 304-347-4836

Victim Assistance
http://www.vwapwv.com/
Phone: 304-291-7286

Safe Horizon’s Links for General Crime Victim Resources/Issues
http://www.safehorizon.org/

Domestic Violence Help

National Domestic Violence Hotline: 1-800-799-SAFE (7233); TTY: 800-787-3224

National Resource Center on Domestic Violence: 800-537-2238; TTY: 800-553-2508

West Virginia Coalition against Domestic Violence
http://www.wvcadv.org/
5004 Elk River Road, South
Elkview, WV 25071
Phone 304-965-3552

Easter Seals Offices

West Virginia Easter Seals Offices:
https://www.easterseals.com/wv/

Steubenville
500 Towers Building
Steubenville, OH 43952
Phone: 304-242-1390
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

**Parkersburg**
4420 Rosemar Center, Unit 103
Parkersburg, WV 26104
Phone: 304-422-3343

**Wheeling**
1305 National Road
Wheeling, WV 26003
Phone: 304-242-1390

**St. Clairsville**
330 Fox-Shannon Place
St. Clairsville, OH 43950
Phone: 740-695-5979

**Government Offices**

**West Virginia State Website**
http://www.wv.gov/

**Disability Resources for West Virginia**
http://www.wvnavigate.org

**West Virginia Dept. of Health and Human Resources**
http://www.dhhr.wv.gov/Pages/default.aspx
One Davis Square, Suite 100 East
Charleston, WV 25301
Phone: 304-558-0684
Email: DHHRSecretary@wv.gov

**West Virginia Human Rights Commission**
http://www.hrc.wv.gov/Pages/default.aspx
1321 Plaza East, Room 108-A
Charleston, WV 25301-1400
Phone: 304-558-2616
Toll-free: 888-676-5546
Email: wvhc@wvdhhr.org
The West Virginia Human Rights Commission is a state government agency that investigates and adjudicates discrimination complaints in the areas of employment, housing and places of public accommodation.

**West Virginia Division of Rehabilitation Services**
http://www.wvdrs.org
State Capitol
P.O. Box 50890
107 Capitol St.
Charleston, WV 25301-2609
Phone: 1-800-642-8207; 304-356-2060

**West Virginia Medicaid Office**
[http://www.dhhr.wv.gov/bms/Pages/default.aspx](http://www.dhhr.wv.gov/bms/Pages/default.aspx)
350 Capitol St.
Room 251
Charleston, WV 25301
Phone: 304-558-1700
Email: medman@wvdhhr.org

**West Virginia SCHIP Program** (State Children’s Health Insurance Program)
[http://www.chip.wv.gov/Pages/default.aspx](http://www.chip.wv.gov/Pages/default.aspx)
# 2 Hale St., Suite 101
Charleston, WV 25301
Phone: 304-558-2732
Email: wvchip@wv.gov

**West Virginia SHIIP Program** (State Health Insurance Information Program - for Seniors)

**Home and Community Based Services Waiver (HCBS)**

**West Virginia Insurance Commissioner**
Phone: 304-558-3386; 888-879-9842 (toll-free)
TTY: 800-435-7381
Email: oicconsumerservices@wv.gov

**West Virginia Worker’s Compensation Commission**
Phone: 888-4-WV-Comp (498-2667)

Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that’s you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.
http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/

State LTC Ombudsman
http://www.wvseniorservices.gov/StayingSafe/LongTermCareOmbudsmanProgram/tabid/81/Default.aspx
1900 Kanawha Blvd. East
Charleston, WV 25305
Phone: 304-558-3317; 877-987-3646
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

Housing and Urban Development (HUD)
www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211
www.211.org
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

ILRU: State Independent Living Councils (SILCs)
West Virginia Independent Living Council
http://www.ilru.org/projects/silc-net/silc-directory
http://www.wvsilc.org/
PO Box 625
Institute, WV 25112-0625
Phone: 304-766-4624 (V/TDD)
Toll-Free: 855-855-9743
Email: ann.meadows@wvsilc.org

Independent Living Research Utilization’s directory of Independent Living Centers
http://www.ilru.org

National Council on Independent Living (NCIL)
http://www.ncil.org/
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

West Virginia Library Commission
http://www.librarycommission.wv.gov/Pages/default.aspx
Blind and Physically Handicapped Services
Cultural Center, Bldg 9
1900 Kanawha Boulevard East
Charleston, WV 25305
Phone: 304-558-2041; 800-642-9021

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
www.ChristopherReeve.org/Peer
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with
a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

Protection and Advocacy

Disability Rights West Virginia
https://www.drofwv.org
5088 Washington Street, W.
Suite 300
Charleston, WV 25313
Phone: 304-346-0847; 800-950-5250
TTY: 304-346-0847
Email: contact@drofwv.org

Sports and Recreation

Disabled Sports USA (National Headquarters)
http://www.disabledsportsusa.org
451 Hungerford Drive
Suite 100
Rockville, MD 20850
Phone: 301-217-0960

Challenged Athletes of West Virginia In The Valley
https://www.cawvinthevalley.org
Davis Rd.
Davis, WV 26260
Phone: 304-866-7406

West Virginia Division of Natural Resources
http://www.wvdnr.gov/
http://www.wvdnr.gov/Hunting/ClassQ-QQ.shtm
324 Fourth Ave
South Charleston, WV 25303
Phone: 304-558-2771; 800-558-2754
Email: dnr.wildlife@wv.gov
Scroll down to Disability Services for Hunting and Fishing info.

United Way Offices

National United Way
National Headquarters
http://www.unitedway.org
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

United Way of Central West Virginia
http://www.unitedwaycwm.org
One United Way Square
Charleston, WV 25301-1098
Phone: 304-340-3500

Veteran Benefits

US Department of Veterans Affairs VA Hospital Locator  click on WV on map
https://www.va.gov/directory/guide/home.asp
https://www.va.gov/directory/guide/state.asp?STATE=WV&dnum=ALL

West Virginia Chapter of Paralyzed Veterans of America
http://www.wvpva.org/
336 Campbells Creek Drive
Charleston, WV 25306-6806
Phone: 304-925-9352
Toll-free: 800-540-9352
Email: info@wvpva.org

ALS

The ALS Association’s Western PA/Western WV Chapter
http://webwpawv.alsa.org/site/PageServer?pagename=WPAWV_homepage
416 Lincoln Ave
Pittsburg, PA 15209
Phone: 412-821-3254, 800-967-9296
Email: info@cure4als.org

Brain Injury

West Virginia Brain Injury Association
https://wvbraininjury.org
Email: info@wvbraininjury.org

Cerebral Palsy

United Cerebral Palsy (UCP)
www.ucp.org
National Office
1825 K Street NW Suite 600
Washington, DC 20006
Phone: 800-872-5827 / 202-776-0406
Please contact them for local info

**Friedreich’s Ataxia**

**National Ataxia Foundation (NAF) National Office**

600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020
Email: naf@ataxia.org

**Guillain-Barré Syndrome / CIDP**

**Guillain-Barré Syndrome / CIDP Foundation International**

375 E. Elm St.
Conshohocken, PA 19428
Phone: 610-667-0131, 1-866-224-3301
Email: info@gbs-cidp.org
Call for information in your area

**Multiple Sclerosis**

**National Multiple Sclerosis Society’s Blue Ridge chapter (covers WV)**

[http://www.nationalmssociety.org](http://www.nationalmssociety.org)
[http://www.nationalmssociety.org/Chapters/VAR](http://www.nationalmssociety.org/Chapters/VAR)
4200 Innslake Drive, Suite 301
Glen Allen, VA 23060
Phone: 804-353-5008
Toll-free: 800-344-4867

**Multiple Sclerosis Association of America (MSAA) Midwest Regional Office**

[http://mymsaa.org/about-msaa/regional/#Midwest](http://mymsaa.org/about-msaa/regional/#Midwest)
Ohio, Illinois, Indiana, Kentucky, Michigan, Minnesota, West Virginia, Wisconsin, Iowa, North Dakota, South Dakota, Nebraska
Phone: 800- 532-7667, ext. 150
E-mail: midwest@mymsaa.org

**Muscular Dystrophy**

**Muscular Dystrophy Association**

[https://www.mda.org/](https://www.mda.org/)
National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.
Post-Polio Syndrome

Post-Polio Health International (PHI)
http://www.post-polio.org
50 Crestwood Executive Center #440
Saint Louis, MO 63126-1916
Phone: 314-534-0475
Email: info@post-polio.org
http://www.post-polio.org/net/poldir.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

Spina Bifida Association of America
http://www.spinabifidaassociation.org
P.O. Box 17427
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

SBAA West Virginia Clinics:
http://www.spinabifidaassociation.org/clinics/#U-Z

West Virginia University Medical Center
Children With Special Health Care Needs/Myelo Clinic (pediatric and adult)
Medical Center Drive
Morgantown, WV 26505
Phone: 304-598-4830

Spinal Cord Injury

West Virginia’s Traumatic Brain & Spinal Cord Injury Rehabilitation Fund
Center for Excellence in Disabilities
West Virginia University
PO Box 6870
Morgantown, WV 26506-9927
Phone: 304-293-4692; 877-724-8244 (toll-free)
Email: TBI@hss.wvu.edu

Stroke

American Stroke Association
https://www.stroke.org/
National Center
7272 Greenville Avenue
Dallas, TX 75231
Please contact them for the stroke support group in your area

**Primary Stroke Centers accredited by Joint Commission on Accreditation for Healthcare Organizations (JCAHO)**

**Syringomyelia/Chiari Malformation**

American Syringomyelia & Chiari Alliance Project
www.asap.org
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079, 800-ASAP-282
Email: info@ASAP.org

**Transverse Myelitis**

Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
www.wearesrna.org
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

**General Disability Resources**

West Virginia Yellow Pages for Kids with Disabilities
http://www.yellowpagesforkids.com/help/wv.htm

West Virginia Developmental Disabilities Council
http://www.ddc.wv.gov/Pages/default.aspx
110 Stockton Street
Charleston, WV 25312
Phone: 304-558-0416 or 304-558-2376 (TDD)
Email: dhhrwvddc@wv.gov

West Virginia Chapter of the American Occupational Therapy Association
https://myaota.aota.org/asapcontacts.aspx
West Virginia Occupational Therapy Association
Phone: 304-776-4515

West Virginia Chapter of the American Physical Therapy Association
http://www.wvpta.org
West Virginia Physical Therapy Association
650 Main St.
Barboursville, WV 25504
Phone: 304-733-6484; 844-490-2568 (toll-free)
Email: info@wvpta.org

**Healthboards.com** – message boards on health-related topics. Topics include SCI, CP, Stroke, and more.

**West Virginia First Call 2-1-1**
[http://www.wv211.org/](http://www.wv211.org/)
Phone: 211
P.O. Box 211
Mannington, WV 26582
Phone: 304-376-3102
Email: info@wv211.org
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

**ThinkFirst National Injury Prevention Foundation**
[www.thinkfirst.org](http://www.thinkfirst.org)
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400, 800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

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The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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