TENNESSEE DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs
perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

https://www.tn.gov/aging/
Tennessee Commission on Aging and Disability
502 Deaderick Street, 9th Floor
Nashville, TN 37243-0860
Phone: 615-741-2056
laverdia.mccullough@tn.gov - See more at: https://www.tn.gov/aging/#sthash.MJtzaDgv.dpuf

Tennessee Association of Area Agencies on Aging
501 Union St., 6th Floor
Nashville, TN 37219-1705
Phone: 615-862-8828

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ARTS and CREATIVITY

https://borderlessartstn.org/
Borderless Arts
Borderless Arts provides opportunities for young people with disabilities to participate in and express themselves through the arts and arts education.

http://balletonwheels.org/
Ballet On Wheels Dance School & Company
1015 South Cooper St., Suite 200
Memphis, TN 38104
Phone: 901-870-4348

ASSISTIVE TECHNOLOGY

http://www.tennessee.gov/humanservices/topic/ttap
Tennessee Technology Access Project (TTAP)
Citizen Plaza, 14th Floor
400 Deaderick Street
Nashville, TN 37243-1403
Phone: 615-313-5183
Toll-free: 800-732-5059 (In State)
TTY: 615-741-5695
Email: tn.ttap@tn.gov

http://www.adasoutheast.org/
Southeast ADA Center
1419 Mayson Street NE
Atlanta, GA 30324
Toll-free: 800-949-4232
Phone: 404-541-9001
Email: adasoutheast@law.syr.edu

https://fpcnashville.org/congregation/congregational-care/-the-lending-closet/
First Presbyterian Church of Nashville
4815 Franklin Pike
Nashville, TN 37220
Phone: 615-383-1815
The Lending Closet accepts donations of used equipment such as wheelchairs for use by church members who may have a need for these items.

https://ucpmidtn.org/programs-and-services/equipment-exchange
UCP of Middle Tennessee: Equipment Exchange
1200 9th Ave. North, Suite 110
Nashville TN 37208
Phone: 615-242-4091 ext. 105
UCP provides durable medical and adaptive equipment throughout Tennessee regardless of diagnosis.

https://www.knoxseniors.org/ssa/loan-closets/
Office on Aging: Loan Closets in Knoxville area

ALS Association TN chapter
P.O. Box 40244
Nashville, TN 37204-0244
Phone: 615-331-5556
Loans used DME and assistive devices to registered members.

CAREGIVERS INFORMATION

http://resources.caregiver.com/listing/results.php?category_id=1&filter_location_1=1&filter_location_3=41
Tennessee Caregiver Support Groups by County

COMMUNITY HEALTH CENTERS

www.tnpca.org
Tennessee Primary Case Association  
710 Spence Lane  
Nashville, TN 37217  
Phone: 615-329-3836  

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/  

Health Resources and Services Administration (HRSA): Find a Health Center  
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

Victim Compensation  
Treasury Dept./Division of Claims Administration  
600 Martin Luther King Jr. Blvd.  
Nashville, TN 37243-0225  
Phone: 615-741-2734  
Email: criminal.injury@tn.gov

http://www.safehorizon.org  
Safe Horizon’s Links for General Crime Victim Resources/Issues

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233); TTY: 800-787-3224  
National Resource Center on Domestic Violence: 800-537-2238  
Statewide Hotline: 800-356-6767

http://www.tncoalition.org/
Tennessee Coalition to End Domestic & Sexual Violence
2 International Plaza Dr., Suite 425
Nashville, TN 37217
Phone: 615-386-9406
Toll-free: 800-289-9018

http://www.bridgesdvc.org/
Bridges Domestic Violence Center *Unable to Provide Transportation Services
Post Office Box 1592
Franklin, TN 37065
Phone 615-599-5777
Email: info@bridgesdvc.org
Bridges Domestic Violence Center serves women, men, and their children affected by domestic violence, ensuring a safe transition to successful independent living through education, intervention, and case management.
This facility has self-reported that it operates an accessible shelter. If you require any special accommodations, please call ahead of time to inquire that certain needs can be met.

EASTER SEALS OFFICES

http://www.easterseals.com/connect-locally/?state=TN
http://tn.easterseals.com/site/PageServer?pagename=TNDR_homepage

Tennessee Easter Seals
750 Old Hickory Blvd, #2-260
Brentwood, TN 37027
Phone: 615-292-6640
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

GOVERNMENT OFFICES

www.tn.gov
Tennessee.gov: Official Website of the State of Tennessee

http://www.tn.gov/humanservices/section/disability-services
Disability Resources for the State of Tennessee

https://www.tn.gov/humanrights/
Tennessee Human Rights Commission
312 Rosa L Parks Ave, 23rd Floor
Nashville, Tennessee 37243
Phone: 615-741-5825
Toll-free: 800-251-3589
Email: ask.thrc@tn.gov
The Commission is an independent state agency responsible for enforcing the state's anti-discrimination laws which prohibit discrimination in housing, employment, and public accommodation on the basis of race, color, creed, national origin, religion, sex, disability, familial status and age.

http://www.tn.gov/humanservices/topic/vocational-rehabilitation

**Vocational Rehabilitation Services**
Citizens Plaza State Office Building, 12th floor
400 Deaderick Street
Nashville, TN 37243-1403
Telephone: 615-313-4891
TTY: 615-313-5695
TTY (Long Distance): 1-800-270-1349

http://www.tn.gov/humanservices/

**Tennessee Department of Health and Human Services**
400 Deaderick St.
Nashville, TN 37243-1403
Phone: 615-313-4700
Email: DHS.customerservice@tn.gov

http://www.tn.gov/tenncare/section/tenncare-kids

**Tennessee SCHIP Program** (State Children’s Health Insurance Program)
TennCare Kids
310 Great Circle Rd.
Nashville, TN 37243
Toll-free: 800-342-3145
Email: Tenn.Care@tn.gov
TennCare Kids covers children who qualify from birth to age 21.

https://www.tn.gov/aging/our-programs/state-health-insurance-assistance-program--ship-.html

**Tennessee SHIP Program** (State Health Insurance Assistance Program - for Seniors)
Commission on Aging and Disability
Frost Building
502 Deaderick St., 9th Floor
Nashville, TN 37243-0860
Phone: 615-741-2056
Email: laverdia.mccullough@tn.gov


**Tennessee Worker’s Compensation Division**
The Bureau of Workers’ Compensation has an Ombudsman program to assist injured employees in navigating the benefits process. They can be contacted at 800-332-2667. Stakeholders can verify coverage through the Bureau’s Coverage Verification Service at https://www.tn.gov/workforce/section/injuries-atwork.
http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

www.tennessee.gov/humanservices
Tennessee Committee for Employment of People with Disabilities
Division of Rehabilitation Services
Citizens Plaza Building
400 Deaderick Street
Nashville, TN 37243-1403
Phone: 615-313-4700
Email: dhs.customerservice@tn.gov

State LTC Ombudsman
TN Commission on Aging and Disability
Andrew Jackson Bldg.
500 Deaderick Street, 9th Floor
Nashville, Tennessee 37243-0860
Phone: 615-253-4392
Toll-free: 877-236-0013
TTD: 615-532-3893
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

HOUSING

www.fanniemae.com
Fannie Mae
Please check with them for state info

www.hud.gov
Housing and Urban Development (HUD)
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here:
https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org
211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

www.rd.usda.gov
US Department of Agriculture: Rural Development
Chattanooga Area Office
PO Box 4941
Chattanooga TN 37405
Phone: 423-756-2239 x190
USDA Rural Development offers low interest rate home loans to low or very low income qualified applicants for purchase or repair in rural areas. USDA offers a 1% loan to assist those in rural areas with very low incomes to repair their homes, update for disability accessibility, or other needed health or safety accommodations. Repayment can be stretched over as many as 20 years. Grant funds of up to $7,500 may be available to qualified applicants over 62 years of age. USDA Rural Development also offers, to low income qualified applicants, a fixed low interest rate for home purchases in rural areas, with no down payment required. Accessibility and other repairs can also be included in a home purchase loan.

INDEPENDENT LIVING

http://www.silctn.org
http://www.ilru.org/projects/sile-net/sile-directory
http://www.tndisability.org/statewide-independent-living-council-tennessee-inc
ILRU: State Independent Living Councils (SILCs)
Tennessee Independent Living Council
2601 Elm Hill Pike, Suite O
Nashville, TN 37214
Phone: 615-255-0283
Accessible Phone Type: Relay – dial 711

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://empowertn.org/
Empower TN: Center for Independent Living of Middle Tennessee
955 Woodland St.
Nashville, TN 37206
Phone: 614-292-5803
Toll-free: 866-992-4568
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

LIBRARY SERVICES

Tennessee Library for the Blind and Physically Handicapped
Tennessee State Library and Archives
403 Seventh Avenue North
Nashville, TN 37243
Phone: 615-741-3915
800-342-3308
Email: tlph.tsla@tn.gov

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

www.ChristopherReeve.org/Peer

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

**PROTECTION and ADVOCACY**

http://www.disabilityrightstn.org/
Disability Rights Tennessee
Phone: 800-342-1660
Email: GetHelp@disabilityrightstn.org
DRT is Tennessee’s Protection & Advocacy System and has represented—at no cost—more than 40,000 clients with disabilities. Their mission is to protect the rights of Tennesseans with disabilities. They provide services to people with disabilities across the state with numerous issues including employment discrimination, safety in schools, abuse and neglect, and access to community resources and services.

**Middle Tennessee (Administrative Office)**
2 International Plaza, Suite 825
Nashville, TN 37217
Phone: 615-298-1080

**East Tennessee**
9050 Executive Park Drive, Suite 101-B
Knoxville, TN 37923
Phone: 865-670-2944

**West Tennessee**
2693 Union Avenue, Suite 201
Memphis, TN 38112
Phone: 901-458-6013

http://www.help4tn.org/
Help4TN.org
Helps people find legal and social services in Tenn.

http://www.wtls.org/
West Tennessee Legal Services
Phone: 800-372-8346
WTLS is a non-profit organization that provides assistance in civil cases to individuals, families and communities. Their goal is to make this service available to the underserved populations of Benton, Carroll, Chester, Crockett, Dyer, Decatur, Gibson, Hardeman, Hardin, Haywood, Henry,

SERVICE DOGS

http://retrievingindependence.org/
Retrieving Independence
1802 Williams Court, Suite 101
Brentwood, TN 37027
Phone: 615-934-0444

http://www.smokymountainservicedogs.org/
Smoky Mountain Service Dogs
110 Tooweka Circle
Loudon, TN 37774
Provides service dogs to veterans.

http://www.workingdogsforvets.org/
Working Dogs for Vets
2781 Hwy 43 North
Lawrenceburg, TN 38464
Phone: 843-647-4357
Email: workingdogsforvets@gmail.com
Working Dogs For Vets Service dogs. A Non-Profit which rescues dogs from shelters and trains them to become service dogs that perform dozens of tasks for disabled veterans. Working dogs for vets has teamed hundreds of veterans with service dogs helping them to regain their independence build their confidence, and self-esteem. Their P.T.S.D. Service dogs have provided our veterans with relief from P.T.S.D. night terrors, anger & irritability and fear of crowds.

SPORTS and RECREATION

http://www.ableyouth.org/
ABLE Youth
4316 Prescott Road
Nashville, TN 37204
Phone: 615-973-5372
ABLE Youth is the only organization of its kind, located in Nashville, Tennessee, to provide opportunities for youth who use wheelchairs in learning independence, skills and sports.

www.sparctn.org
Sport, Art and Recreation of Chattanooga
6638 Declaration Dr.
Hixson, TN 37343
Phone: 423-596-5268
Email: jhightower@ctiengr.com

http://www.s4af.org/
Sports 4 All
5827 Charlotte Pike
Nashville, TN 37209
Phone: 615-354-6454
Email: info@s4af.org

UNITED WAY OFFICES

http://unitedway.org
United Way
National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

VETERAN BENEFITS

https://www.va.gov/find-locations/
Tennessee VA Facilities

US Department of Veterans Affairs VA Hospital Locator
VA Med Center, (614)
1030 Jefferson Ave., Memphis, TN 38104
Phone: 901-523-8990

http://www.midsouth-pva.org/
Tennessee Mid South Chapter Paralyzed Veterans of America Offices
Memphis VAMC 817
1030 Jefferson Avenue
Room 2D100
Memphis, TN 38104
Phone: 901-527-3018
800-767-3018
Email: mspva@aol.com
ALS

www.alsa.org
ALS Association
1300 Wilson Blvd, Suite 600
Arlington, VA 22209

http://www.alstn.org/
Tennessee Chapter of the ALS Association
4825 Trousdale Drive, #107
Nashville, TN 37220
Phone: 615-331-5556
Toll-free 877-216-5551

Mailing Address:
PO Box 40244
Nashville, TN 37204

BRAIN INJURY

https://braininjurytenn.org/
Brain Injury Association of Tennessee
955 Woodland St.
Nashville, TN 37206
Phone: 615-248-2541
Toll-free: 800-444-6443

https://www.tn.gov/content/dam/tn/health/program-areas/tbi/TBI_Directory.pdf
Tennessee Traumatic Brain Injury Directory 2019-2020

CEREBRAL PALSY

http://www.ucp.org
United Cerebral Palsy National Office
1825 K St., NW
Suite 600
Washington, DC 20036
Phone: 202-776-0406
Toll-free: 800-872-5827
Email: national@ucp.org
Please contact them for any state chapters.

http://ucpmidtn.org/
UCP of Middle Tennessee
1200 9th Avenue North, Suite 110
Nashville, TN 37208
Phone 615-242-4091

FRIEDREICH’S ATAXIA

http://www.ataxia.org/
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020
Please contact them for state info.

GUILLAIN-BARRÉ SYNDROME / CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
375 E. Elm St.
Conshohocken, PA 19428
Phone: 610-667-0131
Toll-free: 866-224-3301
Please call them for information in your area

MULTIPLE SCLEROSIS

http://www.nationalmssociety.org/chapters/TNS/index.aspx
National Multiple Sclerosis Society’s Tennessee chapters

East and Middle TN
National Multiple Sclerosis Society
Mid South Chapter
214 Overlook Circle, Suite 153
Brentwood, TN 37027
Phone: 615-269-9055
Toll-free: 800-344-4867

http://www.mymssa.org/
Multiple Sclerosis Association of America Southeast Regional Office
(Serving Arkansas, Colorado, Kansas, Louisiana, Mississippi, Missouri, New Mexico, Oklahoma, Tennessee and Texas)
PMB #196
2870 Peachtree St.
Atlanta, GA 30305-2918
Phone: 800-532-7667 ext. 160
Email: southeast@mymssa.org
MUSCULAR DYSTROPHY

https://www.mda.org/
Muscular Dystrophy Association
National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

POST-POLIO SYNDROME

http://www.post-polio.org
Post-Polio Health International (PHI)
50 Crestwood Executive Center #440
Saint Louis, MO 63126-1916
Phone: 314-534-0475
Email: info@post-polio.org
http://www.post-polio.org/net/poldir.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.

SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association of America
P.O. Box 17427
Arlington, VA 22216
Phone: 202-944-3285
Email: sbaa@sbaa.org
Please contact them for info in your area

SBAA Tennessee Clinics:

www.boehmbdc.com
T.C Thompson Children's Hospital
Walter E. Boehm Birth Defects Center (pediatric and adult)
975 E. Third St.
Chattanooga, TN 37403
Phone: 423-778-2222
email: 09 elizabeth@boehmbdc.com

www.etch.com
Children's Hospital Rehabilitation Center
2018 W. Clinch Ave.  (pediatric -no SB clinic. Only P.T., Speech, O.T.)  
Knoxville, TN 37916  
Phone: 865-541-8000  

www.lebonheur.org  
Le Bonheur Children's Medical Center  
Spina Bifida Clinic (pediatric only)  
848 Adams Ave.  
Memphis, TN 38103  
Phone: 901-287-5437  

http://www.childrenshospital.vanderbilt.org/  
Vanderbilt Children's Hospital  
Spina Bifida Program / The Junior League Fetal Center at Vanderbilt (pediatric - will refer adults)  
2200 Children's Way  
Nashville, TN 37232  
Phone: 615-936-1000

SPINAL CORD INJURY

www.spinalcord.org  
NSCIA Chapters, Support Groups and State Resources for Tennessee  
National Spinal Cord Injury Association

http://www.vanderbilthealth.com/traumasurvivors/  
Trauma Survivors Network  
Vanderbilt University  
1211 Medical Center Dr.  
Nashville, TN 37232  
Phone: 615-322-5000  
A program that helps people with spinal cord injuries and other traumatic injuries by providing support groups, peer visitors, and a Facebook community for networking.

www.westtennspinal.com  
West Tennessee Spinal Cord Injury  
Jackson, TN 38305  
Phone: 731-616-3906  
Email: krobyvia@yahoo.com  
A peer support group that meets monthly for information, sharing issues, and friendship.

STROKE

American Stroke Association  
National Center  
7272 Greenville Avenue
Dallas, TX 75231
Phone: 888-478-7653 or 888-474-8483
Please call them for the stroke support group in your area

http://www.skylinemedicalcenter.com/
Skyline Medical Center
3441 Dickerson Pike
Nashville, TN 37207
Phone: 615-769-2000
Accredited as a Primary Stroke Care Center by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO): http://www.jointcommission.org

Syringomyelia/Chiari Malformation

www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-ASAP-282
Email: info@ASAP.org

American Syringomyelia Alliance Project Support Group in TN
ASAP's Chattanooga Support Group
June Hyett
Hixon, TN
Phone: 432-240-5247
Email: TN_Support@ASAP.org

Transverse Myelitis

www.wearesrna.org
Siegel Rare Neuroimmune Association (formerly Transverse Myelitis Assn.)
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.
GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/tn.htm
Tennessee Yellow Pages for Kids with Disabilities
Phone: 901-761-4277

http://www.tnota.org/
Tennessee Chapter of the American Occupational Therapy Association

https://www.tptatn.org/
Tennessee Physical Therapy Association
A chapter of the American Physical Therapy Association

www.apse.org
https://apse.org/?s=tennessee
Tennessee Association of People Supporting EmploymentFirst
Katie Wolf Whaley
University of Kentucky – Human Development Institute
1525 Bull Lea Rd., Suite 160
Lexington, KY 40511
Phone: 859-977-4050 x229
Email: kwolf@uky.edu

http://vkc.mc.vanderbilt.edu/vkc/pathfinder/
Tennessee Disability Pathfinder
Nashville, TN 37212
Phone: 800-640-4636
Tennessee Disability Pathfinder (“Pathfinder”) provides free information, resources, support, and referrals to Tennesseans with disabilities and their families.

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

http://hispanicfamilyfoundation.com/
Hispanic Family Foundation
3927 Nolensville Pk
Nashville, TN 37211
Phone: 615-562-2222
The Hispanic Family Foundation is a non-profit organization that serves Latino families in the Nashville area. They provide English classes, group therapy for victims, help and general information line, health insurance information, and legal aid for immigration.

http://vkc.mc.vanderbilt.edu/vkc/caminoseguro/mad/
Multicultural Alliance on Disability
Phone: 615-875-5083
Email: alexander.santana@vanderbilt.edu
The Multicultural Alliance on Disability is a partnership of disability-related, immigrant/refugee, governmental agencies, and organizations which serve diverse communities. Its mission is to collaborate outreach efforts to enhance access to disability services for underserved populations through advocacy, education, training, service navigation, and empowerment.

www.211.org
First Call 2-1-1
Phone: 211
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with Phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

http://star-center.org/
The STAR Center
1119 Old Humboldt Road
Jackson, TN 38305
Phone: 731-668-3888
Email: info@star-center.org
The STAR Center provides services for education, employment, and quality of life for all ages and needs. They will help a child learn to read, help a person get their first job, and help the elderly stay in their homes. They are dedicated to making West Tennessee a place where people with disabilities can make their dreams a reality.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other
qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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